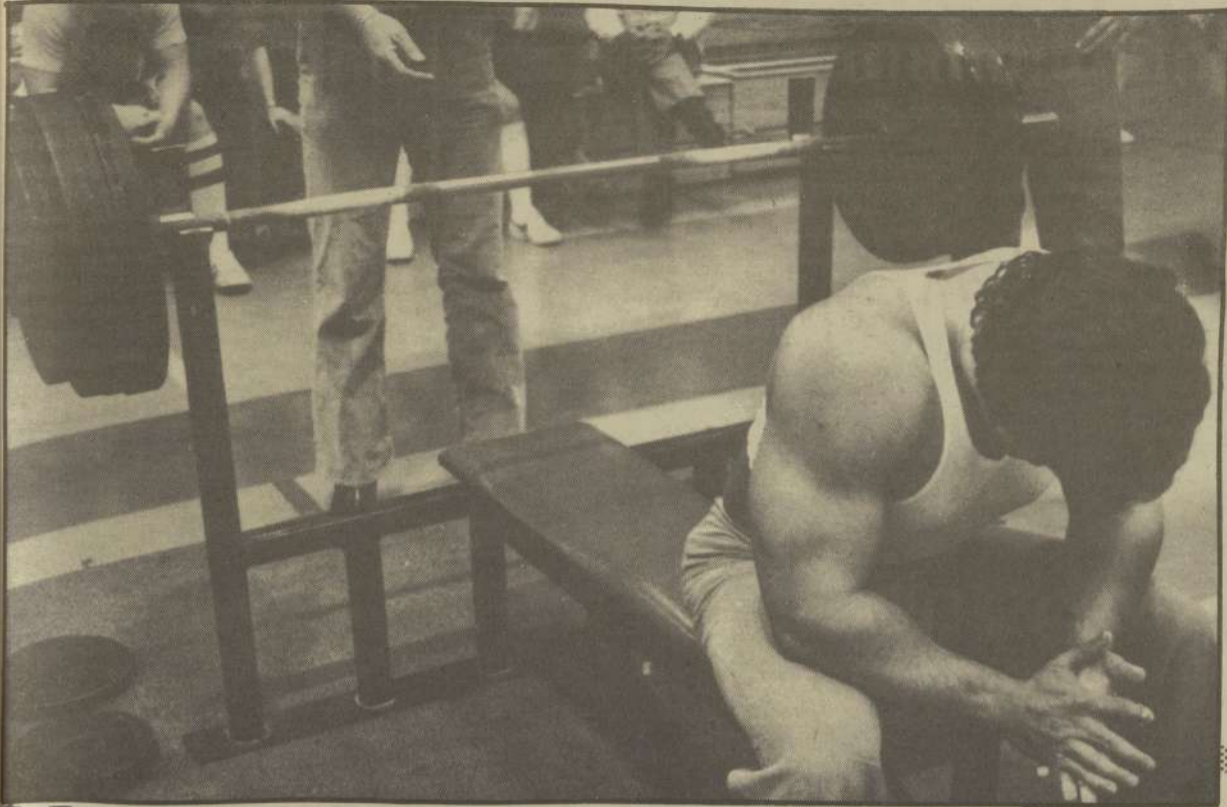


sports



PUMPING IRON--The Annual Clackamas Open and High School Weightlifting Competition was held last Saturday at the College, with the heaviest lift by Benjamin Silva (left), lifting 420 lbs. in the 182-198 open weight division. Other first-place victors in the open division were Darren Acker, Gene Houston, Ray Gonzalez, and Bill Schonely. In the high school competition, taking first places were Carl Perron, Jeff Toshiba, Pat Zumwalt, Ronald Becker, Bloomer Fleming, Craig Wilson and Bryan Anderson.

Matmen manuever to nationals

By Wanda Percival
For The Print

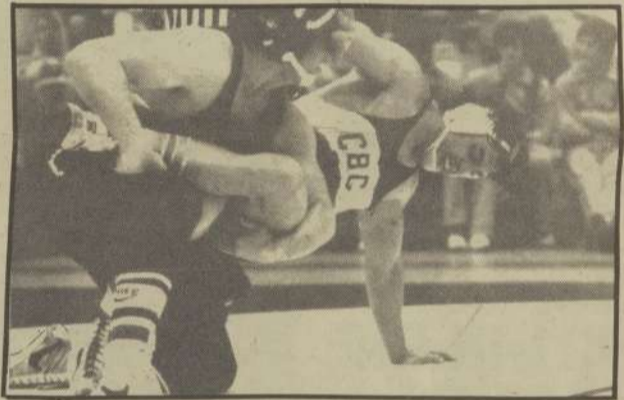
Cougar matmen completed their dual meet season with an 11-3-1 record and went on to take third in regionals last weekend at Coeur D'Alene, Idaho, where six grapplers placed and four made nationals.

