

Hood offers skiers choice of areas, prices

Now that winter vacation is here and you've decided to go skiing the next thing to do is decide where to go.

The first ski lodge on Mt. Hood is Ski Bowl. Located 53 miles east of Portland on Highway 26, at the base of Government Camp. A few miles up the mountain is Multorpor, which is owned and operated by the same people who own Ski Bowl.

Multorpor and Ski Bowl have four double chair lifts, seven rope tows, two day lodges, two cafeterias, a rental shop, Beer Stube, two ski schools and night skiing.

Both lodges are closed on Monday. Tuesday ski hours are 1 p.m. to 10 p.m.; Wednesday, Thursday and Friday, 9 a.m. to 10 p.m.; and Saturday and Sunday 8 a.m. to 10 p.m.

Ski Bowl offers its own ski school where you may get group, private or class lessons day or night. Bus transportation is also available. For more information call 292-9498.

Mt. Hood Ski School is also located at Ski Bowl. It is Oregon's largest staff of certified instructors. All levels of instruction are taught from pre-schoolers to racing. For more information call 659-1542.

Multorpor and Ski Bowl lift prices are:

Lifts and Tows	Adult	Child
All day (9-5)	\$9.50	\$6.00
Swing (1-10)	\$9.50	\$6.00
Afternoon (1-5)	\$7.00	\$5.00
Evening (5-10)	\$7.00	\$5.00

Rope Tows	Adult or Child
All day and all night (9:00 a.m.-10:00 p.m.)	\$4.00

Season Pass (including night skiing)

Individual	\$180.00
Family 2 persons	300.00
3 persons	400.00
4 persons	500.00
\$50 for each additional child	

Ski Rental	Day	Night
Skis, poles and boots	\$7.00	\$6.00
Skis	\$5.00	\$4.00
Boots	\$3.50	\$3.00
Poles	\$1.50	\$1.00

Timberline Ski Lodge is celebrating their 40th year in operation this year. Timberline was built during the depression as part of the WPA project, located 60 miles from Portland at an elevation of 11,365.

The lodge is a huge stone "castle" build by hand from native materials. The stones are from nearby quarries, giant hand-hewn timbers from the forest below.

The lodge has conference and meeting rooms, a dining room, cafeteria and a lounge. For information call 272-3311 or for reservations call 226-7979.

Timberline's new "Palmer" chairlift brings first year-round skiing to North America. The Palmer snow field has always had snow -- even during the 1976-77 drought. Now that the chairlift is complete, Timberline will have one of the longest lift systems in North America.

Timberline winter lift rates are:

CHAIR LIFT:		WEEKEND		MID-WEEK	
		Adult	Child*	Adult	Child*
All Day	9:30-4:30	\$9.00	\$5.50	\$8.00	\$4.25
Swing Shift	1:00-9:30	8.00	4.25	8.00	4.25
Half Day	9:30-1:00	6.00	3.25	6.00	3.25
	1:00-4:30	6.00	3.25	6.00	3.25
Night	4:00-9:30	6.00	3.25	6.00	3.25
Short Night	7:00-9:30	4.25	2.75	4.25	2.25
All Day/Night	9:30-9:30	10.00	5.50	9.00	4.75

ROPE TOWS - Any portion of day (9:30 a.m.-4:00 p.m.):

Adults	\$3.00
Children 11 yrs. and under	\$2.00

SUMMER CHAIR LIFT RATES:
(May 1 until lifts open below Lodge)

		WEEKEND		MID-WEEK	
		Adult	Child	Adult	Child*
All Day	8:00-4:00	\$8.00	\$5.00	\$7.50	\$4.00
Half Day	8:00-1:00	7.00	4.00	6.50	3.00

*Child rates for 11 yrs. old and under -- Adults over 60 years 1/2 price.

SEASON PASSES: Good for day and night.

	WINTER SEASON OCT. 15- Apr. 30	SPRING/ SUMMER Apr. 1- Nov. 15	ALL YEAR May 1- Apr. 30
First member of family	\$175.00	\$175.00	\$255.00
Second member of family	115.00	115.00	175.00
Third member of family*	65.00	65.00	95.00
Fourth member of family*	65.00	65.00	95.00
Additional family members*	n/c	n/c	n/c
Maximum for entire family	420.00	420.00	620.00

*Dependent children under 21 years of age

Ask about our special "South Side Pass," good at Timberline or Multorpor/Ski Bowl.

