Sports Mens x-country impressive at invitational

By Tracy Sumner Of The Print

The College men's cross country team faced what was probably their toughest competition of this season Saturday at the Willamette Invitational. The team was impressive despite the absence of number two runner Steve Gogl.

The Cougars finished second behind Oregon State University, but it was a Clackamas runner who took first place in the 8,000 meter run.

Tony Macey finished the course in 24:07, a new school record and just three seconds off the course record.

"Tony ran an excellent race," said cross country Coach Kelly Sullivan. "By far (it was) his best race ever. He beat some really great competition."

Three Cougar freshman also contributed greatly to the team's success. Brian Abshire, John Hansen, and Jeff Franklin finished 1-2-3 for first year college runners in the meet.

Abshire's time of 24:34, which placed him seventh overall, was also the fourth best ever for a Clackamas runner in the 8,000 meters. Hansen's fourteenth place time (24:53) was the seventh best for Cougar runners.

Sullivan was pleased with his freshmen and said he was excited to see their progress.

Of the 163 runners who finished the run, 12 were Cougars. Besides the four already mentioned, Kevin MacDermott (25:23), Ken Valasquez (25:25), Hugh Redman (25:32), Marco Guitterez (25:47), Rob Conner (26:19), Jim Edmark (26:20), Scott Isaac (26:35), and Alan Wymore (27:01) finished 30th, 32nd, 36th, 45th, 67th, 68th, 77th, and 102nd respectively.

"Everyone ran really well,"Sullivan said. "That was probably as good a competition as we'll face all year. Oregon State has a really good team. They thought they'd walk away with the meet."

The team has improved over last year, but the team's improvement, according to Sullivan, has not gone unanswered by the rest of the nation.

"We're much better this year, but as much as we've im proved, the other school have improved at least as much," he said.

The Cougs cross country team received another honor last weekend as they were invited to the Oregon Track Club-NIKE Invitational held this Sunday at Emerald Valley Golf course in Eugene.

The meet will feature world class runners, Bill Mc-Chesney and Tom Beyers. Mc-Chesney recently ran the second fastest 5,000 meters in American History. Beyers won the 1982 New York Fifth



Tony Macey (foreground)

Avenue Mile. Beyers has also run a 3:50 mile, one of the fastest ever for an American. Clackamas was the only community college invited to the meet, a testimony to the team's quality. Gogl is expected to be ready in time for

Improving volleyballers prep for invitational



Coach Loren Swivel gives last-minute instruction to her team.

Soccer team triumphant

By Tracy M. Sumner Of The Print

Shawn O'Brien, Jim Keough and Tim Canfield each scored goals and freshman Steve Enos led a fine Cougar defensive effort to give Clackamas a 3-2 non-league soccer win over Southern Jregon State College here last Sunday.

Sunday. O'Brien's goal gave the Cougs a 1-0 halftime lead which Southern Oregon tied with a goal on a free kick early in the second half. Keough broke the 1-1 deadlock minutes later with a penalty kick goal to make it 2-1

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Clackamas. Canfield iced the win later, giving the Cougars a 3-1 lead.

Enos, filling in for regular goalie Ricky Zyelinske whose father suffered a heart attack Saturday, was instrumental in the Clackamas victory. "He (Enos) did a good

"He (Enos) did a good job," soccer Coach Jonas Szanto said. "He's a good goalie, but he's a little short on experience."

In earlier action, the cougars tied Lewis and Clark College 1-1 in an Oregon Inter-College Soccer Association clash. The tie came after a 3-0 whitewash by the Beavers of Oregon State University. Clackamas beat a South American Inter-National team 2-1 for their first win of the season. They opened the season with a 5-3 loss to Willamette University. Former Cougar Jeff Johnson broke the Cougars backs with a threegoal performance for Willamette

Willamette. The team's records now stands 2-2-1 overall and 0-1-1 in league play. The Cougars travel south this weekend for a Saturday game with Oregon Institue of Technology in Klamath Falls and a Sunday contest with Southern Oregon in Ashland.

(related story on page 8.)

By Wanda Percival Of The Print

The Cougar netters raised their season record to 15-5 last week after falling to Willamette University Tuesday and coming back to stomp Multnomah School of the Bible Thursday.

Against Willamette the Cougars made some errors which set them back resulting in an 8-15, 15-9, 8-15, 12-15 loss, but Coach Loren Swivel has seen some improvement in her squad. "We made some decisive errors in serving and the third hits," Swivel said, "but our blocking is improving. Over all there was a lot of good play."

Multnomah School of the Bible gave the Cougar women a boost in their season record when Clackamas downed them 3-15, 5-15, 1-15. According to Swivel her team isn't always so hard on the teams that haven't done so well, but this time things were different.

"We have had a tendency to play down to their level," she said, "and we didn't do that against MSB."

Swivel was proud of her teams' efforts and intensity in Thursday's game stating, "T'm real pleased we were able to keep up our intensity and our serving was improved."

Swivel was especially pleased with the efforts put forth by Terry Kelly, Mary Imper, Cheyl Dischner and Teri Larson. Larson, she said, "is really coming on to be a strong hitter and a good server."

Currently the Cougar squad is preparing for the North Idaho Tournament scheduled for late October which will determine who plays in Regionals. "We're trying to play excellent competition for it because either you win it or you're out," Swivel said. "I have the confidence that if the girls are playing well they can do some excellent things."

So far Swivel hasn't felt intimidated nor regrets dropping out of the Oregon Community College Athletic Association.

"Competition is competition," she said, "so I'm not worried whether we play with other junior colleges or with four year schools. It just doesn't matter.

Of the next seven opponents that Clackamas is scheduled to face, the Cougars have already defeated four of them. Last night they took on Oregon State University whom they had played once before and lost.

"The first time we played them it took us a while to get going," Swivel said. She added that she was "looking for them to be strong."

The weekend will draw the Cougar women to the Western Baptist Invitational where they'll compete against all four schools.

"If we're playing 'our game' I think we'll be very hard to beat," Swivel stated. "This is a decisive time for us. It all comes down to team play."

Following the weekend action the Cougar netters will have a brief break before entering into any more competition. "It's good to have this practice time," Swivel said, "to gain some strengths and work on our weaknesses."

Wednesday, October 13, 1982

