



COUGAR GRAPPLER DALE Earlywine overcomes Simon Fraser opponent, **Randy Henderson**, from Vancouver B.C. 8-6 during last Friday's match.

Staff photo by Russ McMillen

Cougar matmen badly out-gunned by Simon Fraser

By Doug Vaughan
Of The Print

Due to injuries and a rough Simon Fraser wrestling team the Clackamas Community College mat men went down in defeat, 27-9, Friday Jan. 28 at the College.

The Canadian team was a sixth place finisher in the NAIA tournament last year and has a combined 18-3 record this year. The Cougars were Simon Fraser's only junior college competition so far this year.

"There is no way that we could compete against them unless I was to go out and recruit five more guys," Norm Berney, Cougar coach, said.

Berney did not have any complaints about the Cougar's performance as he realized the Cougars were out-matched by the four-year school. He was impressed by a few of the wrestlers and was pleased with some of the closer matches that kept the Cougar's efforts respectable.

At 115 pounds, the College got a very strong performance out of Dale Earlywine as he earned a 8-6 decision over a tough Fraser opponent.

Mike Bolf, 134 pounds, also gave the Cougs a bright spot as he helped soften the wound by picking up a decision over Jack Mishikawa, 8-5.

The only other Clackamas wrestler to pick up team points

was Ricky Hutchison as he had an impressive victory over Mike McCrae via an 11-7 decision.

One reason for the Cougar's loss was that they were out two wrestlers, which caused them to forfeit a match in the 177-pound weight bracket. Tom Baker and Spencer Croyden were both out with injuries.

Berney also cited a difference in the scheduling of the two teams. The Vancouver, B.C. team has had over 20 matches already, he said, whereas the Cougars just started matches at the beginning of January.

The difference in the four-year school compared to the College was also relevant in the team line-ups. The Cougar team consisted of six first-year men in the 10 weight classes versus Simon Fraser, who wrestled mostly upperclassmen.

"Right now our goal is to peak at the time of regionals," Berney said. "That will be six or seven weeks into our season so I feel we will be able to compete at that level."

The Cougars also participated in two meets Saturday, Portland State Invitational and the Pacific Invitational (Junior Varsity Tournament). At Pacific, the Cougs captured a third place finish. Statistics were not available.

Campus weight lifting available

By Doug Vaughan
Of The Print

The seventh annual bench press contest will be held at Clackamas Community College Feb. 14 in Randall Hall starting at 6:30 p.m.

The competition will be divided into two categories--high school and an open division. The open division is available to anyone not currently in high school no matter where their residence.

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Awards will be presented to placers of each weight class of each division. There are eight weight classes within each division.

The rules for the weight-lifting tournament will be stricter this year, a Special Programs person said. The lifter will have to be in control of the

bar at the top and bottom of the lift. The participant will also not be allowed to pause or bounce the bar at any point in the lift. In order for the lift to be official the lifter's body will have to be flat on the bench, and his feet flat on the floor.

Each participant will be allowed three lifts with the maximum official lift used as the basis of the judging.



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