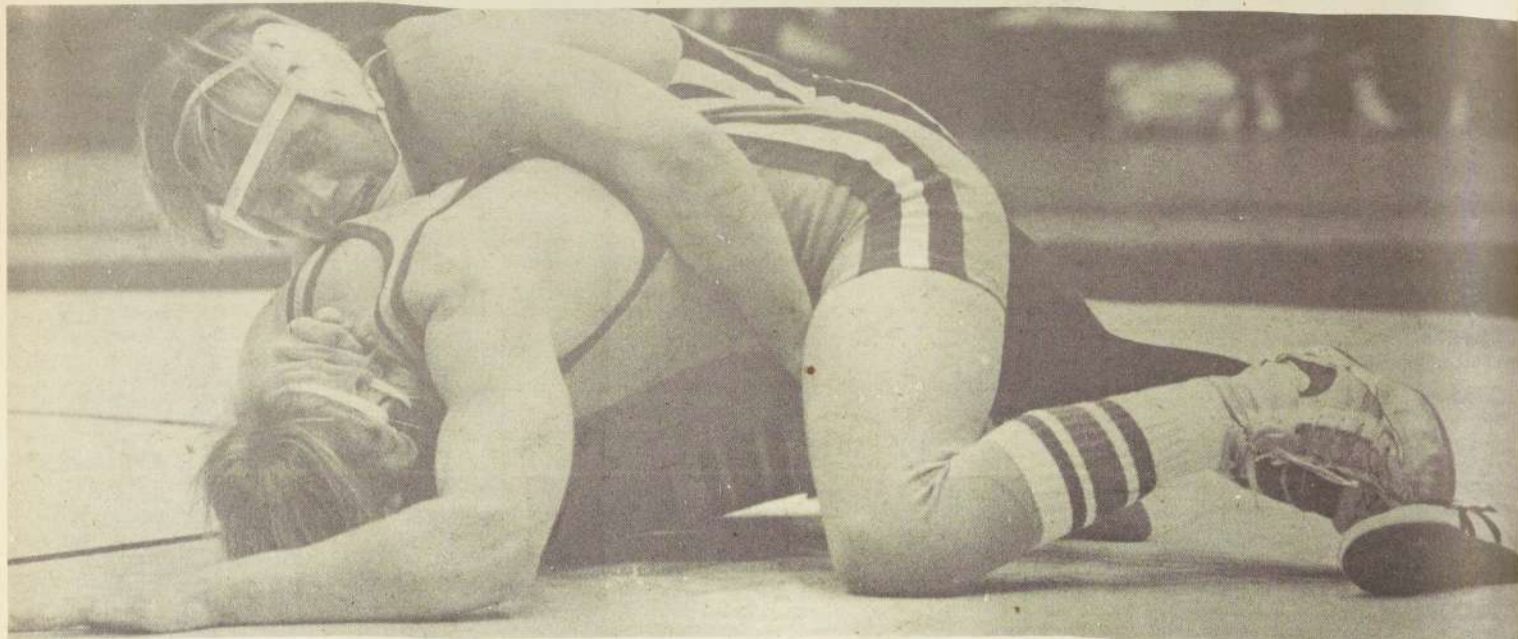


sports



Dana Dunn picks up more points in this match versus a Central Oregon wrestler. Dunn helped Clackamas gain the title by winning an individual title himself.

Photos by Kelly Laughlin

Grapplers cinch state tourney

By Kelly Laughlin
Of The Print

The men's grapplers scraped, sweated and steamed their way to a well deserved state victory last Friday at their CCC home ground. They surpassed the nearest competitor, Central Oregon by 32.5 points, 98-66.5, and slated five of 10 individual state honors.

An arbitrary decision that made the Umpqua Community college squad place third, will be resolved at regionals this Friday. The CCC squad dominated the tournament. All but one member of CCC went into competition: Craig Groner had a near miss in his match.

