Adjustment eased by group

Service assists youth employment

Youth helping youth is the idea of New Youth Employ-ment Service, a project of Community Family Counseling Service

The service offers 14 to 18 year-olds free counseling in looking for and acquiring jobs. 'The service is operating on a youth-team concept. This means youth helping youth for the betterment of the community. Our service involves myself and another college student and the only adult involv-ed is Kathy Walter, the super-visor. We find this very effective because young people listen to their peers," Jack Griffith, service member and Clackamas Community College student, said.

"The program began in June of '82 and we feel it has been successful. Most of our youths find jobs.

"At the present we offer two types of programs at the youth employment center, one-on-one counseling and seminars. The one-on-one counseling begins with a phone call. We like youths to contact us first. It shows interest and incentive," Griffith said. Anyone interested in improving job hunting skills is welcome.

"The basic counseling lasts about four weeks. In the individual counseling I meet with each youth individually and discuss resumes, job leads, job research for the job they're interested in and we talk over and discuss what problems they may have," Griffith said. Griffith usually keeps in touch with people he has worked with on the one-on-one basis until they find a job.

The seminars that the employment service provides are similar to the one-on-one counseling, but it involves 12 to 15 youths at a time and speakers and employers from the working world. Another difference between the one-onone counseling and the seminars are that youth interested in seminars must register to become involved. The youth service is

located at Marylhurst College. The service is free. Anyone interested between the age of 14 to 18 are invited to call the ser vice at 635-3671.

the Women's Support Group meets in the Women's Resource Center for an hour of group discussions.

By Kari Gassaway Of The Print

Each Wednesday at noon

The purpose of the group is to discuss any problems the women experience and give members of the group a chance to voice their feelings on these problems and those of their own. The group also focuses on how to escape from stress and how to relax. Sharon Hartsell, a student from Lewis and Clark College and a teacher with the general education degree program at the College, is the group leader.

The support group consists of eight or more women attending the weekly session. "It's growing every week," Ida Wolff of the Center and a group member, said. The group involves women of all ages with all kinds of problems. "There are several types of pro-blems and women in the group. Like unmarried girls who are encountering new things and married women with children who are going crazy from sitting at home too long," group member Tony Waymire said.

"When we first meet, anyone can bring up a problem that is bothering her and if no one feels like doing that then we discuss different topics Then we do some relaxation exercises," Wolff said.

The Support The Support Group stresses exercising. Hartsell leads the group in such things as self-hypnosis, auto sugges-tion, isometrics and guided im-agery to help the women learn how to relieve stress. "It helps you feel relaxed," Wolff said.

The group is also working on several new ideas. "We are thinking of putting together a box of toys for the Resource Center because we get a lot of kids in here. Also we would like to get a bus and go to the Saturday Market. Another idea are working on is a childcare exchange program, because the problem of

childcare affects many women going to the College, Wolff said

"I know the group is helpful to the women involved. It's really been helpful to me," Wolff said. "This is my first year at the College, and I am a mother of seven who is taking 15 credit hours. It's a real struggle, but I feel a sense of belonging at the College and it's because of the support group. It has made this year positive. Anyone who is avoiding the group for some reason is really cheating themselves.



Ida Wolff

Staff Photo by Wanda Percival





page 4

Garbage burner causes mixed emotions

By T. Jeffries Of The Print The third in a series of four meetings between the Metropolitan Service District (Metro) and the community dealing with the problem of solid waste disposal was held the community center at Clackamas Community Col-lege on Tuesday, Nov. 16.

The first two meetings were held in Portland and the final one at the Gresham city hall. While many of the citizens in attendance offered viable alternatives, most expresssed opposition to the now stymied energy recovery facility.

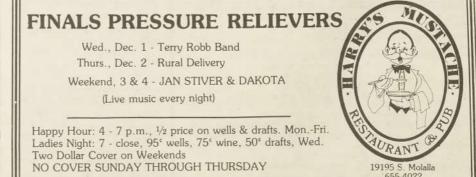
Suggestions by members of the community ranged from

reasonable to impractical and all involved legislative action requiring personal and com-munity recycling. The citizens group Oregonians for Clean Air, which successfully defeated the energy recovery facility on the Nov. 2 ballot, offered a comprehensive plan for a complete recycling program that would extend all the way back to the manufacturer. it included marking packages with a symbol classifying its recyclability from redeemable to toxic. Manufacturers of nonrecyclable or toxic packag-ing would be taxed, with the money generated to be used to encourage and develop recycl-ing industries.

Sig Jenson, representing

an alternative burning unit company, spoke on their product, a non-polluting organic burner, from which crude oil and bottled vapor-gas could be reclaimed. These would not be large plants and each community would have their own to handle their own waste disposal. Jensen estimated the need for 30 of the units in the tri-county area. Another suggestion, from

the Gladstone City Council, included charging com-munities in direct proportion to how much non-recyclable waste they send to the landfill. This extra cost would be passed on to users of that community's garbage disposal system



Clackamas Community College

 1
 2
 3
 4
 5
 6
 7
 6
 9

 1°
 30.12
 65.43
 49.87
 44.26
 55.56
 70.82
 63.81
 39.92
 53.24

 1°
 7
 12.26
 18.11
 4.42.1
 15.80
 34.26
 11.81
 44.55

 1°
 15.07
 18.72
 -22.26
 -34.40
 -0.35
 58.60
 46.07
 18.51