



School, graduating can be fun

Ok, I confess, I am having fun at school this term. A lot of people have stopped me in the past few weeks and said things like, "You are always smiling," or "You always look like your having so much fun." The fact is, I am having fun. The secret of my success is that I know that no matter how difficult classes might seem, after this term, it will be spring; to me that means graduation. I'm going to be a college graduate. Simply amazing, anyway I thought it might be fun to share some thoughts with you about the importance of leaving here with a degree or certificate.

It is important to graduate because it looks better on your transcript or resume if you have earned an associate degree instead of just saying you went to college for a couple of years. If you are transferring to a four year school, working towards a degree will be an easier format to follow. It gives you a more measurable chart to help prepare for the next phase of your education. It takes a lot of work to earn good grades, hold down a job (or two) etc., and the cost of education is higher at four year

schools. For that reason, it is important to arrive at those schools as a junior. I am working too hard to get good grades, keep my bills paid, and food on the table,

person's ability to learn new things quickly and accurately. It lets the world know that these people have enough drive to go the distance and enough pride in their work to want to be craftsmen. Hopefully the process of earning your degree is teaching you how to do a good job better. These are all qualities that employers enjoy having in new employees, no matter what the field.

Getting employed after school is a big priority. Most of my financial aid arrives in the form of loans. These are obligations that must be repaid. A degree makes me more employable, therefore more able to make payments on time. Knowing this takes a lot of the pressure off which gives me more freedom to enjoy the time spent here, while I am here.

Besides the fact that graduation will be a dream coming true for me, (it is always fun to have dreams come true) it is fun to say, "I go to school full time, I work really hard to get good grades...and I do." Are you having the most fun possible, graduating? Think about it.

Think about it!



by Jim Evans
Columnist

to spend two years here and not leave without a degree.

Earning a degree shows something about people. It shows they have learned how to finish what they start. They have learned how to learn and in the job market of the future, work stability is going to depend on a

Laugh as a group

Human emotions have been given symbols, or names, or words, to identify them for other humans to know what they are talking about.

There is a great power in some of these words. Today we are going to talk of LOVE and LAUGHTER.

No one has written about the power of LOVE quite like Teilhard de Chardin, the Jesuit paleontologist, author of *Divine Milieu, Phenomenon of Man*, and other great books. He writes, "Someday, after mastering the winds and waves, the tides and gravity, we shall harness, for God, the energies

laughter we show one another that all is well, do not fear me, for I love you. I love you unconditionally. Without regard to your appearance, your color, your speech, your ethnic, origins, I love you. Our relationship should start on that note and grow into a friendship that will allow us to communicate our feelings deeply enough to prevent any misunderstanding.

Love is the absence of hate, wariness, paranoia. Laughter with love creates the lubricant par excellence for all social inter-changes.

We have been participants in ceremonies of Truth in Life, a beautiful living concept started by Tanganuchi, about 50 years ago. It started in Japan and is now gathering many followers in the United States. Part of the ceremonies are devoted to a laughter exercise.

The exercise can be done at any time, alone or with an interested friend. We were about 15 in number when we first did the exercise. A lovely young lady stepped to the front of the room and instructed us to stand with our feet apart, place our hands on our stomachs, take a deep breath, lean back and laugh. No hee, hee, hees, or ho, ho, hoes, but genuine, uproarious, uninhibited guffaws. Three times we laughed as a group. The physical sensation was tingling warmth and a glowing feeling. All of us knew that we had just improved within each of us and as a group.

There was another feeling with the laughter, a pervading love within the room. Such experiences make life worthwhile.

The joys of dieting . . .

Hello everybody. I'm back after a long holiday. Some of you have noticed that I came back a few pounds heavier than I was before the holiday and I know you're wondering how much I actually gained. Well, for all you inquisitive people, here's the answer. I have gained eight ugly pounds! Ah, you thought so, didn't you? I hope this bit of information helps all you skinny people feel better about yourselves.

You know, I actually feel sorry for you guys. You know nothing of the joy of starting a new diet. You've never felt that surge of hope and willpower that accompanies the first day of a diet; that feeling of being totally in tune with yourself and those around you. You know nothing of the joy of stepping on a scale and finding yourself ten pounds lighter than you were a week ago.

And what do you skinny people spend 90 percent of your time thinking about? Our diet. And what do you folks talk about

with your friends? How boring your conversations must be when you can't discuss the latest diet on the market or how much you've gained or lost.

You don't know the joy of

Domestic issues

by Tammy Swartzendruber
Columnist

holding your jeans up with safety pins or throwing your last can of chocolate Segos on a sweating jogger.

Then there's the real serious side of the issue. This country is heading for another depression, you have no stored body fat. How are you going to survive? It's a pretty sobering thought. Yes, I really pity you skinny people. How little you know about the real issues of life.

Pity the skinny people

Alas, how small your world is.

Oh well, don't worry about the depression because there will always be some of us heavies around to ease your last hours. And believe me, we will do our best to save your emaciated bodies from an early death.

In the meantime...take care of yourselves, and above all, gain some weight!

The laugh clinic



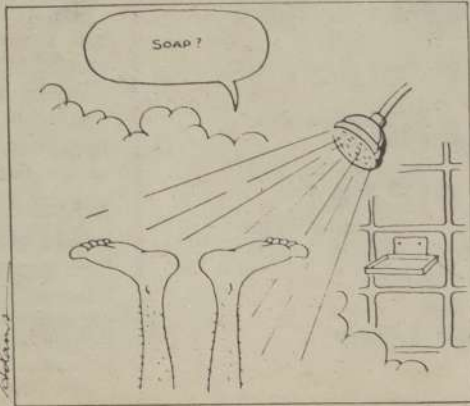
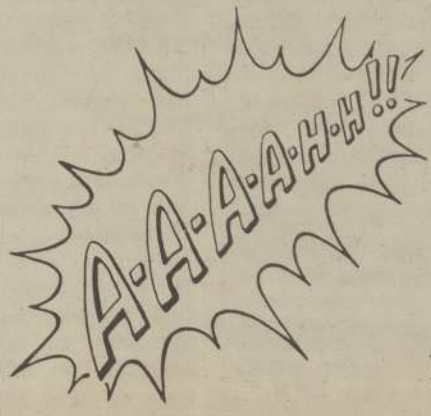
by Joe Lee
Columnist

of LOVE. And then for the second time in the history of the world, man will have discovered Fire."

Another great scientist, Ashley Montague, has said, "We should love all others as a good mother loves her child."

We believe that an important ingredient in the chemistry of love is laughter. For with

Lenard



THE PRINT

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