

# Sports

## Athey paves road for future in health

by Mary Prath  
Staff Writer

Running has been a part of Amy Athey's life since the third grade. Amy, a student here at Clackamas, is on a scholarship for cross country. She started running when she was in the third grade when her gym teacher saw potential and asked her to start competing. Her parents are not athletic but have



supported her efforts "a lot," says Amy. "When I was in high school my dad would get up in the morning and ride his bike five miles while I did my run." When in high school, she was third team all-state her freshman year and most valuable all throughout high school.

Now in college, Amy stays in condition by running a slow jog

in the morning for 25-30 minutes. She then goes to her classes which include two hours of conditioning and one hour of cross country training. In addition to that Amy runs two hours after school on Monday, Wednesday, and Friday. No, she doesn't rest on the weekends. On Sunday she does a 15 mile run!

Amy's job also involves athletics, she works at "Ziggy's," a store that sells sports wear at Clackamas Town Center.

In the future, Amy plans to participate in the New York Marathon. She trained for the Portland Marathon this year but injured her knee. As a result she was not able to participate. Amy also is unable to participate on the Cross Country Team as a team member this year.

When asked about her major, it wasn't at all surprising when Amy said, "Health Education." She would like to be an instructor for the police academy. Amy got the idea when Kathleen F. Heath, the Assistant Dean from the College of Health and Physical Education, came to talk to the class about that field. "It sounded fun" said Amy.

If all goes as planned, Amy will be involved with athletics in some way for the rest of her life. And why not? Amy's good at what she does, but even more importantly, she enjoys it.



ON THE GO-The players and coaches of the 1986-87 Clackamas Community College women's basketball team. They play an Australian team Nov. 24 in Randall Hall at 6 p.m. photo by Ken Koopman

## Team gets set for season

by Marie Stoppelmoor  
Staff Reporter

"Recruiting is a constant battle at any community college," says the head coach of women's basketball, Phil Garver.

Garver put "a lot of time and effort into recruiting, looking at 'em from freshman year."

Recruiting is especially important this year as there are no returning players from last year's team.

Most of the new recruits are top athletes from local high schools. The favored players are Carla Tiano (all state) from Oregon City and Casey Gilmore from Canby. Sophomore, Terry Bowman, from Concordia Col-

lege is a transfer student and the only player with previous college basketball experience.

Luckily, experienced coaching sets a solid foundation for a young team. Garver is going on his sixth year as head coach after two years as assistant coach. Why does he like coaching women's basketball? "To me basketball is basketball but...Girls will listen to you. Guys know it all."

Assistant coach Bruce Tony is on his third season with the team. He shows optimism for this season "They're young, but we've got the talent".

Jim Hill, second coach has recently returned from his basketball season in Argentina and has not commented on the team yet.

Chris Anderson is a student aid who unofficially coaches. Of

him, Garver says "I couldn't do as much effort from any other student."

## Men's team has depth in players

by Christopher Curran  
Sports Editor

The Clackamas Community College men's basketball team is going into the 1986-87 season with "14 guys who all could start," according to assistant coach Paul Fiskum.

"We feel good about our group," said Fiskum, "This is the deepest team in talent we've ever had."

The only thing the team might not have is size. The tallest players are six foot five inches tall.

Goals for the team this season are to make the playoffs (which means competing in the league championship).

"We want to work on improving all year," said Fiskum. "We want to be playing our best ball by the playoffs."

Some of the players returning from last year's team are Russell Livingston, all state player, who had 13 points and a hefty rebound in a game as a starter last season. Joe Clarizo, who is 6-5, will aid Livingston at the post positions.

At guard, the team can rely on 6-2 Tim Fields, who is capable of playing both point guard and off-guard. Also at guard will be Terry Newton, who 6-2 sat out last year averaging 12 points a game two years ago.

Last year the team ended the season with a 16-10 record which landed them fourth in the league. That included a playoff appearance where they were defeated by Southwest Oregon Community College in their first game.

Head coach Royce Kiser has lead the team into Walla Walla for their first game Nov. 24.



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