

## Distance runners 1st at regionals, 4th in nation

Cougar distancemen captured the Region 18 championship recently for the second consecutive year which led them to national competition in Wichita, Kansas where they placed fourth.

Setting their goal at ranking in the top five at nationals the Cougar runners didn't hesitate to shoot for such an achievement accumulating a total of 124 team points.

The Cougar's were outrun by Southwestern Michigan placing first with 64 points, Brevard with 104 and Southern Idaho with 109.

Tony Macey, a CCC freshman, placed fifth overall clocking in at 24:44 and was the first runner in for Clackamas.

"Tony ran super," according to Coach Kelly Sullivan. "It was his fastest five mile this season and probably the toughest route we've run on."

Macey was also the first All American in men's cross country in CCC's history followed by Vance Blow who came in 22nd. "Vance had a great season," Sullivan said. Blow was also conference champion for the second consecutive year.



Photo by Wanda Percival

### VANCE BLOW AND two teammates brag their number one ranking as they swept Regionals in Bush Park in Salem.

Other national contenders for the Cougar distancemen were Ken Velasquez placing 32nd, Marco Guterrez taking 46th, and Jay Marugg who

placed 53rd.

"The competition was really great," Sullivan said. "These were probably the toughest national runners from

top to bottom."

"It was neat we went back there. We were kind of put on center stage because it was the first time CCC was considered

a threat," Sullivan said.

Clackamas had five All Conference performers and six All Region runners this season. All conference runners included Blow, Macey, Velasquez, Marugg and Purdue, while All Region performers included the same five and Dave Walsh.

In regional action two weeks ago, the Cougar's finished with 41 total team points to take the title.

Blow did an outstanding job for the Cougars coming up with a second place finish behind North Idaho's, Cristy David. Blow expressed a will to defeat David in national competition, but was unable to pull it off.

Walsh finished as CCC's ninth man in Salem with a 22nd place finish in 25:56 while teammate Macey finished fourth overall in 24:49. They were followed in by Velasquez, ninth in 25:19; Marugg, 12th in 25:29; Purdue, 15th at 25:38; Kevin McDermott, 16th in 25:43 and Guterrez who placed 19th in 25:49.

Sullivan anticipates a strong distance team next season as he has seven of ten men returning, three of which were in his top five this year.

## Debbie Simon leads women's x-country through nationals



Photo by Wanda Percival

**COUGAR RUNNER DEBBIE Simon runs to an eighth place finish during a recent Regional cross country meet at Bush Park in Salem. Simon placed 42nd at Nationals.**

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By J. Dana Haynes  
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Debbie Simon went the distance for the Women's Cross Country team, placing 8th at regionals two weekends ago and 42nd at nationals last week. "I was pretty pleased with the way I ran," Simon stated.

Simon's finishing time has been fairly consistent, with only six seconds difference between her regional and national times.

"I was happy for Debbie," coach Marilyn Linsenmeyer said. "She's team oriented and since we didn't really send a team to either meet, it was tough for her to get up for them."

Plagued by injuries, only three women distancers made it to regionals which were held at Salem's Bush Park. Anna

Muceus and Jenine Tucker finished 11th and 20th, respectively, with Simon breaking the plane at 11th place, with a time of 19:23.

"Jenine ran well," Linsenmeyer said. "She's been running pretty consistently all year. So has Anna, but she didn't have as good a day as usual."

Lane Community took the day at regionals, with a first place team finish and Janet Beaudry taking the individual first. Mt. Hood Community came in second. Ten schools ran in the Salem rain, eight from Oregon and two from Idaho.

One Cougar who did not attend the meet was Alice Hunger, who has been hexxed by a recurring knee injury acquired during high school. "Originally, I planned on running in the regionals, but then I decided it was better not to push it," Hunger said.

## Alumni game slated

The Cougar men's basketball team will hold its second annual Alumni game Nov. 21 in Randall Gym at 8 p.m.

The game is open to anyone who has played on the Cougar team in past years and they'll challenge the current

Cougar varsity squad.

Thus far, there are about 50 people signed up to play according to Athletic Director Chuck Hudson, and it's free.

For further information contact assistant basketball coach Paul Fiskum at ext. 211.

Simon was the only Cougar to attend nationals, which were held in Wichita, Kansas. Out of a field of 134 runners from all over the U.S., Simon placed 42nd, with a finishing time of 19:29. Oregon was well represented in the upper echelons, with Dawn Wilker of Mt. Hood finishing 11th and Tammy King of Linn Benton placing 13th.

Simon is not finished running the distances for this year. She'll be running for the Cougar track team during Spring semester. "I'll run 800 yards and 1500 yards, probably," Simon predicted. And after that?

"I'm not sure yet," Simon said. "I may be going to the University of Oregon next year. Right now, I'm looking around."

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