

# briefs

## Nutrition food

A mini-course on preparing low cost, low calorie meals will be held Tuesday and Thursday from 11 a.m. to 12:30 p.m. at the College beginning Nov. 7.

An emphasis on nutrition and body needs will be made in the three-week class being offered by the college home economics department.

Sandra Zimmer will instruct the class in Barlow Hall, room 252.

Information about the class is available by calling the College, 656-2631, extension 336.

## Men's seminar

A meeting to discuss men's programs in the area is planned for Thursday at 7 p.m. in the Community Center.

Vince Fitzgerald, who helped establish the "Men in Transition" program at the

College this year, said the meeting is a "time for evaluation, assessment and planning."

Three men's seminars have already taken place this year, Fitzgerald said, and four others are slated before the end of the year.

Fitzgerald encourages persons interested in men's programs to attend the Thursday meeting, which will take place in Room 101 in the Community Center.

## Officers elected

Dave Jelinek, Oregon City and local manager of Portland General Electric Company, has been named president of the Clackamas Community College Foundation for 1978-79.

Other officers elected were: Eugene Jackson, Molalla, first vice president; Bruce Cullison, Oregon City, second vice

president; Mary Sharp, Molalla, secretary; George Nickles, Oregon City, treasurer.

Kerry Kilbride, Molalla, is past president.

Members of the group's board of directors include: Severin Harkson, Oregon City; Don Isaacson, Oregon City; Harold Juedes, Milwaukie; Juleen Mehus, Wilsonville; and Arnold Thomas, Canby.

## Loss and grief

How people handle "Loss and Grief" will be discussed in a seminar at the College, Thursday, at 7 p.m. in the Community Center, room 117.

Bernie Nolan, college counselor, will lead the discussion and people who have suffered a loss will share their experiences.

The program is part of the Focus on Women series. Cost is \$1 and pre-registration is advised. Persons may pre-register

by calling the college's Community Services office, 656-2631, ext. 208.

## Forum set

Mother-daughter relationships will be discussed Saturday, Nov. 4 as Focus on Women present author Nancy Friday, My Mother Myself, in a seminar.

The seminar will begin with Friday talking about her book and end with a question and answer period. After that, Linda Kay Fritz, psychiatric social worker, will "provide opportunities for exploring, understanding and changing childhood patterns of relating born or the mother-daughter bond."

The seminar will be held in the Community Center Mall. The fee is \$30 per person; ad-

ditional family members, \$20 each. For more information call Community Services, 656-2631.

## Award given

Cheryl Gribskov, community development coordinator at the College in West Linn, recently presented a Certificate of Appreciation by the Clackamas County Employment and Training Agency.

The certificate was presented for outstanding service as coordinator of volunteer services at the Callahan Center in Wilsonville.

**re-elect**  
**SKOKO**  
**COMMISSIONER**  
qualified  
Pd by Re-Elect Stan Skoko Comm. G. Taylor  
2410 S.E. 5th Avenue, West Linn, Ore.



# Halloween is no time to be out all alone

**Come join the crowd at the ASG Halloween Party and Dance Saturday in the Community Center**

The party will get underway at 7:30 p.m., when \$100 in prizes for the best costumes will be awarded. The best couple will receive a \$50 dinner certificate, and the best male and female in costume will each receive \$25 dinner certificates.

The rock band Stratus will be in tune from 9 p.m. to midnight.

Admission is just \$1 for CCC students and \$2 for non-students.



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# classifieds

## wanted

ADDRESSERS wanted IMMEDIATELY! Work at home -- no experience necessary -- excellent pay. Write American Service.

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8350 Park Lane, Suite 127, 0996  
Dallas, TX 75231.

Woman share beautiful new home in woods Rm/B'd for part help w/6yr boy & m. els. Could have outside job. 656-5664 Eves 636-

MOTHER with lots of TLC will babysit any age, any time in Hillendale area, Oregon City. 655-0574

## personal

Hey Tarzan!  
Your Jane is waiting, let's swing

Dennis:  
I'm sorry, please call.

Sue...

Joe...  
Happy Halloween!  
Just cause I luv ya!  
Mary...

Wednesday, October 25, 1978

