Sports

Woods'netters dominate, win tournament

By Julie Miller Of The Print

The Clackamas volleyball team has been very busy the past week. They beat Linn-Benton last Wednesday, Oct. 31 in three out of four games. The scores were 15-3, 9-15, 15-8 and 15-7 respectively.

"We went there to win and we did. We accomplished a major goal," coach Kathie Woods said.

Since player Carrie Moore was out because of the flu, the team had to change their offense from a 6-2 setup to a 5-1. That did not stop the team from bringing home a victory, however.

"The team adjusted well to a different offense on the spur of the moment, and even though we played a so so game we raised our league record to three wins and three losses," Woods said.

In the game, Jenny Holzemer was 14 out of 14 for serving and she had 24 assists. Bev Lovering led the team with eight kills (a spike that hits the floor untouched), and Carrie Coe was second with seven. Kathy Collins followed with six.

Then, last weekend, Nov. 2 -3, the Volleyball team went to Seattle for the Shoreline Com-

munity Crossover Tournament, where they won the Championship.

At a crossover tournament every team competing plays each other and then is either placed in the championship or the consolation bracket, according to their winning records. There are two crossover tournaments in a season and this was the second one.

After playing all the other schools Clackamas was seeded second behind Chemeketa.

In the semi-finals Clackamas played Lower Columbia and "totally dominated the floor," Woods said. "You have to go out there and set up the momentum and we did," she added, Lower Columbia was pumped, but Clackamas beat them in two games, 15-6 and 15-2. "Basically, this was our best match of the year. We worked well as a team. We were organized and the players were fulfilling their responsibilities," Woods said.

Winning this game advanced Clackamas to the championship game against Chemeketa, the only other school from Oregon.

In the championship game the score was tied at eight, but Clackamas proceeded to win both games with the same 15-8

Bev Lovering had an excellent game with four hard, sharp kills, three stuff blocks and four ace serves. Jenny



LES KINGSBURY DEMONSTRATES perfect technique in passing the ball onto a teammate.

score. "Volleyball is a pretty sport when it is played 100 percent together, and this championship was well earned," Woods said.

In the last game, Carrie Moore led the team's hitting with 20 for 22, four kills and 10 assists. Carrie Coe hit 10 for 10, six of them were kills. Bev Lovering had an excellent game with four hard, sharp kills, three stuff blocks and four ace serves. Jenny

Holzemer had two stuff blocks and eight assists and Les Kingsbury and Kelly Burrows also did well with combined stuff blocks. Over all the team was 54 out of 56 (96 percent) for serving, 30 for 39 (77 percent) for serve receiving.

Today, Nov. 7, Clackamas will play Lane Community College in Eugene at 7 p.m. Clackamas played Lane twice before and has won once. This Friday and Saturday

Clackamas will play their last home games against Mount Hood and Chemeketa. These are considered to be two of the toughest games this year and the team encourages everyone to come out and watch.

On a special note, the All League All-Stars vote has taken place, and congratulations to Carrie Moore and Les Kingsbury, Clackamas team captains, for being chosen for the second team of Division 4 in Oregon.

Cougar runners prepared for NWAACC Championship meet

By Rodney Fobert Of The Print

Running five miles is not an easy task. With 200 other runners breathing down your neck, running gets even harder. Competing in the most important cross-country meet of the season would make most people nervous wrecks. Yet, Clackamas Community College's men's cross-country team remains calm and ready.

On Nov. 9, the team will be competing at the Northwest Athletic Association of Community Colleges (NWAACC) Championship cross-country meet in Spokane, Wash. Community college cross-country teams from all over Oregon and Washington will be participating at the meet.

Head Coach Alan Knoop feels that his team is ready for the upcoming championship meet. Unfortunately, two runners will be unable to compete in the meet due to illness and injury and the flu. Billy Ray is also out due to illness.

Coach Knoop has especially high hopes for Cougar runner Rob Durkee, though. He said Durkee is healthy and has really been coming on strong in previous meets. Coach Knoop feels Durkee will be right up with the leaders at the championship meet on Friday.

To prepare for the meet, Knoop is having the team run intervals and some light "easy running." Knoop explained they would be having easier workouts this week to rest up for the big meet.

Julie Siler will be the only girl competing for Clackamas at the meet. Mo Schrader will be unable to compete due to a nagging knee injury.

Women's cross-country Coach Marilyn Wynia is predicting that Siler will finish in the top five at the meet. Coach Wynia also feels Siler has the ability to win the race if all goes well. Wynia pointed out the cold weather will greatly affect the outcome of the race. The women's race will take place on a 5,000 meter course



ROB DURKEE SETS the pace for the Cougars while Mark Allen follows close behind in a meet earlier in the season.