

## Welcome to winter

This year's special Winter Recreation Issue attempts to cover a wide range of subjects, hopefully offering something for everyone.

Even though snow sports are big in this area, with the proximity of Mt. Hood and other outdoor recreation sites, there are still those who would rather sit by the fire and sew... or something. This year we have tried to give those among us who are prone to inactivity equal coverage and perhaps some new ideas.

The sports people have not been left out however, we have the latest lift prices, safety tips for combating hypothermia and even some indoor activities for those who don't like to get wet and cold but still want to keep in shape.

Have a good holiday, enjoy our recipes, read a good book, improve your skiing or just sit and enjoy the vacation. And if you do find Bigfoot, be sure to take a good clear picture.

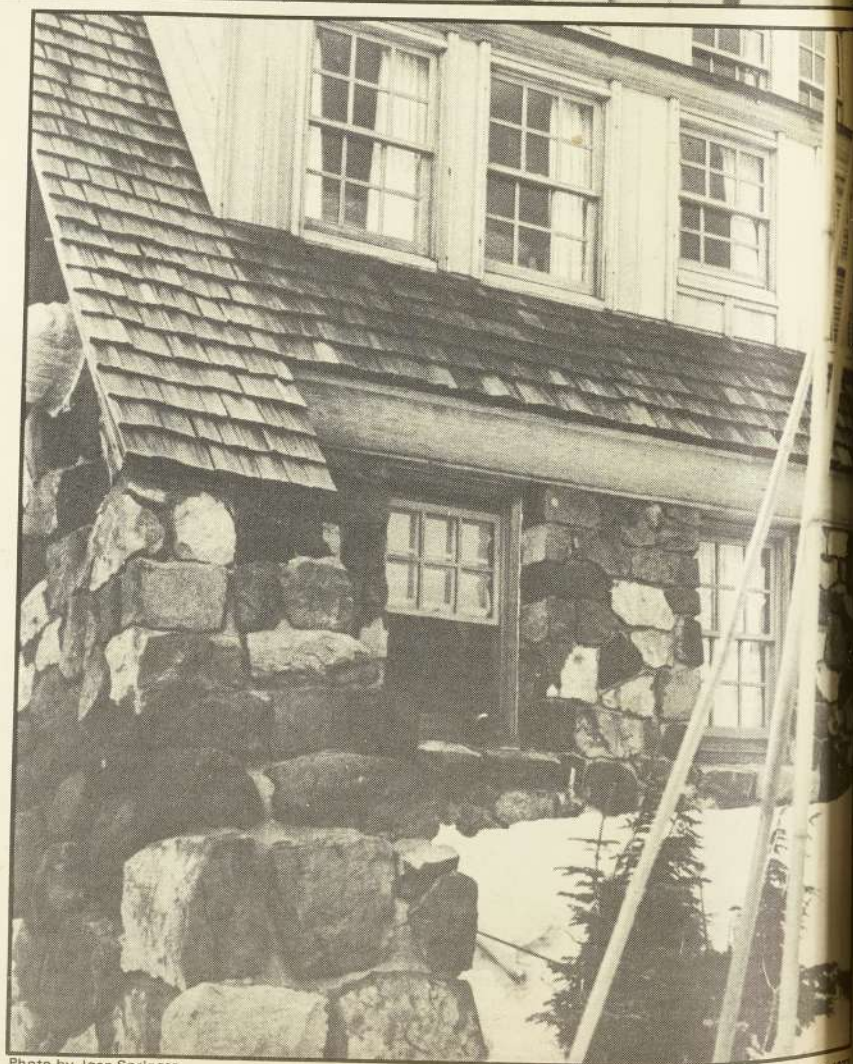


Photo by Joan Springer

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