

Counselors solve personal problems

College's counseling staff does more than help students plan their classes and write papers. They are also available to help with other problems, including more personal nature, according to the staff, counselor.

Our counselors find that there is a great need for personal counseling in their academic or vocational advising.

advising for programs and courses and a natural discussion concerning the student's life style and relationships on a personal level," Fitzgerald said. "The children are an extension of the involvement much of the time."

Working with couples many times requires sessions and the counseling staff refers to Mental Health and other agencies when the need arises, Fitzgerald said.

It should be recognized that referrals are made to our college counseling staff," he said. "Our counseling staff is dedicated to whatever support members of the community are seeking."

A woman was sent over to counseling at the employment office," said Bernie Nolan. "She had been out of school for many years and wanted to explore career alternatives but didn't know where to begin." After talking with a counselor she took interest tests and the placement test. "She then became involved in special programs such as Focus on the future which provided a comfortable transition to college."

Another woman is making arrangements for the woman to visit classes that interest her.

One of my roles as a counselor is to help a system for students who lack confidence or doubt their competency," said Evans. "They can use me as an instructor, an objective observer, to bounce ideas and feelings."

A woman came in who was shattered by the death of her husband. "Nolan said. She is moving toward the development of goals and a life plan on her own."

The woman is in charge of her own life. She is as a catalyst to enable her to see that she can build her own life and be respon-

sible for herself," Evans said.

Confidence is a major problem among students, especially those returning to school after being out in the world and raising a family or working a job.

"A woman came into counseling to take her high school General Education Development test," said Kent Heaton. "When she passed the GED she wanted to go into the licensed practical nurse program but was afraid to take the nursing pre-readiness test.

"Counseling encouraged her to take some courses to prepare for the test which she then passed," Heaton said. With on-going counseling support, she graduated as a Licensed Practical Nurse. After successfully practicing as an LPN in the Portland area she is returning to college to finish her registered nurse degree.

Counselors at the College also can help a student plan a new curriculum if the one being studied does not fit a change in attitude or inclination.

Buck Monroe helped a student change from a vocational curriculum he didn't like to a transfer program he had felt he was "too dumb" for.

After taking the placement tests he surprised himself by scoring at college level on the math tests.

"The student has graduated with an associate of arts degree and is presently studying upper division work at Oregon State University," said Monroe.

"Counseling can allow a person to take a fresh look at his or her goals and plan a new path," he said.

Counselors can also advise students about transfer curriculums to prevent duplication of classes.

When a student came into Mary Oldford's office to have his transcripts checked to see what additional classes he might need to transfer to OSU, Oldford found that the student was duplicating a sequence and wouldn't receive full credit for both of them.


"A schedule was planned for winter and spring that would insure full credit for transfer," Oldford said. "It pays to have your transcripts checked over."

Counselors are available from 8 a.m. to 5 p.m. daily and students are urged to consult


them about any problems they feel they might need help with.

"It must be noted," Fitzgerald said, "that inasmuch as many needs arise during an initial session before the student may have even registered for classes, we are aware that actual registration in classes is not required to make use of our extended counseling services."

DO IT FOR HER



Put on your **SEXY** Blue jeans
EXPOSE your masculine chest and watch **HER SMILE** as she opens her personal **PLAY GIRL** portrait gift by



Photography
by
Fudge
2607 SE Hawthorne

Rock, gem show set


The Fourteenth annual Rock and Gem Show, presented by the Clackamas Mineral Gem Corporation, will run from 9 a.m. to 6 p.m. on Sat., Nov. 12 and from 10 a.m. to 6 p.m. on Sun., Nov. 13 in the Community Center Mall.

Included in the displays will be a piece of fossilized wood over one million years old, a rock built from rock, a complete dinner set of rock and a farm made from petrified wood, according to Floyd Davis, show manager. There will also be a fluorescent slab rock display.

Jewelry will be available for sale at the show. This jewelry is made from gem stones, petrified wood, and other rock forms found in the area.

Burgers, chili, soup, salad and home-made desserts will be available at the show. Prizes will be given away every hour. Some of the prizes are jewelry, rock tumbler and gift certificates.

For more information on the show, or to contact Bernie Schultz, assistant showman, at 656-3347.



STUCK FOR BUCKS?

If you can work
any day of the week
and you're 16 or older

POOR RICHARD'S RESTAURANTS
can solve your problem.

**NOW
HIRING**

part-time, full-time
day and night
bus help and cook trainees

OVER 21?

also hiring waiters and waitresses

APPLY IN PERSON AT EITHER LOCATION
16321 S. E. Stark or
N. E. 39th & Broadway

EVERY TUESDAY from 2 to 4 p.m.

