

Stat sheet

Intramurals

The five-man intramural basketball season at the College ended last Tuesday, when Staff Number One defeated PBH for the championship.

The championship team is made up of such hoopsters as David Buckley, Dan Slick, Dan Groom, Kelly Sullivan, Phil Garver, Paul Fiskum, and Ron Hoodye.

Three-man intramural basketball will begin action tomorrow.

The deadline for intramural tennis sign-ups has been extended until enough players sign up for competition. Sign-up sheets and league rules are available in Randall Hall and the Community Center.

Men's track

The Clackamas men's track team took a trip through the snow last Saturday, when they traveled to Bend to take first place in a meet hosted by Central Oregon C.C. The College ended on top with 94 points, above Central Oregon with 42, and Chemeketa with 38.

The Cougars dominated all the way through the meet, taking 10 first-place victories.

Clackamas came in first in the 400 relay with a time of 32.5.

Monte Campbell was first in the mile at 1.58 while Mark Barlow took first in the 400-meter intermediate hurdles, and set a personal best at 6.2. Dan Martin was first in the 100 meters at 10.58, and the 200 meters at 22.1.

Jeff Johnson took first in the 400 meters at 49. Mike Miller took first in the 1500 meters at 40.6, Jim Colgan was first across the finish line in the steeple chase, Rich Ferguson took the triple jump and the Cougar team raced across the finish line first in the 1600-meter relay.

Daniel West and Larry Psick both finished the 100 meters at 10.7 for second, followed by Manual West at 10.8 for third.

Women's track

The inclement weather in Bend last Saturday couldn't deprive the Cougar women's track team of taking first place with 65 points above Central Oregon C.C. with 44, and Chemeketa C.C. with 17.

Clackamas' Sue Hanneman and Shavon Dennis led the way in the 400 relay followed by Jackie Beaudry at 5:09.2 for second place, and Nancy Reynolds at 5:26.55 for fourth place.

In the 100 meters, Cougar Kelly Howard took first at 13:09, while Patty Richardson was third at 13:65, and Loretta Elbert was fourth for Clackamas at 14 flat.

Reynolds took first in the 3,000 meters at 12:00.2, as Carolyn Raimondi took third at 12:28.8.

Cyd McCormick flung the javelin 129.7 for first place, as Marcie Fisher sent it 86.8 for fourth.

McCormick also took first in the discus, whirling it 118' 9 $\frac{3}{4}$ ". Carol Ziemba was fourth in the discus with a 110' 4 $\frac{1}{2}$ " toss.

Ziemba heaved the shot put 38' even for second place in that event.

Beaudry leaped 14' 4" in the long jump, for second place.

The Clackamas 1,600-meter relay team had a time of 4:12 for second place in that baton exchanging event.

Bench press contest

The College Recreation Department is expecting 50 to 90 participants for its fifth annual Spring Bench Press Contest, April 22 at 6:30 p.m., in Randall Gym.

Registration and weigh-ins begin at 6 p.m. with high school and open-division weight classes. A women's division will be organized if there is sufficient interest.

Each contestant may compete three times at whatever weight he chooses, but the weight class must increase with each attempt.

Focus on Men, Women a growing concern

By Wanda Percival

The Focus on Women, Focus on Men programs at Clackamas Community College have broadened in their six-year lifespan to attract the attention and serve the needs of many students and community populations.

The programs, which offer seminars, workshops, and credit classes, date to 1975 when counselor Bernice "Buzz" Evans, librarian Margaret Charters and former home economics and education chairperson Eleanor Stubbs got together with other women faculty members and realized that the College wasn't meeting community needs.

"Recognition of needs came through interactions with returning women and faculty members," said Charters. "Former counselor Mary Lynn Keizer, Bernie Nolan and Buzz were the key movers and aware of the plight of returning

women. Together, we wanted to do something positive and worthwhile to gain recognition, and we did."

"The Focus on Women program was triggered because there were so many returning women and there were special needs for those people," said Charters, "and we wanted to instill in these women a sense of self-confidence and self-worth."

The seminars, first instructed by CCC staff members and then by community leaders and authorities in various fields, offered opportunities in which women of all ages were able to "experience their potential through learning new skills, getting in touch with their strengths and sharing the support of other women," said Focus Coordinator Carol Layden.

The program first offered 13 seminars, reaching 300 people. The following year there were 23 seminars, which

reached approximately 930 people. In later years this number grew to 26 seminars and nine credit courses. Currently, there are 49 seminars offered, ranging from "Parenting the Special Child" to "Human Sexuality," which reach approximately 1,955 people.

According to program outlines set down by the Focus Steering Committee, a group of CCC staff members who design and initiate the seminars, the Focus on Women Program provides three types of educational purposes: "To disseminate information of interest to all people, but with emphasis on women; to disseminate resources for life enrichment of individuals; to provide a certain point for women together where role modeling occurs, barriers are broken down and new dreams are born for both instructors and students."

As the Focus on Women program expanded and attracted more women and men alike, Evans suggested that a similar program be designed for men. In 1977, CCC counselor Vince Fitzgerald agreed to launch a seminar, "Men in Transition," because of his interest in the concept of "androgyny."

"We've become polarized," said Fitzgerald, "and there's always a male-female role involved. It was time to clean up my own act and we needed to raise our level of consciousness as men. We needed to identify and work on equality in all areas of living to make more human, personal relationships." From this there grew other male-oriented seminars and the program was titled Men's Resource Program.

Last year, the Focus on Women and Men's Resource programs came together as Focus on Women/Focus on Men. According to Fitzgerald, "The Steering Committee is

striving to create an androgenous appeal."

"While the needs of the students and community have been met to expanded degrees, needs continue to increase," said Layden. CCC now offers a Women in the Arts class, a Women's Support Group which meets every Thursday, a Career Development Center and is currently working on a Women's Resource Program.

A problem currently being confronted by the Focus Programs is one of finances. If the College budget continues to tighten, the programs may be forced to go, or be reduced in size. "It's like throwing the baby out with the bathwater," said Layden. Layden referred to program cuts as "doubly deadly." She said the program has been asked to cut back on expenses and expansion, but at the same time, the public is expressing a desire for expansion to satisfy more community needs.

briefs

Food funds French study

Most full-time students at CCC are planning next year with an eye on returning to college, either here or at a four-year school, and still others will be assaulting the citadels of the American job market. There is at least one, however, who will be continuing her education six thousand miles east.

Julia Holcomb, 24, and attending her second year at CCC, has enrolled at the Universite d'Avignon, located in the south of France, a part of the country also known as the Riveria. She will be leaving at the end of the summer to spend the entire nine months in France, living with a French

family, and attending the usual junior-year courses—except that most of her classes will be taught in French.

To ease the squeeze on Julia's pocketbook, the Foreign Language department is sponsoring a bake sale in the Community Center outside the cafeteria at noon on Friday. Foreign language students in French, German and Spanish classes will be contributing calorific delicacies; everybody is urged to buy, eat, and enjoy.

The only language students need to speak, however, is pastry.

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instruction

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