

Clackamas hosts Lane, Mt. Hood



UP, UP, AWAY- Brian Johnson throws the javelin to a third place finish at the April 4 track meet.



OVER THE BAR- Rick Flemmer soars over the bar in the high jump at the track meet April 4 held at Clackamas.

Photos by Steven Ziolkowski

by Steven Ziolkowski
Staff Writer

Four new Northwest Regional Championship qualifiers and scores of personal records and season's bests attended the home track and field meet here this Saturday along with teams from Lane and Mt. Hood Community Colleges.

Mike Smith qualified for the regionals and set a personal record in the steeplechase at 9 minutes, 58.6 seconds. Eric Christen qualified in two events, setting personal records in both the long jump at 22'1" and the 400-meter in 50.2. Jeanne Barnett qualified and set a personal record in the 5,000-meter at 19:38.1. Rick Hanson took the 400-meter

hurdles with a personal best at 56.9.

Carrie Novikoff threw her season's best in the shot put at 39'7.25", while Jackie Harper took first in the 100-hurdles with a season's best at 16.7. In the 1500, Molly McArtor placed fourth with 5:32.4 and Christina Caraher placed fifth at 5:58.7, both were season bests for the women.

Brian Johnson took third in the javelin at 155'2". Sophomore Greg Suiter placed first in the 1500 at 4:07.6. School record holder Rick Flemmer took third in the high jump at 6'6". And a fourth place for Keith Kimberlin brought in his season record in the 110-hurdles at 17.6.

Placing fourth in the 400, Randy Lynch ran a 52.6 for a season best. In the 100, Ken Griffin came in second with 11.4, and Jeff Faust came in third with 11.5, both being season bests for the guys. Erin

O'Donohoe performed a season best in the discus, placing third with 89'8.25". Teammate Dena Raddle took second in the 800 for a best at 2:31.8. Joining her was Jackie Harper first in the 400-hurdles with a personal

record.

Clackamas came in strong in the 200 and the 5,000. In the 200 with personal records, Jeff Faust placed second with 23.6, Brian Johnson placed third with 23.8, and Kevin Griffin placed fourth

Hodges to tour Russia with track team

by Steven Ziolkowski
Staff Writer

Community college coaching veteran Mike Hodges paces his answers the same way he paces the runners around the track, shouting the time, then turning to answer before another runner passes the clock, "I've wanted to coach since I was in seventh grade."

Hodges came to Clackamas as Head Track Coach in the summer of 1986, after 15 year stint at Southwestern Oregon Community College in Coos Bay. He replaced Coach Jim Kisse who resigned to spend more time with his family.

The runners round the far end of the track and Hodges checks the clock before going on-involved in athletics since age six, his admiration for a seventh grade coach set his mind on coaching for a career- "I was the kid on the block organizing track meets and ball games," he says proudly.

"I grew up in Eugene, where Bill Bowerman was Head Coach at the University of Oregon-he's one of the world's great coaches-and with him as a role model, coaching seemed the natural thing to do," Hodges remembers.

Runners round the near end and head out the far stretch. "Five athletes qualifying for the Northwest Championships," says Coach Hodges and with an eye on the clock he rattles off names and records. Freshman Rick Flemmer, new school record for the high jump at 6'10", Greg Suiter 1500-meters in 4:05.00 (4 minutes and 5 seconds), Jackie Harper, school

Heptathlon record 3,200 points, Mike Smith, 5,000-meters in 15:45.05 and Jeanne Barnett-5,000 meters in 11:18.03.

Hodges stops talking to call out the final times as runners cross the finish. Then from memory he records the times on the clipboard in his hand. Dale McGriff, Athletic Director, stops him for a quick conference on the Saturday home track meet.

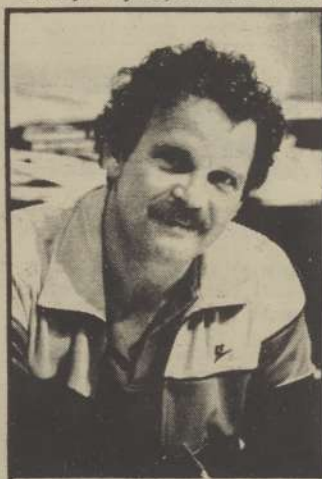
There are three assistant track coaches. Full time staffer Marilyn Wynia, an All America

Walking toward Randall, Hodges outlines his three goals for team success. One is to have a true coed program working as a team. "We've gone a long way toward meeting that one," he said, indicating he is pleased.

The second goal is to finish in the top three in state for men and the top four for women. "I think they're reasonable goals. I believe in goals that are a challenge, but not set up for failure," Hodges adds seriously. "We've got two major hurdles-keeping everyone injury free and although we've got a lot of talent and team effort, we've only got two sophomores and we lack some experience." When pressed for the third goal, Hodges laughs, "Break as many school records as we can!"

The kid on the block who organized track meets is hitting the big time early this summer when, as coach for the Northwest College Association, he takes a track team to Russia. Hodges was chosen for the honor by other Northwest Regional coaches. The event is billed as an exchange with plans for a Russian team to tour here in May of 1988.

The team will spend time in Moscow at the Kiev Youth Sports Camp and in Leningrad. Besides the competitions there will be an opportunity to work side by side with the Russians. The focus of the trip is a person to person exchange, getting away from the idea of enemies and adversaries and looking at the fact that we are all human beings. "There may be differences at the government level, but there are so few differences at a peer to peer level," commented Hodges.



MIKE HODGES - First year at Clackamas for the track coach.

Photo by Beth Coffey

Multi-event Athlete who went to the Olympic trials in the Pentathlon. Volunteer Lori Schutt ranking in the top three for several distance events and another Olympic trial veteran. Student assistant Debbie Blake is a school record holder in the discus and a state champion title holder.

The Student Center.



Going to McDonald's® is almost as much a part of school as going to class. You've made us the place to meet, to talk, to have a good time, to celebrate your victories and help forget defeats.

You've made McDonald's more than just another place to eat. And that's why, at McDonald's, we say...

IT'S A GOOD TIME FOR THE GREAT TASTE 

CCC Students

Show your student body card and receive regular size fries FREE! A different food offer each month (with purchase of any large sandwich).

McDONALD'S No. 7189
1450 MOLALLA AVENUE
OREGON CITY, OR 97045

©1984 McDonald's Corporation