Rental rates are:

Alpine and Cross Country	Adult		Child	
	Day	1/2 Day	Day	1/2 Day
Skis, Poles, Boots	\$8.00	\$6.00	\$5.50	\$4.00
Skis, Boots	7.25	5.50	5.00	3.50
Skis, Poles	6.50	5.00	4.50	3.50
Skis only	5.50	4.00	3.50	3.00
Poles	2.00	1.50	1.00	1.00
Boots	3.25	3.00	2.50	2.00

High Performance Demo Skis and snow shoes also available. Reduced rates for 2 or more consecutive days.

CLIMBING EQUIPMENT - Daily only, no age differential

Crampons, Ice Ax, or Helmet	each \$2.50
Boots or Ropes	set 4.00
Packs	each 2.00

Timberline also offers ski instruction. One class lesson is \$6. A book of six class lessons is \$30, and a book of six ski lessons for children age 7 to 10 is \$25.

Mt. Hood Meadows ski lodge is about eight miles around the mountain from Timberline.

The Meadows offers citizens and high school racing for those skiers who want to compete.

Many ski lessons are available. They offer Ladies Day, Children Specials, and a variety of programs.

For more information call 337-2222.

If you go up to Mt. Hood be sure to purchase a sno-park permit. A daily permit is \$1 or a year round permit cost \$5.

The money from the sale of these permits is for the cost of plowing the winter recreation parking locations.

Permits are sold at the Motor Vehicles Division field offices, and at many of the winter recreation resort areas.

Ski instructing - fun way to earn money

Hopie Thacker
The Print

During the week, Joan Deer is a well-mannered, petite library assistant, studying accounting at College. On weekends, she becomes Joan Deer, ski instructor. At 24, Deer has been skiing since she was five and has been a ski instructor for nine years.

"My dad was a ski instructor," she said, "so I got free lessons until the time I took the instructor's training course. It took me several weekends, all weekend long, I passed it. I was 14 and I'm so glad I must have looked about it. Adults really looked at me when I first started teach-

ing. Like all ski instructors in the Northwest, Deer belongs to the Northwest Ski Instructors Association and must keep her teaching credentials current.

"We have to attend a symposium every two years or three weekend classes during the season," she said. "It's like a continuing education thing."

Deer enjoys her extra job as a ski instructor for Western Pros Ski School.

"I teach so I can afford to ski because of the passes, discounts," she said, "but besides making money, teaching is really inter-

esting. "You have to be able to look at someone and see what they're doing wrong--you have to look at their ski tracks, feet and their body as well as the things they're doing so you can tell them about

Last year she taught cross country skiing but spends most of her time teaching downhill or Alpine skiing.

"It all depends on the type of person, whether they want to ski

cross country or downhill," she said. "Hikers would like cross country because its peaceful and quiet and you can get up some speed on virgin slopes. It's also less expensive and you don't have to worry about how you look.

"But if you want to get into certain aspects of the sport then downhill is the thing. You're going faster and making sharper turns, but it is more expensive."

According to Deer, to buy used equipment would cost about \$200 and new equipment would cost \$200 just for the skis and bindings.

"Then you have to have poles, boots, gloves, goggles, sweaters, a hat, jacket and pants. Of course, what you look like in downhill depends on the person but people generally feel better if they're dressed well."

In cross country you can get by with an old pair of jeans, a sweater, gloves and old hat, she said. The boots are also cheaper and more flexible. "They're kind of like a waffle stomper without the waffle soles. I've even seen

people skiing cross country in Addidas tennis shoes."

Downhill boots are a different story, Deer said. "They're like cement blocks--a rigid plastic form that you break your feet into. Many people have the idea that they're breaking in their boots. They're not; they're breaking in their feet.

Deer recommends that people who aren't sure about what they want in the way of equipment and don't have the money for the initial outlay rent from a professional ski shop.

"Make sure it's a professional ski shop that carries new equipment," she said. "Good equipment is essential if you're going to ski and the newer bindings have safety features that old ones don't."

It's also important that skiers make sure that the ski shop adjusts their bindings properly and that they learn how to use them, Deer said.

"There are three objectives to the way we teach," she said, "safety, fun and style."