The Cougars had two consolation winners. At 118 lbs., Troy Wentworth defeated Doug Higley of Ricks College,

9-7, but then lost, 6-1, to Joe Klein of Grays Harbor, putting him in a fourth place position. Nathan Winner placed fourth at 134 lbs., pinning Creed Ricks of Ricks College in 5:55 and then being defeated, 6-2, by Brad Covington of Southwestern Oregon Community College.

In finals, three Cougars placed second in their weight class. Lance Wilson at 142 lbs. pinned Rob Hixon of Lane Com-

munity College in 7:45, but was defeated, 19-9, in his final round by Mejo Hernandez from Northern Idaho College. At 150 lbs., Bill Blackford defeated NIC's Randy Kliver and was then defeated in finals, 5-3, by Columbia Basin College's Jeff Richardson. In semi-finals, Tom Overbay, at 158 lbs., pinned Russ Heard of CBC in 1:41, but went on losing 8-2 to NIC's Brent Barnes. Clackamas had one third



TOMORROW THE WORLD--Cougar's Tom Overbay, Bill Blackford, Lance Wilson, and Mike Martin will go on to national competition. Above photo is from the Clackamas Invitational.

placer, 167 lb. Mike Martin who defeated SWOCC's Eddie Budge, 8-4, and Richard Wooten of Linn-Benton Community College, 11-6.

With Wilson, Blackford,

Overbay, and Martin making it to the nationals, Berney has high hopes of having some placers in Nationals which are scheduled for March 5-7 in Worthington, Minn.

Cager finale frustrating

By Rick Obritschkewitsch
Of The Print

The games against Chemeketa and Mt. Hood were both crucial for the women cagers if they were to make the playoffs.

The Cougars were able to come up with a win against Chemeketa, 62-58, but couldn't quite defeat Mt. Hood. "I don't know why we didn't win the Mt. Hood game," commented Coach Nancy Mikleton.

The women took a 62-58 victory over Chemeketa on Wednesday, on the home court.

"We were up for about the past week and a half, playing super ball," said Mikleton. "The girls were really ready for the game."

Because Jamie Hill is second in the league in rebounding, "Chemeketa really sagged on Jamie (Hill)," said Mikleton, "which allowed Cindi Johnston to drive more openly."

Johnston was open so much that she contributed 23 points to the winning effort, hitting nine of 16 from the field and

five of eight from the free throw line.

"Angel Humphrey also did a super job," commented Mikleton. Last time the Cougars played Chemeketa, the Chief's Diane Trask was able to "brake the press," stated Mikleton. "But Humphrey did a super job on the man-to-man defense this time."

"Defense is what won the game," said Mikleton.

The victory over Chemeketa brought up a "do or die" situation when it came time to play Mt. Hood in Gresham last Saturday night. It was a seesaw battle for most of the game, with either team getting the advantage being up by a few points, then the other team taking the lead for a while.

One thing that hurt the women when they played Mt. Hood was that Donna Boatman was at home, sick.

In the playing of the game, Mikleton felt, "We shot well, but had trouble from the perimeter."

"The girls really wanted it," said Mikleton. This was shown

by the second half scoring as the Cougars outscored Mt. Hood by two points, but it wasn't enough to give Clackamas the victory in the 56-52 defeat.

"(Carolyn) Raimondi sparked the defense off the bench," said Mikleton. "She made some crucial baskets when we needed them."

The Cougars were hurting in free throw shooting, hitting only 11 of 25 shots from the charity stripe.

With the women's season ending at 7-9 in league, and 9-14 overall, Mikleton looks back on the season with "satisfaction and frustration."

The Cougars were at a disadvantage at the season's onset as there were five cagers coming from the volleyball team after most teams had started preseason action.

Mikleton felt the team "needed two more weeks--we peaked in the last two weeks. The peaking would have been good for the playoffs."

"I know we can play better than some of the teams in the playoffs," said Mikleton.



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