

ession stressed

# Dance moves toward innovation

and leotards are the mode of dress of innovative physical education classes begin offered at Clackamas Community College this term. The contemporary and interpretive dance classes are taught by Jane Rickenbach.

Dances are disciplined structure form meant done to the pulse," said Rickenbach. Learning to work from the body is important, but according to Rickenbach a dancer must learn to be relaxed.

The purpose of the class is to learn to work with your body senses, free to move, warm up the body and keep control and become expert. The ultimate goal of learning deep free expression," said Rickenbach.

Do not confuse the different types of dance," said Rickenbach. "It is an incorporation of ballet with more freedom." Rickenbach teaches her course more like modern dancing where as some class lean toward jazz or ballet. The class will have leaping and skipping. "You use a sense and energy," she said.

During the first half of the course there is stretching and toning up. The second half of the course will be devoted to learning music and Adagio--self-contained movements. The ability to interpret is also part of the class. The student must interpret trees, and other animate objects in movements. Each class will end with a problem to be worked out.

Rickenbach incorporates choreography in her classes and each student will have to create choreography as part of the class.

Some dance classes use orchestras to accompany, but Rickenbach prefers drums



Student and teacher demonstrate modern dance techniques as LeRu Bevens and instructor Jane Rickenbach perform. Photo by Marlene Clark

and percussion. She will also utilize records.

There will be plenty of room for floor work on the wooded expanse of the Martial Arts Center on McLoughlin Boulevard, where the class is held, Rickenbach said.

"Transportation will be no problem," said Rickenbach. "Students make friends easily and I will also be available for rides .

The class is Tuesday and Thursday from 1-2:30 p.m. Students also have permission to use the center any other time at no cost. Late registration will also be accepted, Rickenbach said.

Rickenbach encourages men to sign up for the class as it is "a terrific way to tone up and keep in shape," she said.

## Real life film pieces set by focus program

During the month of October the Focus on Women series will be starting another year with new seminars and special events.

On Oct. 6 a seminar about "Love and Grief" will be held in CC 117, from 7 to 10 p.m. The speaker will be Carolyn Taylor. This session will include a group discussion after presentations of individual experiences and some factual information. The seminar's purpose will be to help persons cope with loss and grief, the process of grief and how to deal with it. Pre-registration is encouraged and the seminars cost \$1 per person.

"Real Life" is the fall special event. It is a series of films about women. Each film has a discussion leader and will be presented in CC 117.

On Oct. 4 at 11 a.m. and 7 p.m. "The

American Parade: We the Women" will be shown. It is narrated by Mary Tyler Moore. The film traces the history of the women's movement from colonial times to the present.

On Oct. 11 at 11 a.m. and 1 p.m., "Sex Role Development" will be presented. This film will explain stereotypes and how sex roles influence everyone's lives. It explores how they are instilled from generation to generation and will also tell what some people are doing to change these roles.

The film "Rape Culture" will be shown on Oct. 25 at 11 a.m. and 7 p.m. It will examine some of the reasons for rape by looking at male/female behavior and social forces. Rapists, victims and rape crisis workers will be giving their insights and feelings.

## Repertory theatre to produce 'Count' play

The Clackamas County Repertory Theatre will present Charles Fechter's "The Count of Monte Cristo" in the McLoughlin Theatre Oct. 19 to 21 at 8:30 p.m.

The play is based on the James O'Neil version of the one originally written by Alexandre Dumas. It is about a young sea captain who, having achieved a moderate amount of success, is thrown in prison on his wedding night.

John Newton, the musical coordinator of the performance, has written some original music for the play.

"Because the play deals with a highly emotional theme I am using period music to accent the emotions, and because the play was written in a time when plays tended to be a bit wordy, we are using lighting and music as opposed to wordiness," said Newton.

## arts briefs

The crazy comedy group Duck's Breath Theatre will be performing at Clackamas Community College in the Community Center Mall on Sept 29 at 8 p.m. Tickets are \$1.50 for students and \$2.50 for the general public. For more information call 555-2531, ext. 340.

The Erick Hawkins Dance Company will be performing Oct. 10 and 11 at the Portland Civic Auditorium at 8:15 p.m.

Billy Joel will be performing Tuesday, Oct. 4 at Paramount Theatre. The concert will be at 8 p.m.

Carlos Montoya returns to the Portland Auditorium Oct. 6 at 8 p.m.

Montoya has been an accompanist to some of the greatest Flamenco dancers, and now performs alone.

He will play his own arrangements which are based on "Spanish Gypsy traditions". For tickets call Northwest Releasing.

The Doobie Brothers will be performing Oct. 7 at 8 p.m. at the Memorial Coliseum.

The Doobie Brothers special guest will be Tribo Cruise.

Thursday, September 29, 1977

