

# Scuba diving gains popularity

by Paul Muir

Self Contained Underwater Breathing Apparatus, better known as Scuba, is becoming a popular sport, according to senior Jay Smith.

"It is still young but quite advanced," stated Alex A. Maleski, chairman of the Conference for Co-operation in Aquatics here in Portland.

Seniors Cynthia Evans, Jay Smith, Gaye Pearson, and juniors Ray Elder and Duane Wallace are interested in scuba diving.

"It's a fabulous sport and opens up a whole new world," stated Cynthia.

"It's freedom from the noise of the world," commented Jay.

"I really love it," says Gaye.

Cynthia does most of her diving at Newport, Puget Sound, or Lake Tahoe. Jay does most of his diving in the Columbia and Lake Chamberlain.

Gaye does her diving with the Portland Sea Searchers

at Buck Mountain or Hood Canal. Ray's diving is done at Pacific City and Indian Beach.

Duane doesn't scuba dive yet, but he is going to take lessons in the near future.

The essential equipment consists of tank, regulator, mask, weight belt, and swim fins. A wet suit which keeps you warm is optional along with the depth gauge. In this part of the country, a wet suit is almost necessary because of weather, while in other parts where the weather is warmer none is needed. Their cost is about \$250.

If a person doesn't know what he is doing while under water, serious complications could occur. The two basic things to know are the procedure for ditching the equipment in case of trouble and to never dive alone; always have at least one partner with you, according to Mr. Ma-

leski.

"It is foolish to dive without the proper training," stated Jay.

A person can have a humorous time if he knows what he is doing. There is spear fishing, treasure hunting, or just looking around for scenery and much more.

You must take lessons before trying to dive. Most diving equipment shops give them during the fall and spring. After graduating, a license is given to the people entitling them to dive. If the person is not physically fit and mentally awake, he will not pass the course.

# Girls' team begins morning practice

With returning senior players and a month of practice ahead, the varsity girls' basketball team is planning a "busy" season.

Under the direction of Miss Joan Egbers, team members include seniors Gwen Stone, Cindy Barrett and Kathy Callahan. Juniors participating are Hedda Klump, Kellie Brrett, Karen Richey and Sylvia Bond. Sophomores include Betty Woodward and Toni Schlinkmeier.

The team came in third in the Park league last year. Miss Egbers commented, "Marshall will be a tough opponent, as will a non-school team, the Junior Rosebuds."

# Frosh wrestlers down Roosevelt in opening meet

by Mike Cochran

Taking over the reins as the new frosh wrestling coach, Bill White engineered his Privates to a 55-8 throttling of Roosevelt's frosh in their opener last Thursday as the junior varsity continue training.

A small turnout on the side of the Roosevelt team plus a good effort by the Privates accounted for the lopsided score, according to Coach White.

With a turnout of approximately 45 boys for the sport, Coach White expects to have a fairly strong team. He cited Ray Denfield, Dave Powell and Ward Bruner as looking real good so far this season.

Next Thursday the frosh grapplers will wrestle Washington there at 4 p.m. in their third league meet in a season that will see the frosh meet each PIL school once.

Composed mainly of sophomores, the junior varsity wrestling squad is a program used primarily for those boys needing more work on fundamentals and with the weights to build their strength.

Coached by Lanny Sparks, the J.V. team follows no set schedule as such. Instead, they will follow either the varsity schedule or the frosh schedule.

"The schools we wrestle depends a lot on their turnout," said Coach Sparks. "If they have a lack of sophomores we usually don't wrestle them. Thus we'll meet mostly the larger schools."

Once a week wrestlers on the J.V. level are allowed to challenge the second man at the varsity level. Consequently any good prospective wrestler Coach Sparks may have can move up to varsity.

# Bates, Cole chosen for Invitational meet

Senior Onia Bates and Chris Cole have been invited to compete in the Oregon Invitational indoor track meet January 28 at Memorial Coliseum. Theeta Moore is an alternate.

Bates will not compete in the high school division, but will enter the open class in the 60-yard dash and long jump.

Chris will enter the 440-yard dash for girls, and Theeta is an alternate in the 60-yard dash.

# Citations

by Mike Hoffman

Next year's divisional league selections have been made, and we are in the "Green" division along with Benson, Cleveland, Franklin, Marshall, and Washington.

The football team will play each of these teams once, the basketball team will meet each team in its division twice. As of now the baseball team will continue its 22 game schedule.

What is the outlook for next year in this division? It looks pretty good for the Generals according to our previous battles against these teams.

Against Benson in football our 4 year record is 3-0. In basketball during the last three years it is 5-1. Baseball for the past six years is 10-2. Total—18 wins, 3 losses.

Cleveland is the next team and we are 2-0 in football, 6-0 in basketball, and 8-4 in baseball for a total of 16 wins, 4 losses.

Against Franklin it is 3-1 in football, 6-0 in basketball, and 8-5 in baseball for a 17 win, 6 loss record.

