



Staff photo by Sue Hanneman

A NATIONAL SUCCESS—Decathlete Jim Holmes set a new NJCAA record in second-day decathlon events collecting 3710 points.

College men tracksters acquire national honors

By Rick Obritschkewitsch
Of The Print

The College men's track team came back from the National Junior College Athletic Association Championships that were held in San Angelo, Tex. last Thursday through Saturday with two All-Americans as Jim Holmes took second-place in the decathlon and Jim Colgan finished sixth in the steeplechase.

Other Cougar national competitors were Larry Psick, Dan West, Dan Martin and Jeff Johnson who were eighth in the 400 relay; and Mike Miller who was among the top 12 in the 800-meter event.

Holmes had plenty of work ahead of him in the second day of decathlon competition as he found himself in ninth place with 3267 points at the end of the first day.

For the first day, Holmes had

a time of 12.0 in the 100-meter running against the wind, completed the 400-meter at 51.8, leaped 6'1" in the high jump, heaved the sphere 34'8", and glided 21'6" in the long jump.

The second day of competition was when the real work began for Holmes. He had to work so hard on the second day that he set a new NJCAA record for second-day points total by collecting 3710 points, enough to earn himself second place overall with a meet total of 6977.

The second day's events went as follows for Holmes: 110 hurdles 15.6, discus 128'11", pole vault 14'11 $\frac{1}{4}$ ", javelin 186'4", 1500 4:30.6.

Holmes had pain to deal with after he completed his second-day record breaking efforts.

"I'm real pleased with my effort," stated Holmes. "That

1500 really hurts. You don't feel the events until then. That's a long race and you definitely feel it."

The person who prevented Holmes from taking first place in the national competition was Conny Silfver of Rick's College who collected a total of 7187 points. Silfver used his own strategy to compile the championship points.

"I try not to get nervous. It's not good to get nervous. It doesn't help at all," stated the victorious Swede.

The Cougar Psick, West, Martin, Johnson 400-relay team set a new school record in their eighth-place finish with a time of 41.3, bettering the old record of 42 flat.

Now that the Cougar track season has reached its finale with the nationals, it comes time to start recruiting for next year. In that recruitment process, the College has already received conformation from Roger Barnherst, considered to be the best high school javelin thrower in the state.

Assistant Coach Kelly Sullivan feels that next year's men's track team will probably be even a stronger Cougar squad.

Cougar trio named All-Americans

By Rick Obritschkewitsch

Cyd McCormick, Sue Hanneman and Nancy Reynolds are all three 1980-81 National Junior College Athletic Association Track and Field All-Americans as a result of their efforts in the NJCAA Women's Track and Field Championships held last Thursday through Saturday in San Angelo, Texas.

McCormick gave the javelin a 144'5" ride through the air for third place and a position on the All-American second team.

Hanneman grabbed fourth in the 400 at 56.4 as did Reynolds in the 5000-meter at 18:22 to both be named second team All-Americans.

The only other Cougar representatives to place in the national meet were Patty Richardson, Kelly Howard, Dennis and Hanneman who took eighth place in the 400-meter relay with a time of 49.1.

Cougar Beth Kokesh had a time of 4:57 in the 1500-meter event.

Other Cougar women who earned the right to compete in the nationals included Carol

Ziemba who heaved the shot put 37'9."

Also competing from the College were Debbie Simon who had a time of 22.7 in the 200 event, and Shavon Dennis who had a time of 58.56 in the 400.

The thrill of competition was shot down when Dennis was injured in the 1600-meter relay as she aided her teammates, Kokesh, Simon and Hanneman, in setting a new school record of 3:56.73.

"With Shavon hurt, we didn't get to run our best," stated Coach Marilyn Linsenmeyer. "It was a big disappointment to all of us."

The end of the NJCAA Track and Field Championships also marks the end of the Cougar track and field careers

for about half of the women's team, who are sophomores.

As this is the case, "We are looking for recruits in all events," stated Linsenmeyer.

It's back to the off-season

workouts for the half of the team that will be returning next year, but the work has only begun to find even more members for the College's team next season.

Hixson repeat champion

College golfer Dan Hixson set a new Region 18 scoring record of 145 for 36 holes in the Region 18 Golf Tournament held May 18-19 at Tabatee Golf Course in Blue River.

Hixson, a 1979 graduate of Cottage Grove High School, has been playing golf "probably since he was big enough to swing a club," said Coach Jim Hudson. "His father plays professionally."

Hixson began playing Association (NJCAA) National Oregon Junior Golf several years ago, played four years in high school and has now completed two years of playing for CCC. He is currently playing in amateur tournaments.

In the Region 18 Tourney, Hixson had a score of 72 the first day and 73 the second, which qualified him for the National Junior College Athletic

Golf Tournament.


Last year, Hixson placed 56th out of 268 participants in individual competition at the NJCAA tournament. "Hixson plans to be one of the top 18 golfers this year," said Hudson.

Hixson will travel to Henry Horton State Park at Chapel Hill, Tenn., May 31-June 5 for the national competition.

Correction

In the last issue of "The Print," it was stated that Jackie Beaudry was among the runners representing the College in the 1980 Women's Cross County Academic All Americans. Instead, it should have been Carolyn Raimondi, with a 3.0 grade point average. We apologize for the error.

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