

Lady Cougars trying

by Mark Borrelli
Staff Writer

The Clackamas Lady Cougars, hanging on a small chance to make it to post-season play, split a pair of home games last week.

Linn-Benton came visiting Wednesday, Oct. 28 and Clackamas sent their guest home with a loss in five sets: 9-15, 15-4, 16-14, 12-15, 15-12. Even though the score may indicate a close match, Coach Kathie Woods doesn't think it should of have been so close. "That match should not have been as close as it was, we missed a lot of serves. We were up and down all night."

Niki Beiser headed the Cougars offense, with 16 kills, while Tammy Hatcher pitched in with 37 assists and three aces. Chris McAllister helped on the

defense with 11 digs. "We played good enough to win, but it was a frustrating win. We are much better than we played."

That didn't show Friday when Clackamas hosted Umpqua and got beat in four sets: 12-15, 15-11, 14-16, 12-15. "Those matches were close and intense." Even while the Cougars played with intensity, Coach Woods points to the little mistakes as her teams worst enemy. "We played better. Our serves really improved, but the little mistakes, the mental mistakes really hurt us." Woods also credits Umpqua with some very tough play. "Umpqua is a very good, very scrappy team. They wanted it more than we did."

Cheryl Marthaller headed the offense for the Cougars with 14 kills. Tammy Hatcher added 26

assists in a losing cause and Yvonne Johnson had 11 digs.

Clackamas is currently near the bottom of the standings in league play and will have to climb into fourth place to make the playoffs. If they are to have any hope of this, they will have to win their last three league matches. Woods thinks their chances of this are pretty good: "I think we have an excellent chance of beating all three of those teams." Clackamas will host Lane Wednesday and travel to Salem to play Chemeketa Tuesday, Nov. 10 and end the regular season with a game at home vs. SWOCC, who is currently in second place in the league. "SWOCC is going to be the toughest to beat, but the game is at home, so we should have all the support we can get."



Sophomore runner Keith Ferrell shows a pose at the starting line. Ferrell is undefeated in Oregon.

Ferrell eyes nationals Leader of the pack

by Mark Borrelli
Staff Writer

With determination, hard work, and a dream, Keith Ferrell has become one of Clackamas' best long distance runners, and is now striving to become the best in the State.

Ferrell, in his sophomore season as a Cougar, has been a team leader for Clackamas, while leading them into the State championships as one of the favorites to win. "I know that as an individual that my chances of winning are good, but I've never been on a championship team. I'm excited because we have a good team, and as a team our chances to win are high." Being the team leader has some advantages, but as Ferrell pointed out it has its disadvantages also. "It's tough. In practice there's no one to run with; you have to keep going, because the people behind you are pressuring you."

Ferrell started his running career his sophomore season at Glencoe high school, when the track coach noticed his talent in a P.E. class: "He told me to come out after school, and I've been running since then." While running at Glencoe, Ferrell was a first team selection all three years he was a member of the track team. He also played basketball and earned Most Inspirational honors from his teammates his senior year. Support from friends and coaches is a big reason why Ferrell has enjoyed so much success in athletics. "Support from my friends (helped). I was a foster

kid and moved a lot, so their support really helped."

Ferrell was born in Lansing, Michigan. He stayed there awhile before moving to St. Johns, Oregon; then to Albany, Hillsboro, and lastly he has landed here at Clackamas.

Ferrell is a Social Worker major and hopes to be able to help kids who are foster kids. Five years down the road what would Keith Ferrell like to be doing? "Have my major done in college, be working with foster kids, and be an Olympic runner."

But his mind right now is set on the State meet and the national meet coming up. "I want to become Oregon champion and to be in the top three in the nationals and very possibly win it." Ferrell credits much of his success here at Clackamas to his coach Mike Hodges: "He has prepared me well, he works with me different to get me ready for the big meets.... I really like him as a coach. It's been a pleasure working with him."

Ferrell plans on going to a four year college and he is currently working towards Cal State, Auburn, or the University of Missouri. He would like to maintain a "B" average so he would be able to transfer into one of those schools.

Whichever school Ferrell does choose, success is bound to follow, and sooner or later don't be surprised if Keith Ferrell's dream of running in the Olympics comes true.

Hodges going to Sudan

by Jodie Martini
Staff Writer

"I feel very honored and glad to be representing our country," said Clackamas Community College Coach Mike Hodges about his being chosen to coach track

and cross country athletes in Khartoum, Sudan, Africa.

This is part of an international exchange program called Sports America. Hodges, who is in his second year here at CCC as track and cross country coach and a physical education instructor, will

be leaving on his all-expenses paid trip Nov. 25 and will be returning on Dec. 22.

Before arriving at Clackamas, Hodges spent 15 years coaching and teaching at Southwestern Community College in Coos Bay, during which he also served as the college's athletic director and the physical education department chairman.

Hodges will be the only specialist working with the Sudanese athletes and coaches and is the first in American history to be sent in the track and field area. Hodges was recommended by a Lane Community College coach from Eugene for the program. According to Hodges the Sports America directors wanted a specialist from a community college rather than a big university since athletics in the Sudan are not widely developed. A community college coach is used to working with athletes of a wide range of abilities, whereas a coach from a large university or college is used to working with athletes on a more specialized, world class level.

Hodges expressed that he hopes to bring some honor to CCC as well as learning some new things to bring back and share with the college's athletics. "They basically have very poor facilities and I hope on upgrading opportunities for their athletes."



Photo by Beth Coffey

Clackamas track and cross country coach will be spending four weeks coaching in Sudan.

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