

**WE'RE OFFERING HEALTHY VIRTUAL EXERCISE CLASSES**

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**LINCOLN CITY COMMUNITY CENTER**  
2150 NE OAR PLACE • 541-994-2131  
WWW.LINCOLNCITY.ORG/COMMUNITYCENTER



**KYAQ is on the air keeping you up to date on COVID-19**

**Please Stay Home! Wear masks! Practice Social Distancing! Wash your hands!**

541-272-5200



**2 CENTRAL COAST LOCATIONS**  
**Depoe Bay & Waldport**  
104 NW Hwy 101 (541) 614-4319    220 Alsea Hwy (541) 563-4200

**\$50 OUNCES**  
**\$10 DABS**  
**\$9 EDIBLES**  
**\$15 CARTRIDGES**  
**\$3 1-GRAM PREROLLS**  
(WHILE SUPPLIES LAST)



**Skip The Line & Order Online @ MrNiceGuyOR.com**

Do not operate a vehicle or machinery under the influence of this drug. For use only by adults twenty-one years of age and older. Keep out of reach of children.

**The Spectacular Toledo Swap Meet**

Toledo Memorial Field  
June 28th | 8 a.m. to 3 p.m.  
385 NW A Street Toledo, Oregon

Auto Parts • Motorcycle Parts,  
Tools • Household Items • Toys  
Furniture • Clothes • Antiques,  
& Other Cool Stuff!

Find what you've been looking for or get rid of what you can't use!

Everyone is Welcome!  
All Proceeds Go To Charity!  
Waterfront Market Vendors will be there!



Inspired by your special bond

**Urgent Care**

**Medical Office – Manzanita**

10445 Neahkahnie Creek Road | 503-368-2292

Monday – Friday 8 am – 6 pm  
Sunday and holidays 10 am – 4 pm  
Beginning July 1: Saturday & Sunday 10 am – 6 pm

**Medical Office – Plaza**

1100 Third St., Tillamook | 503-815-2292

Monday – Friday 8 am – 6 pm  
Saturday 10 am – 6 pm  
Sunday and holidays 10 am – 6 pm

**Medical Office – Lincoln City**

1105 SE Jetty Ave., Lincoln City | 541-614-0482

Monday – Friday 8 am – 6 pm  
Saturday Closed  
Sunday and holidays 10 am – 4 pm

AdventistHealthTillamook.org



A service of Adventist Health Tillamook RHC/Medical Office Network

**Tillamook Bay, Garibaldi**

Date	Low Tides	High Tides
Thurs., May 14	12:44 am 3.8 1:19 pm 0.6	6:32 am 6.7 8:25 pm 6.5
Fri., May 15	2:00 am 3.6 2:18 pm 1.0	7:40 am 6.2 9:19 pm 6.7
Sat., May 16	3:12 am 3.0 3:13 pm 1.3	8:52 am 5.9 10:04 pm 6.9
Sun., May 17	4:10 am 2.3 4:02 pm 1.5	9:59 am 5.9 10:42 pm 7.2
Mon., May 18	4:57 am 1.6 4:46 pm 1.7	10:58 am 6.0 11:16 pm 7.6
Tues., May 19	5:38 am 0.9 5:27 pm 1.9	11:51 am 6.2 11:50 pm 7.9
Wed., May 20	6:16 am 0.2 6:05 pm 2.2	12:39 pm 6.3 --- --
Thurs., May 21	6:53 am -0.3 6:42 pm 2.5	12:22 am 8.1 1:25 pm 6.5

**Siletz Bay, Lincoln City**

Date	Low Tides	High Tides
Thurs., May 14	1:14 am 2.4 1:44 pm 0.1	6:11 am 5.0 8:27 pm 5.0
Fri., May 15	2:34 am 2.2 2:42 pm 0.4	7:28 am 4.6 9:15 pm 5.2
Sat., May 16	3:43 am 1.8 3:34 pm 0.6	8:45 am 4.4 9:55 pm 5.4
Sun., May 17	4:37 am 1.4 4:20 pm 0.9	9:52 am 4.4 10:28 pm 5.6
Mon., May 18	5:21 am 0.9 5:00 pm 1.1	10:50 am 4.5 10:57 pm 5.8
Tues., May 19	5:59 am 0.5 5:36 pm 1.3	11:40 am 4.6 11:24 pm 6.0
Wed., May 20	6:34 am 0.1 6:11 pm 1.5	12:26 pm 4.7 11:52 pm 6.2
Thurs., May 21	7:08 am -0.2 6:45 pm 1.7	1:09 pm 4.9 --- --

**Yaquina Bay, Newport**

Date	Low Tides	High Tides
Thurs., May 14	12:36 am 3.5 1:06 pm 0.2	6:02 am 6.4 8:18 pm 6.5
Fri., May 15	1:56 am 3.2 2:04 pm 0.6	7:19 am 6.0 9:06 pm 6.7
Sat., May 16	3:05 am 2.7 2:56 pm 1.0	8:36 am 5.7 9:46 pm 7.0
Sun., May 17	3:59 am 2.0 3:42 pm 1.3	9:43 am 5.7 10:19 pm 7.3
Mon., May 18	4:43 am 1.4 4:22 pm 1.6	10:41 am 5.8 10:48 pm 7.6
Tues., May 19	5:21 am 0.7 4:58 pm 1.9	11:31 am 6.0 11:15 pm 7.8
Wed., May 20	5:56 am 0.2 5:33 pm 2.2	12:17 pm 6.2 11:43 pm 8.1
Thurs., May 21	6:30 am -0.3 6:07 pm 2.5	1:00 pm 6.3 --- --

**Alsea Bay, Waldport**

Date	Low Tides	High Tides
Thurs., May 14	12:50 am 3.3 1:31 pm 0.5	6:27 am 6.0 8:19 pm 5.8
Fri., May 15	2:00 am 3.2 2:28 pm 0.8	7:35 am 5.5 9:11 pm 5.9
Sat., May 16	3:09 am 2.8 3:21 pm 1.0	8:44 am 5.3 9:57 pm 6.1
Sun., May 17	4:11 am 2.2 4:10 pm 1.2	9:50 am 5.2 10:36 pm 6.4
Mon., May 18	5:04 am 1.5 4:55 pm 1.4	10:51 am 5.2 11:12 pm 6.7
Tues., May 19	5:49 am 0.9 5:37 pm 1.7	11:46 am 5.3 11:45 pm 7.0
Wed., May 20	6:31 am 0.3 6:17 pm 1.9	12:36 pm 5.5 --- --
Thurs., May 21	7:11 am -0.2 6:57 pm 2.2	12:17 am 7.2 1:23 pm 5.6

**Bold = Minus Tides.** Tide tables are for recreational use. Tide info courtesy tidesandcurrents.noaa.gov.

**If you discover a seal pup** or other stranded marine animal on the beach, do not approach, touch, or pour water on the animal. Instead, call 800-452-7888. Keep dogs leashed and far from all marine mammals.

**Japanese Tsunami Debris Info:** Information on significant marine debris sightings on the coast can be reported to the NOAA Marine Debris Program at [DisasterDebris@noaa.gov](mailto:DisasterDebris@noaa.gov).

Be sure to reserve your space early  
Admission \$2.00 per person  
Children under 12 free

For more information call 541-336-3183  
or email [director@toledooregon.org](mailto:director@toledooregon.org)

Put on by the Toledo Chamber of Commerce  
in conjunction with the Toledo Active Group