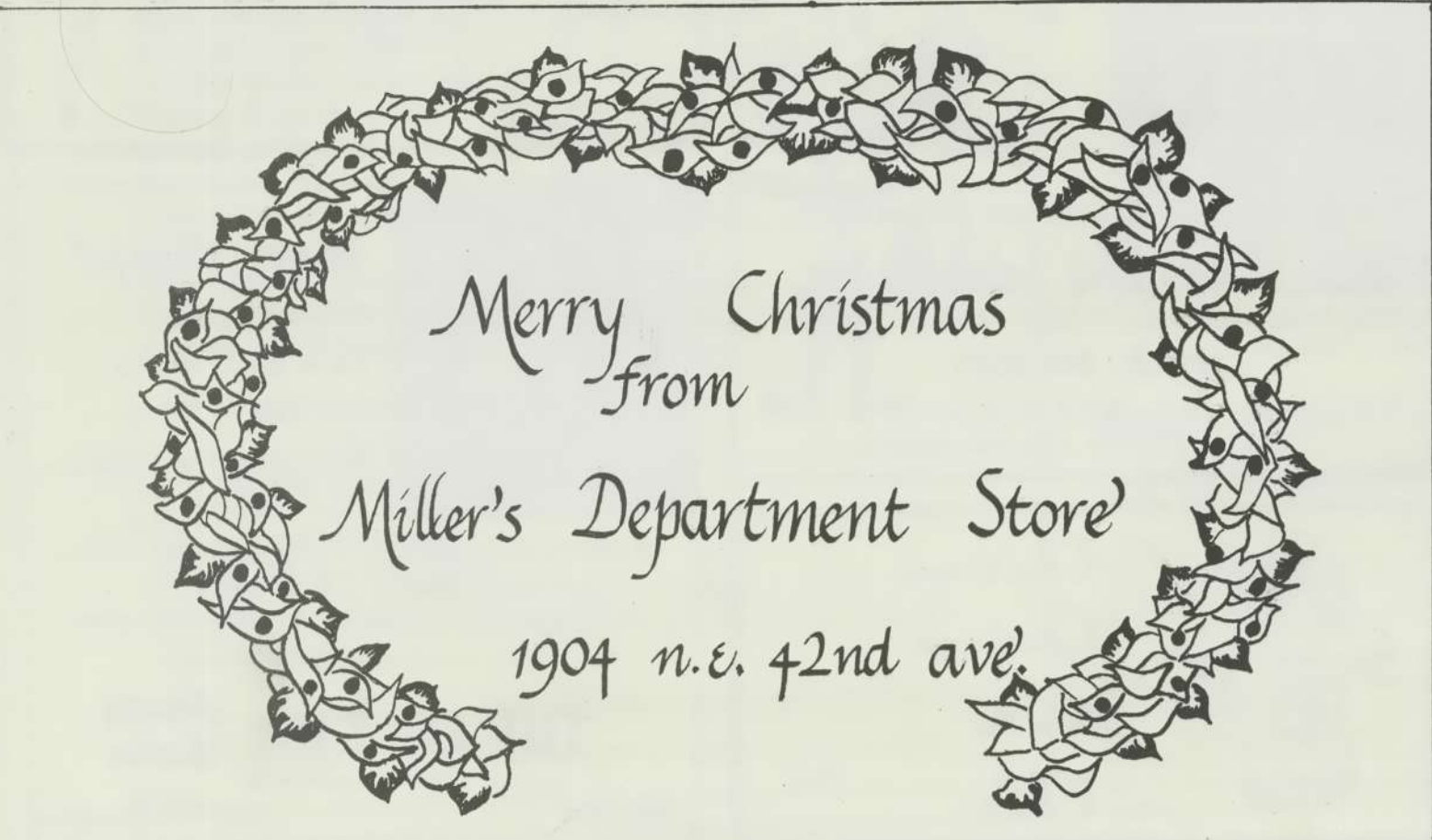
Against Marshall we have excelled with a 4-0 record in football, 6-0 in basketball, 9-3 in baseball—19 wins, 3 losses.

Washington is the last member of our division, and has been the toughest competition. We are 3-0 in football, 3-3 in basketball, 7-5 in baseball for a 13 win, 8 loss total.

In football and basketball alone against these 5 schools, the combined total is 41 wins, 5 losses.

According to our past record, we are solid favorites to win our division next year in both sports





### Junior Varsity Basketball Schedule

Games at 5:30 or 8:00

**FIRST HALF**

December 6—at Madison, 5:30  
 December 9—Washington, 6:00  
 December 13—Jefferson, 5:30  
 December 16—at Franklin, 6:00  
 December 20—Jackson, 5:30  
 January 6—Marshall, 6:00  
 January 10—at Benson, 5:30  
 January 13—Lincoln, 6:00  
 January 17—Roosevelt, 5:30  
 January 20—at Cleveland, 6:00  
 January 24—at Wilson, 5:30

**SECOND HALF**

January 27—Madison, 6:00  
 January 31—at Washington, 5:30  
 February 3—at Jefferson, 6:00  
 February 7—Franklin, 5:30  
 February 10—at Jackson, 6:00  
 February 14—at Marshall, 5:30  
 February 17—Benson, 6:00  
 February 21—at Lincoln, 5:30  
 February 24—at Roosevelt, 6:00  
 February 28—Cleveland, 5:30  
 March 3—Wilson, 6:00

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