Darvin Trammal, Tim Jones, Dana Dunn, Rich Smith and Dan Bergsma became state champs last Friday. Trammal won handily in the 134 pound class, while Dunn, who lost

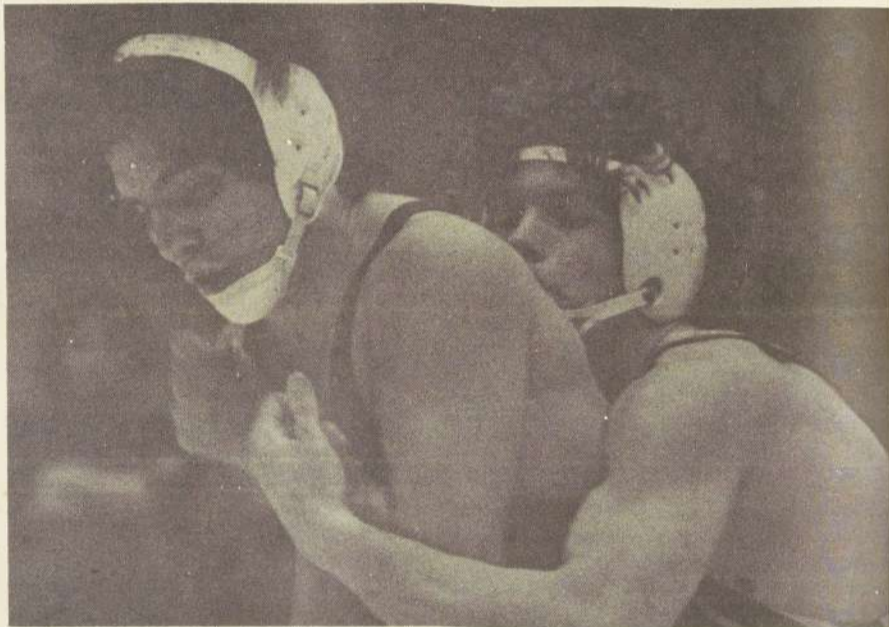
three weeks ago to a fine Umpqua competitor Tom Peterson, came back to slate an individual win, at 142.

"He dominated the match," said Coach Norm Berney. Jones won in a tight match, by one point. He was out for almost an entire week with strep throat before competing in the state tourney.

"He needs this week of workout, to get back into his peak," Berney said.

Essentially, the goal for this Friday's regional competition is to face up to some of the top-ranked teams in the nation: Rick's College, North Idaho CBC and Gray's Harbor.

"There will be a little bit of a different team at regionals, right now we're a little confused about our weights. We might have a switch at 190 pounds, and a possible change in the



Perry Miles (right), tries to get an advantage over his Umpqua rival in state tourney

126-pound class," Berney said.

Berney considered the competition last Saturday not quite equal to the team's tournament potential.

"There wasn't really very stiff competition here, but one thing is for certain, we'll have to be stronger this Friday, there's no question about that," he said.

Grays Harbor, whom CCC tied in a duel meet recently, and defending champs North Idaho College, undefeated as yet, "Will definitely be a factor in the weekend tournament in Roseburg," he said.

"We have proven in past tournaments that we are a good tournament team," he said. This can be attested to wins at the Mt. Hood invitational, and CCC invitational, held earlier in the season.

"I'm just hoping that we can keep our tournament status this weekend," Berney said.

To reach an ideal peak by this weekend, "We are putting a lot more pressure on individual efforts now. We're going to do some different things in practice; let them work a lot more on technique with a partner, and to get their weight down, rather than the

intensity of wrestling five or six matches in a row," he said. "There will be one night of practice like that this week. The rest will be done by individuals running and doing different things to get mentally ready."

Berney thinks that this method, while it depends more on the individual wrestler for success at regionals, "will take a lot of the pressure off in letting the person get mentally prepared on his own."

More than any other factor, though, Berney expects his team to "give it their best shot this weekend at Roseburg."

At the state meet, Perry Miles, a 126-pounder, and 118-pound Dale Rebelki came off of some disappointing losses in final's competition.

"But they were in there down to the end, and I don't think either one of them gave up until the end. I like that, they were hungry, and went out there with some spirit. If they (the team) can keep their spirit up and give 100%, that's all I can ask, win, loose, or draw," Berney said.

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