

Shuey gives hiking talk

By Steve Lee
Of The Print

Scott Shuey, backpacker extraordinaire, gave a demonstration on campus last week on the basic types and uses of backpacking equipment.

Shuey had various types of equipment displayed in the Fireside Lounge for all to see, and some beautiful pictures of mountain hikes. Shuey started with a list of basic necessities: packs, footgear, clothing, sleeping gear, stoves, food and cooking utensils.

He is a laid-back kind of person, likeable, and very

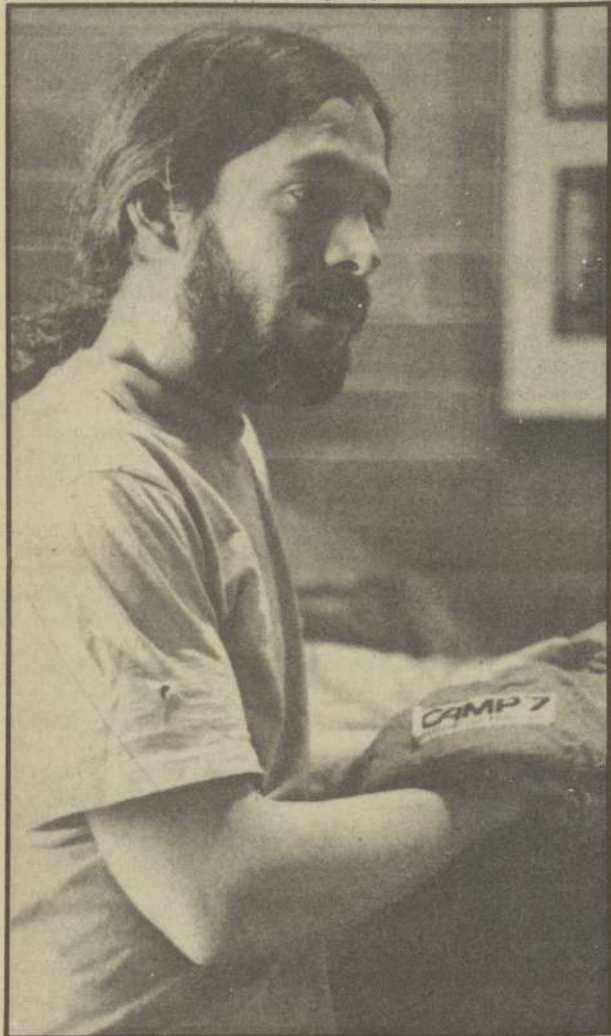
knowledgeable about hiking. During his lecture he threw in a few humorous statements about the use of certain equipment, and the results of the lack of forethought while on a hike.

Here is a rundown on his basic list of equipment, with a little experience thrown in.

Footgear--This depends upon the type of trails and terrain you're covering. A lightweight hiking boot may serve on well-worn trails, but a heavier boot may be needed for rougher country. If you have strong ankles and feet you might even get by with tennis shoes. One



Scott Shuey tells a friend how to select a sleeping bag. Photos by Duffy Coffman



Shuey is a laid-back kind of person, likeable and very knowledgeable about hiking.

of Shuey's friends hiked 600 miles in tennis shoes and was none the worse for the wear.

Socks are essential. Two to three pair to be changed throughout the day make your feet less likely to blister, and more than that, dry feet are comfortable feet. Thicker socks are cooler and dry out faster. Experience is the best teacher.

Packs--There are internal, external and no-frame packs from which to choose. Internal frame packs can be adjusted to carry a load comfortably and fit closer to the body. External frame packs are sturdier. They hold the load far enough away from the body to permit air circulation between pack and back, a definite plus in avoiding sweaty discomfort. No-frame packs, otherwise known as rucksacks or haversacks, come in small sizes and can double as book packs at college. No-frame packs are the simplest and sometimes the least expensive of the three. Packs come in all sizes, from fanny packs that attach to your belt and hold a sack lunch, to expedition packs that can carry a month's worth of supplies. Take your pick.

Clothing--Make it loose fitting enough so that you have

freedom of movement, light enough so that you don't get worn out carrying it around and either warm or cool enough to fit the situation. Shuey said about wool shirts, "They make you feel like a hot dog in a soggy bun." This is due to the fact that wool will keep you warm even when it is wet. As you hike, your body heat warms the wet shirt until you're too warm, but when they get wet they take a while to dry out, and further, all the little feathers stick together and make your jacket go flat.

Polyfill is pretty good as an insulator in jackets because it can be wrung out and dried by body heat as it is worn. An hour hike can pretty much dry it out. Types of long or short pants, long or short sleeve shirts, and raingear are all subject to hiker's needs and preference. "You want to keep your body at a constant comfortable temperature, so you can enjoy the beauty of being in the woods," said Shuey.

Sleeping gear--Consider size, weight, type and availability of fuel, cost, and durability. He had one stove that burned everything from butane to Chevron Supreme, except diesel, of course. "Get a stove that burns what is going to be available where you are hiking."

Cooking utensils--Use lightweight, multi-use tools. Remember, you'll have to carry them. One small pot and a metal cup serve to cook food, you can eat from them, and scoop snow or carry water, also. A heavyweight plastic spoon completes the list.

Food--Freeze-dried meals and instant soups or breakfasts are sold everywhere. Weed out as many metal containers as possible.

Special items--Map, water container, pocket knife, first-aid kit. "If you don't need it, don't carry it."

Pre-trip planning--Read books and magazines on the subject. Get two or three different maps and compare them to see if they all have the same information. One map might show a trail where none exists on the other map. Let someone know where you'll be during the trip as a safety precaution. And most of all, plan ahead.

Shuey also gave a slide presentation with many fine views of the Pacific Crest Trail, which stretches from Canada to Mexico. Part of the famous trail runs right through Oregon in the Cascade Mountains. Spring isn't very far away, so start airing out those old tents.

Ten minute

"Mr. Science"

to be shown

By Linda Cabrera
Of The Print

If you happen to be a frequent visitor of the Community Center Lounge, chances are you've had the occasion of viewing the little flick known as

"Mr. Science" created by CCC students in the video department.

Under the direction of Joe Cornett, producer, and Craig Odegard, associate producer, "Mr. Science" is a parody, or satirical comedy, of the life of a

scientist and his assistant. Mr. Science, portrayed by Bill Moore, and his assistant nar-

red Hal, played by Tom Jeffries, offer an adult kiddie program with creative comedy.

The video "Mr. Science" is the creation of Cornett, Odegard, Jeffries (who does much of the script writing) and Moore (whose personality is a natural and inspired the character of Mr. Science).

Filming, producing, script-writing, developing, and all the

rest that goes into making the video show is done by these students and a few other students at Clackamas for the purposes of learning, personal enjoyment and satisfaction.

"Totally Outside Productions," as the students refer to themselves, have made a special 10-minute video version of "Mr. Science" and have entered it into the Northwest

Film Study Contest, for students elementary age and up who are interested in film and video. The entry requirements were that they make a film or video show on a chosen topic, and that it be 10 minutes long. The 10-minute "Mr. Science" special was three weeks in the making with an average of 30 hours per week work by many involved.

"Mostly we're just trying to get experience in production," explained Joe Cornett. "By sending our 10-minute version of 'Mr. Science' into the NW Film Study contest we'll get back some good outside film critique, also." Cornett also commented that CCC students will be able to view the "Mr. Science" special sometime in the future.

