

# sports

## 'Darvin' Darvin grapples with first college season

Kelly Laughlin

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him Darv, Darvey, Darvin, or just plain Trammal, the nickname whose won't really matter. Freshman grappler at CCC is doing better these days. The bushy haired freshman recently on what he calls a "diet," where normal foods like apples, salads and fluids are eaten and burned off in practice. "But I eat a lot the weekend, and I have eaten enough so Monday and Tuesday, it hurt me to not eat. I cut to the nutritional foods the week," he said. The 134 pounds is, in Darvin's opinion, the ideal weight for his sturdy frame, it wasn't until the Canby graduate started on his debut as a wrestler. "Most people have to cut weight at the beginning of the season, you're fat and out of shape. There are some who are tougher at lower weights. That's one thing you

try to do is cut weight so you are the biggest of the smaller guys out there," he said.

Even after slaving off 30 pounds at the beginning of the season, Darvin hinted that the coaching staff here wants him to cut still further to the 126-pound classification. "I'm a happy wrestler at this weight. I've wrestled at 134 pounds since I was a freshman in high school. I'm not going to cut off my leg for Norm (the coach)," he said.

Sweating it out within the white circle isn't Darvin's only love. As a high school competitor, he was an all-league nose guard for the football team, and has played baseball as well. "I just love competition," he said. "I always went out for nearly any sport I could go out for. I have an older brother who wrestled, and I used to go down and work out with the eight-grade team. I didn't lose, in fact not until I was in high school did I lose to anyone."

Darvin describes his style as one of strength and agility, but

noted the wide variety of wrestling mannerisms possessed by his other teammates. "There are teams like OSU that has one style, but most of the guys' styles on our team vary. There are people who know a lot of moves, and can work a match to where they win by three or four points. Then there are the hustlers that go for it and tear up the mat as hard and as fast as they can, and people who depend on strength and muscle to win a match. Then there are people like Tim Jones who is a technician, and knows exactly what the other guy is doing out there, and Rich Smith, who is awesome on the mat. His whole style of wrestling is that he isn't going to let you breathe for a second, because he's going to be chasing you around the mat," Trammal said.

One thing is beyond doubt: Darvin Trammal loves to push and pull, and grind and twist his opponent. "But not necessarily hurt him," he added.



Darvin Trammal (left), Larry Owings find time for a laugh during wrestling work out. Photo by Kelly Laughlin

## Team play aids Cougar women

Mark McNeary

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play is the only way to have success and harmony in the world of college sports. Whether it be UCLA, Duke's Fighting Irish, or

even the Clackamas Community College women's team, an unselfish style of play has been the key ingredient in success.

Clackamas' women's team played a type of game

reminiscent of the Trailblazers' championship year this weekend, when they stomped both Linn-Benton Community College and Southwestern Oregon Community College.

"We played our best half of

basketball this weekend, and I would say it was close to our best weekend of the season, as well," Coach Nancy Mikleton understated. "In terms of team play I was real pleased."

In Friday's win, a 67-44 drubbing of Linn-Benton at home the Cougars placed four

players in double figures. Cindy Kirkpatrick had 17, Tammy White 13, Mary Manley 12,

and Nancy Perkins 10. Coach Mikleton had much praise for the four.

"Cindy, Nancy and Tammy all played real well," she said. "Mary Manley had her best game in a long time, too. Besides her scoring she also had seven assists."

Tammy White led the team in rebounding as she gathered in 10 and was followed by Nancy Perkins who collected nine. Mikleton also pointed out Perkins as an improved ballplayer.

"Nancy has been playing real well lately," she said. "She's beginning to play up to what we expect from her and has been playing really consistent overall."

Saturday night the Cougars trekked to Coos Bay to do battle with Southwestern Oregon C.C. but what was supposed to be a fair fight turned into a Cougar ambush. Clackamas destroyed the host team 70-50.

"We played tough defense,

as we did Friday night," said Mikleton. "We dictated the style of play and controlled the game."

Lisa Laurent sizzled the nets for 21 points to lead the

Cougar blitz and was followed by Nancy Perkins who tallied 11. Perkins also lead the team in rebounds. Clackamas' league record now stands at 7-4.

The Trailblazers, er, I mean the Cougars, play one game this week as they host Umpqua Community College Saturday night. Next week Clackamas must face Chemeketa on the road before finishing up their regular season at home against Lane. These final games for the Cougars are crucial ones. The Cougars are in fourth place, but only two games out of first.

"We have to win them in order to make the playoffs," Mikleton said. "We must finish in the top two in order to qualify and I think we can do it if we play good defense and good teamball."

## Men drop two games

Mark Rood

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is a heartbreak week for CCC men cagers, to say the least, with the team losing these inter-conference games to the hands of the two teams in the league.

Friday the Cougars lined up against second Linn-Benton at Randall. The Cougars went into the room at the half by eight. The CCC men were to battle their way to tie the score with 51 left in the contest.

Len Tirrill then called time and instructed his team to cut the clock down to 10 seconds, take the last shot and hopefully win the game. At worst send the game to overtime. Apparently Linn-Benton players were going to cooperate with the Cougars, as Johnny Williams was fouled with about 10 seconds to go in the game.

The score tied at 77 and Williams went to the line unable to convert on any of the one-and-one shots. Feb. 14, 1979

and Linn-Benton controlled the ball.

Linn-Benton called time out and went to the bench for instructions. When the two teams returned to the floor, Linn-Benton worked the clock down to five seconds and was able to put in a 25-foot jumper to end the game and leave the Cougars with a pin in their balloon.

Dan Slick led the way with 25 points, Williams netted 20 and also grabbed 14 caroms. Randy Worsech added 19 points in what was probably his best overall game of the season. Kurt Sitton paced Linn-Benton with 30 points and 11 rebounds.

The Cougars had to try to regroup on Saturday as they traveled to Coos Bay to take on the first place Southwestern Oregon Community College Lakers.

CCC was like a light switch Saturday. At times they would play together and seemingly score at will, but other times they would just turn themselves off and simply not play

aggressive basketball, especially on the defensive end of the floor. This is something that has plagued the Cougars all year. Coach Len Tirrill noted, "when we played as a unit and looked for the open man, we scored."

In the end, the CCC men found themselves on the short end of a 92-87 score and their second close loss of the week.

Slick was CCC's leading offensive threat as he led all scorers with 30 points for the night. Williams added 16. Coach Tirrill was impressed with the play of Frank Beard who came off the bench to hit on four of seven from the field and assist on five other baskets in just a little over a half of play. Tirrill also pointed to Mark Schroeder who put in a couple of key baskets to keep the Cougars close.

The CCC men will have to be up this week when they enter the toughest part of the schedule with four games in just five days, three of which will be on the road.

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