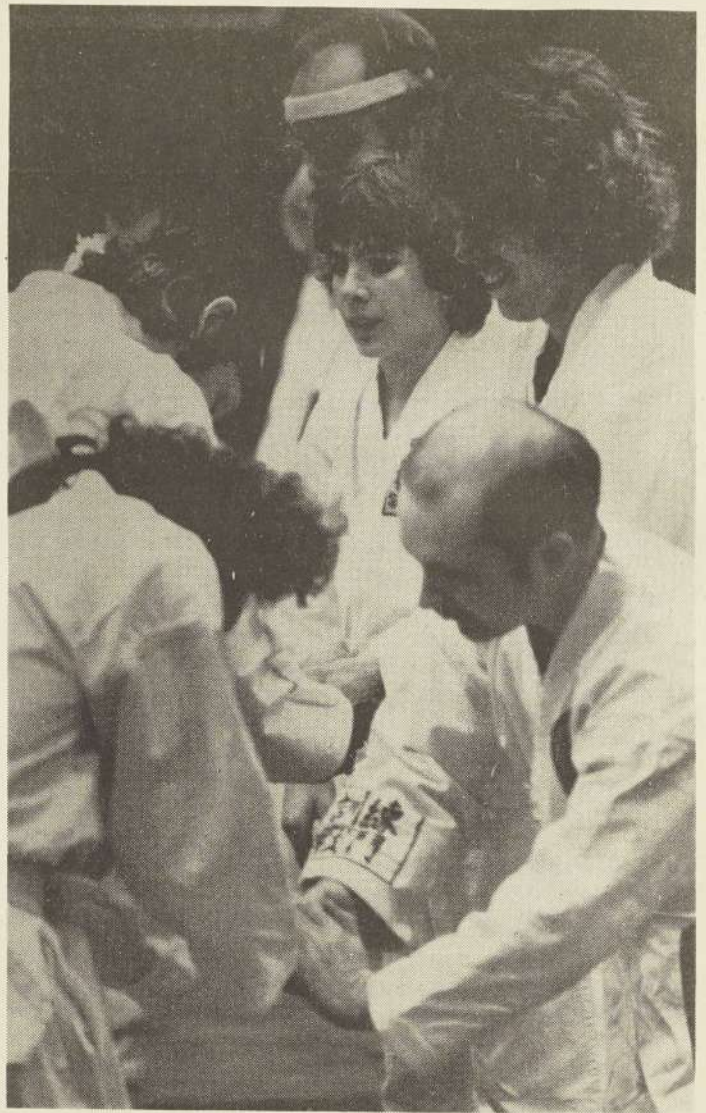




# Martial arts students demonstrate discipline, stamina



Using his head as the penetrating force, black belt David Riley (top) literally leaves the ground as he successfully splits a solid cement block. Riley and his class demonstrated wood and brick breaking, sparred (left) with one another, displayed and practiced good form (center), and showed good sportsmanship and respect for one another at the end of the demonstration with the shaking of hands by each individual.

Photos by Sam Baer

