

Rape prevention bureau educates public

By Kelly Laughlin
Of The Print

In the spring of 1975, author Fred Storska spoke to an audience of 250 College students about rape prevention and awareness.

Last in a series

While Storska's rape prevention theories in the book, "How to Say No and Survive," deal primarily with potential rape victims using psychological warfare against rapists (and continue to stir heated debate by feminists) he did begin a movement in Clackamas County that has fostered a more realistic view about the reality of rape.

Since his presentation, the Clackamas County Crime Prevention Bureau has taken steps to educate the public. The implementing of two Rape Victim Advocate programs and numerous seminars "have reached thousands of men and women in the area," according to Tim Grolbert, sergeant for the Clackamas County Sheriff's Office.

Grolbert was active for nearly four years in the county's crime prevention program. He said knowledge about rape and the effective use of that knowledge has resulted in rape report increases.

"I've seen the trend change in the community's attitude about rape," he said. "I remember when people had a hard time even talking about it. Now, they are seeking help in preventative measures."

There are no pat answers to rape prevention, only different options a person can take, Grolbert said. Any number of methods can be used depending on personal factors of the potential rape victim, the rapist, and the environment. "Only if they know what is available to them will they be able to effectively respond to an attempt," he said.

A rape victim may have to have a change in attitude, that is, if they feel that "it couldn't happen to me" or if their belief is "it only happens to bad people," he said.

Avoidance is the first rape prevention step, and possibly the easiest rape prevention method. "Many people can take preventative measures at home, such as locking the doors, and securing all entrances to their home. They must first realize, though, that many rape attempts are made in the home," he said. Additionally, potential rape situations like hitchhiking, blind dates or walking in dark places can be avoided.

Confronted with an actual rape situation, however, the potential victim has little room for the avoidance technique. At times, according to Grolbert, "running away can work." But rape is a very subjective crime, Grolbert said, and the victim has to assess herself, the rapist, and environmental factors, before acting appropriately.

"What kind of condition the

victim is in physically in relation to the assailant is very important. If you are passive or slight in build, fighting back with your hands and feet may be ineffective, if the rapist is bigger than you," he said. In this instance, a weapon may be the best course of defense. While only about eight percent of the rapists in Clackamas County use weapons in assaults, the victim is usually caught off guard whether the rapist is using a pen knife, switchblade, or nothing at all.

No weapon in particular has proven more effective in preventing a rape attempt, but the sergeant said it is essential that the weapon be both available, and usable.

"Mace or the tear gas weapon will do the victim little good if it is available at the bottom of her purse. Conversely, a gun has first to be put into

your hand, then your fingers around the trigger and shot. Many times you should establish how you will respond as quickly as possible," he said.

Currently, the use of physical defenses, such as karate and judo, is becoming more popular among authors of rape prevention theory. One book entitled "Against Rape" is written by Andra Medea and Kathleen Thompson. The idea of fighting back, according to Medea and Thompson, still holds prejudice in society.

"People still feel that a woman is incapable of effective violence. Lady wrestlers are freaks. A woman fighting a man is Jane beating her fists against Tarzan's chest. People say that a woman will only get hurt struggling against a man. That's true. Struggling will only get the woman injured; fighting may work," the authors state.

The authors recommend that women stand with their feet spread with one foot in front of the other to achieve a solid base upon an attack. Additionally, one arm should be forward and bent at the elbow and the other arm at the side with the fist at the side," they said.

The authors also suggest that women use their feet to kick as much as possible. "Legs are also the strongest part of your body. They've been carrying your weight for your entire lifetime," they said.

The use of the hands, well, is also important in rape defense, according to the authors. A fisted blow begins from the side of the body and should move up striking with the thumb down to add extra force. "Against Rape" also suggests that the blows be

Continued on Page 12



Major Muffler

MUFFLER PROBLEMS?

**SOLVE THEM FOREVER AT THE
MAJOR MUFFLER CENTER
NEAREST YOU!**

- Lifetime Guarantee on Muffler
- Duals & Headers
- All Custom Work
- Complete Foreign Car Service
- Call for Appointment

John's Auto Electric Service & Supply

JOHN MORTON
Owner

812 Molalla Ave.
Oregon City, OR 97045

656-3633



Free Samples.

If you're planning to finish school soon, you've probably been getting a lot of advertising from the armed services.

It's a funny thing. In the Navy "word of mouth" advertising helps us the most. Like when sailors come home and tell their school buddies that the Navy may not be heaven, but it's a great place to learn and travel.

So we're making this offer: Next month about 10 Navy ships will be in Portland for the Rose Festival. We'll arrange for you to ride the ship of your choice from Portland to Astoria on June 12th. You'll see the whole ship, have lunch with the crew, and talk to anyone you want—from sailors to the captain.

We'd like you to find out what the Navy is really like. Call now to reserve your place—they're filling up fast.

*Offer open to high school juniors, seniors, recent graduates and college students. Nominal charge for meal and return bus transportation to Portland.

For your Navy Sample...

Call your Navy Representative at (503) 221-3041 for more information. 1220 S.W. 3rd Avenue Portland, Oregon 97204 (And call us collect!)

Navy. It's not just a job. It's an adventure.

Oh Thank Heavens for

OPEN

24 HOURS



7 Days

a Week

★ Fountain Service ★

★★ 32 oz. Big Gulp 29 cents ★★

★ Hot to Go

★ Groceries

★ Wine

★★★★★★★★★★★★★★★★★★★★

May Special

Truck Stopper

\$1.09

★★★★★★★★★★★★★★★★★★★★

★★ Plus Imported Beer ★★

★ Cold to Go

★ Beverages

★ Beer

Assorted Pastries and Hot Coffee for your Morning Delight

7th & Washington Oregon City

