

Sports

Grout keeps Cougar athletes on their toes

By Wanda Percival
Of the Print

College athletes suffer a number of injuries during their sports season, but seldom is it said who cares for these devoted people and mends them back to health.

Mary Grout, the Cougar athletic trainer and women's locker room attendant, is "really conscientious" according to Lynn Vaught, secretary in P.E. and athletics, and "she's always willing to help out, always cheerful and a hard worker," athletic director Chuck Hudson added.

Grout was born in Ann Arbor, Michigan. At the age of three, her native Portland parents returned with the family.

Growing up and attending Portland schools, Grout participated in competitive swimming and skiing since the third grade. She also received two trophies in golf though she played a mere three times.

Upon graduation from St.



Staff photo by Duane Hiersche

COUGAR ATHLETIC TRAINER Mary Grout puts tape on an athlete's knee to prepare him for his daily practice. Grout graduated from Pacific University in sports medicine and has been with CCC for four years.

she said. "I was the first female trainer out of U of Utah in the western conference."

When a physical therapy program opened up in Oregon, Grout transferred to Pacific

University and continued her studies even though she wasn't accepted into their physical therapy program. She graduated instead in sports medicine.

She did the training at Pacific throughout her schooling, but after graduating she was left waiting for an opening in her field. Grout worked in delivery for a lithograph com-

pany until a position came up at Clackamas Community College.

When this job opened, Grout certainly had no qualification difficulties. "I worked with the handicapped, in hospitals and in physical therapy since the seventh grade," Grout said.

Grout is satisfied with her job at CCC, but she has goals above and beyond community college training.

She said, "I've met a lot of great people here," but she added, "my dream has always been to work for a team."

Grout wishes to work for a basketball or soccer team, preferably in Oregon. "I really like Oregon," she said. "If I could get a job in Oregon, I would."

Grout's not making definite plans though. "I don't like to plan things," she said. "I like to do things on the spur of the moment. Maybe I would go somewhere else."

Grout said she'd like to open a spa of her own with massage... and later travel in Europe, but for now she'll stay with CCC and keeping our athletes in top condition.

Cougars take third at Metro Tourney

By Tracy Sumner
Of the Print

John Welle and Mike Raines combined for 37 points and 16 rebounds leading the Cougar men's basketball team to a 117-58 demolition of Pacific University JV. The game was held in last Saturday's consolation round of the Metro Tournament held in Vancouver, Washington.

In the opening round loss to Mt. Hood, the Cougars were victimized by Hood's blistering 58 percent field goal percentage, which coach Kiser blamed on a poor defensive effort.

"We played well most of the game except early in the game we played poorly on defense," Kiser stated.

The Cougars were led by Dan Hanson's 16 points follow-

ed by John and Tom Welle's 12 and 10 points respectively. Tom also added a team leading 17 rebounds. In other hoop action, the Cougars blasted Pacific University JV 107-51 last Tuesday night.

The Cougars play Pacific's JV again Tuesday and are scheduled to entertain Clark Community College Thursday. Both games begin at 8 p.m. on the home court.

The win earned the Cougars a third place finish in the tourney after an 83-75 first round loss to eventual tournament champion Mt. Hood CC Friday.

The Cougs bolted to a 60-31 halftime lead over P.U. and steadily increased the advantage through the second half.

Despite the 117 points run up by the Cougars, Coach Royce Kiser wasn't totally pleased with his team's offensive play.

"There's no excuse for the turnovers," he said, referring to the 33 errors committed by Clackamas. "There's no way a team can turn the ball over that many times and expect to beat a good team."

Wednesday, December 9, 1981



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