Five head for Nationals

damas wrestling team
ad five people for the
d tournament in WorthMinn., and took six
for a third place finish at
gonal tournament last

Jones, 158 pounds, was y champion for Clackad upped his record to this weekend wins.

Bergsma, heavyweight,

wrestled for the first time since January when he was put out of action because of a shoulder injury. Bergsma wrestled well enough to take second along with 177-pounder Craig Groener.

Tom Gilbo, at 118, beat North Idaho's man to keep them out of that weight class. It was the only weight the Champions didn't qualify in. Gilbo took third as did Ron Geister at 167.

"We had one disappointment.

ports

widually, Tigard High of product, Dan Slick, finthe year as the Cougars corer with 528 points, of highest single-season in Clackamas history.

te freshman forward was to the 1977-78 Oregon munity College Athletic dation All-Conference

In 1977-78, Slick was min the league in scorwith a 20.2 average; min field goal percent-556; ninth in free throws, and eighth in reboundt9s game.

bench press contest will be Wednesday March 8 at 6:30 in Randall Hall gym.

ent classes will include shool and open divisions. I will be awarded for the esof the contest. Each contestant will be given three attempts at each weight.

There will be a time that the

weight must be held before it

can be released.

The First Annual Grand Rotten Relays were held last weekend in perfectly rotten

The track and field competition was composed of mixed men and women teams. The meet stressed fun and gave the participants a chance to get ready for real competition.

"There were some good efforts by both men and women in several events," Les Tipton, mens track coach said.

"We ran some rotten races in rotten weather and had a good time," Roger Smith, womens track coach said.

Mike Vogele was awarded a takedown with :15 giving him the lead 5-3," Rich Taylor, head coach said. "Then the ref took it away and Mike's opponent got a takedown and it ended 5-3 with Mike losing."

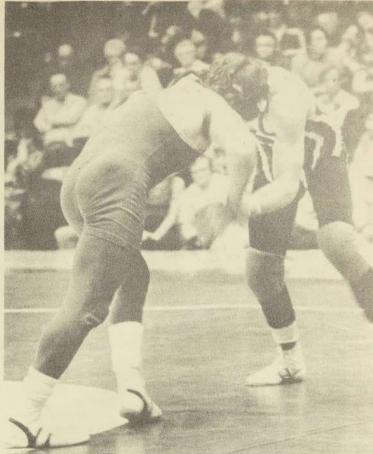
Vogele did manage to qualify for the National tournament despite his setback and placed fourth overall in the 190-pound weight class.

Dennis O'Quinn lost by one point to the Oregon Conference Champion thus losing his chance for the trip to Minnesota. Another possible factor in O'Quinn's loss was cutting 15 pounds in one week.

"We didn't bring the state trophy back, but we dominated the Oregon schools, "Taylor said. "It made the kids feel good that we finished better than those who beat them last week. They had something to prove."

The team leaves Wednesday morning for Minnesota.

"We're all looking forward to the trip. All of our guys can at least win a match, and we're hoping for a couple of place winners," Taylor said.



CCC wrestlers win a third place at the Regional tournament last weekend. Five of them are going to wrestle in the national tournament.



Steve Gustovich stretches out in preparation for spring baseball practice.

Photo by Lorraine Stratton

Coach skips clinic

ciamas baseball coach Peterson, skipped this Pete Ward Baseball Clinic Llewis and Clark College

d, an Oregon native and a parthird baseman for the pathite Sox and the New Yankees of the American A, has built his clinic awell-known baseball pertes. They give a few basic on how to improve your sand fielding.

wh Peterson feels that the serves very little benefit

te clinic is nothing more
show. I've taken players
te on previous years and I
tome away with anything
tell because all the playse tell stories," said Pe-

here are two reasons for moblem, one is the fact bet anything out of the you can't be a little leakeause most of the stuff by to tell you will be over head, or college age, bety the time you get in a you should know most a stuff already," Peterson

ton also pointed out that his get perhaps big name hecause you can't show lence how to hit .368 or the greatest third base-the world.

this problem already the crowd doesn't get the pate in the clinic at terson said. "As for

Community College

the coaches clinic, Lasorda was about as inspirational as a comedian. He tried to keep us laughing all the time."

Len Clarke, of Beaverton, whose Raleigh Hills Little League team won the state championship and went to the regional tournament at San Bernadino, Cal., feels that the clinics have been entertaining, learning, and even emotional.

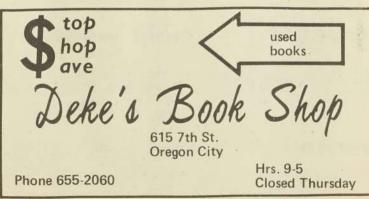
"There's a tremendous benefit from the clinics," Clarke said.
"You are always going to learn something. I took a couple of kids from an all-star little league team a couple of years ago and it was hard to pick out the unique things during the instructional periods. But there are little pointers you don't get anywhere else".

As a little league coach for twelve years, Clarke has found the all-day coaching clinics very beneficial. "The coaches clinic is also entertaining, but very good on in-depth instruction," said Clarke.

"The talk has been heavy on strategy of the game. I've been to three coaches clinics and they really talk team technique," he said. "Lasorda gave the most inspirational talks I've ever heard."

"I feel that the clinics have been beneficial and that the speakers have been very interesting," John Zarnekee, Gladstone High School baseball coach, said "I think Ward should try and operate his clinic like Jack Dunn, Portland State's Coach," said Peterson.





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