

New weight lifting helps condition winter athletes

by Marilyn Leonard

A Universal gym, thigh machine, dumb and bar bells have been in action for the past few weeks as off-season athletes get into condition for the winter and spring sports.

Under the direction of Lanny Sparks and Ed Rooney, the boys work out in the apparatus and wrestling rooms. The sessions are open to all athletes not participating in fall sports on Monday, Wednesday, and Friday

Junior gridirons aim for top berth in schedule finale

The frosh and junior varsity football teams have remained undefeated so far in the league and are looking for victory in their three remaining games against Franklin, Cleveland, and Marshall.

Coach Roy Harrington's JV team downed their last opponents, Benson, 27-14 in a close first half and large scoring second half. At the end of the first half the score was 3-2, Grant's favor.

Top scorers for the team are sophomores Jackie Chin and Gary Coghill; juniors Bill Hjelm and Ed Geist who ran a punt return back 60 yards for a touchdown; and the whole defensive line proved strong in the games.

Coach Harrington called the second half of the Benson game the "most outstanding and inspirational half I've ever experienced."

Turning to the frosh, who seem to be looking for a trophy to add to the trophy case. Although the frosh league is pretty balanced, the G-men have easily beat their last opponents with scores of 34-0 and 18-6.

Running backs Dave Gable and Marc Brans, along with Kirk Saluva and Dan Griffin, have proved strong competition for any opposing team.

Both the JV and the freshmen will have their toughest games against Franklin.

after school until 4:30.

The Universal gym was first spotted by the coaches, Dr. Roy Malo, and Hubert Shovlin in the summer of '66. Plans to buy the "gym" were held up because of that old problem—no money; however, a local sports dealer offered the "gym" to the school on the condition that it would be paid for by the end of the year.

Thanks to such fund-raising events as the KISN Good-Guy basketball game, donations from the Dads' club, the P.T.A., the class of '67, the Royal G's, the proceeds from the gym show and the soft drink machine in the boys' gym and many more fund-raising programs, the Universal gym was bought for about \$2500.

Some of the other equipment such as the thigh machine still have to be paid for but the fact that the main body of the "gym" was bought in June, seven months before the December deadline, assures the school that we're not in danger of losing the new equipment.

The best features of the machine are the eight different stations, the various weight sizes, and the fact that a teacher can run a whole class through the "gym" in 30-35 minutes.

by Marilyn Leonard

The sweetest sounds a football team could hear are the sounds of "Victory." Victories like 15-6 and 26-0 make any team happy but upcoming opponents like Franklin and Cleveland can change that attitude greatly. For a good team, the only real victory will be the one that gives them the city championship.

First rated team in the Green division of the PIL is the Franklin Quakers; but hard luck and lots of injuries have hampered the team and caused them to go down in the league standings.

Great losses to the team are tackles Ken Bolder, and 205-pound Dan Velander. Also missing the game will be top runners John Stuble and Don Loomis.

"Injuries have made our team almost physically unable to play the good football that they wanted to play against Grant," commented Quakers' Coach Walt Buckiewicz. "The team's really down now but I hope we can give Grant a good battle."

Coach Frank Wolf is not altogether confident on winning although he was pretty sure the Generals would "take care of Franklin." "When a team is



GENERAL ON THE MOVE is Ron Brown (43) who's heading for the Washington goal line as Kurt Heinz (10) blocks out Colonial defense.

down with injuries like Franklin is, they just may put out an extra effort and that could cause trouble."

More trouble could come from the Indians of Cleveland. Rated third in the Green division, the

Indians are noted for their fast-moving offense which has surprised many strong defenses.

Size and speed helps this team out a lot. Big and fast on the team are Bob Mallory, 252 pounds; Bill Engles, 236, and Tim Culbertson, 232. A fast-moving team of Walt Reynolds, quarterback, and Tom Rosendahl will be strong again in the game. Reynolds hit 81 of 139 aeriels last year and Rosendahl caught 39 passes in the first five games.

Two hundred fifteen-pound Roger Smith will keep the game honest on the defensive line as well as causing some trouble for the offense. Despite his size Smith can run 100 yards in 10.5 seconds.

Cross-country teams 'best' in league



THEY'RE OFF! Turning the bend and heading for the home stretch, Grant's cross-country team takes another meet; while the JV football squad works out.

by Marilyn Leonard

Weather—cool, cloudy, intermittent rain, windy. Course—wet, firm except several muddy or slippery spots. Time 13:07.0 (old record of 12:42.9 stands). Score: Corvallis 32, Grant 47, Marshall 84, South Salem 99, and Wilson 112.

This is the record of perhaps the toughest meet the Generals will have before the cross country city and state championships. Although Grant came out second in the meet, the team did beat out the PIL competition in the meet; two

G-men were in the top five, Chuck Kensey coming in first and Bruce McCormick taking fifth; and the meet assured the championship in any city dual meets unless the team completely collapses.

Corvallis is the defending state champion and Coach Mark Cotton admits that the team will be tough again this year.

Also participating in the meet were the junior varsity and frosh teams. Both teams are still undefeated but both teams still face the toughest competition the league has to offer in their next meet against Franklin and Madison. The meet will be a home meet for the Generals at Fernhill park.

The next meet will see the Generals up against Benson, Franklin, Lincoln and Jefferson. Benson's Mike Hann, state champion in the 2-mile as a freshman, is now a junior and the race for first should be a tough one.

Franklin's JV and frosh teams are also undefeated, making the meet a challenge for the underclassmen. Top runners for the juniors are John White and John Othus. White came in first in the Grant-Wilson-Marshall meet. In the last meet White came in tenth.

Scoreboard

Football

Grant 15 — Benson 6
Grant 26 — Washington 0

JV

Grant 13 — Wilson 6
Grant 27 — Benson 14

Frosh

Grant 34 — Wilson 6
Grant 18 — Benson 6

Cross-Country

Varsity

Metro League

Corvallis 32 S. Salem 99
Grant 47 Wilson 112
Marshall 84

PIL

Grant 21
Marshall 84
Wilson 67

JV

Grant 23
Wilson 61
Marshall 63

Swimming

Girls

Grant 86 — Roosevelt 13
Grant 60 — Lincoln 45
Grant 48 — Wilson 56

Boys

Grant 81 — Roosevelt 14
Grant 60 — Lincoln 35
Grant 41 — Wilson 54

Intra-mural league opens season; face Catlin Gabel field hockey team

With the possibility of all sports being dropped, the intra-mural sports seemed out of the question; now that the "Save the

PIL" project is past and successful history, the intra-mural sports will be in action again.

Under the coaching of Miss Caroline Fitzwater, the advanced gym classes will participate in field hockey, track, basketball, gymnastics, and badminton.

The field hockey teams will play their first game against Catlin Gabel; but so far a date hasn't been set for the match.

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