# briefs

# Gift wrapping

Techniques for making inexpensive holiday wrapping will be taught at the College Wednesday, Nov. 16, from 6:30 to 9 p.m.

"Wrapping it up for Christmas" is the title of the workshop which will be held in the Community Center, room 101.

Participants will make their designs and gift tags and a \$1 material fee will be charged. Instructor will be Dianna Shaffer, free lance artist.

Information about the workshop is available from the Home Economics office, 656-2631, ext. 286.

### Men's transition

A follow-up to the October Men in Transition seminar will be held Wednesday, Nov. 16 from 7 to 10 p.m. in the Community Center, room 117.

Anyone wishing to continue discussion of the material presented or missing the October workshops are welcome to attend, according to Vincent Fitzgerald, College Counselor and seminar discussion leader.

### Free ski lessons

The Glaciers Edge Ski School is sponsoring a free ski school Nov. 19 and 20 at Timberline Lodge.

Glaciers Edge will bring all of its new rental equipment along with some of the disctrict ski equipment representatives and their new equipment.

Those wishing to learn to ski will be able to check out the equipment of their choice free for one hour. Ski instructors will be on hand to provide free lessons during that hour.

If no one wants the equipment after that initial hour it may be checked out for another free hour. If the instructor is not busy, lessons will continue also, according to Joan Deer, a ski instructor for Glaciers Edge.

"Theoretically this could go on all day," Deer said. "It's strictly promotional, all anyone has to buy is their lift ticket."

# Holiday diets

"Low Sodium and Cholesterol diets and Holiday Foods" is the topic of two workshops to be held at the College Thursday, Nov. 17 at 10 a.m. and 6:30 p.m. in the Community Center, Room 101.

Dietician Pat Conroy will present recipes and ideas for low sodium and cholesterol cooking. Coping with special diets during holidays will be explored during the free program.

Information is available from the Home Economics department, 656-2631, ext. 286.

### **Christian Science**

Harold Rogers, Christian Science lecturer, will speak at the College Nov. 19 at 2 p.m.

Rogers' lecture will be entitled "From Hell To Heaven." He will explain how one can win freedom from hellish troubles as they change the base of their thought from self-centered thinking to God-centered thinking.

This change in thought can be expedited through Christian Science, thus enabling one to enjoy better health, morals, and careers right now, according to Rogers.

# Security seminar

"Operation Identification." locks and alarms, security surveys, block organizations, personal safety and burglary prevention will be on the agenda of a free Security Seminar to be offered at the College.

The program is set for Tuesday, Nov. 15, from 2 to 4 p.m. in the Community Center, Room 117.

A film "Vulnerable to Attack," and two slide presentations on "Residential Security" and "Farm Security" will be shown during the seminar. Instructors for the seminar are Roi Hokinson, Clackamas County Rape Victim Advocate Program, and Jerry Greene, Clackamas County Sheriff's office.

For more information contact the community service office, 656-2631, ext. 232.

# Natural food

The Northwest Natural Foods Conference, sponsored by the Cascadian Regional Library (CAREL), will be held Nov. 11 through 13 at Camp Adams in Molalla.

The conference will focus on a variety of topics including cooler maintenance and consumer education, but will also emphasize better communication and encourage local self-reliance. The schedule includes panel discussions and day-long access to resource people who can answer legal and managerial questions.

Registration at the site is stickets are adults \$6 for six late, meals and \$3 for children. For mation contact Sue Rhodes or \$ ard at 656-5624, Eugene.

# TM meeting

Students and faculty are invited the lecture on Transcendental V. Technique. The lecture will be had 10, 8 p.m. at Randall 101.

# Scholarship

Applications for a \$330 Clackard Credit Association scholarship are in the Financial Aid Office.

Applicants must be enrolled in credit courses and must be Clackana residents. Criteria are academic perhability and financial need.

Since competition seems to be year, this may be a golden opport apply, according to the Financia Applications must be in by Nov.15



# classifieds

# help wanted

S.E. PORTLAND AREA: Assistant Manager needed to deliver bundles of papers for paper carriers. Hours would be 2-5, M—F and 10-12 on Saturdays with a monthly salary of \$175. Call ext. 213.

OREGON CITY: Waxing and cleaning grocery store, no experience necessary. Hours would be 8:30 p.m. – 12:30 a.m., Monday through Thursday. Call ext. 213.

OREGON CITY: If you would be interested in learning the cabinet-making trade while attending school and make \$3.50 per hour, stop by the placement center for additional information.

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# for sale

RESEARCH PAPERS—Our 224 page catalog lists detailed descriptions of over 6500 research studies, also details our custom research service. We'll rush it airmail: Send \$1.00 to Pacific Research, Box 5043, Seattle, WA 98105.

JEFF—I BET YOU thought I was going to ask you if you hit any cars lately. Did you? Marlene.

MUST SELL: Two beautiful 10-speed Takara bicycles. Excellent condition. New. Call Craig or Marcia: 655-9570.

REFRIGERATOR, White apt-size Sears 1-year old. \$150. Dian 651-2065 or leave message in publications trailer.

## personal

TO WHOM IT MAY CONCERN: Please \$100 violent personals. I hate violence. Low. Take it easy, the world's end is near.

DEAR CAESAR, Sorry I missed vou but Chariot had a flat tire. Meet me at the distribution of the company of the

DEAR ARTS ED.: Temperamental, atell Well if you are looking for a fight-put of gloves baby. Let's start round 2. The Is Stallion.

Thursday Novambe

