

COAST CALENDAR

Friday, May 15

Morning

Need some motivation to get moving? Join Lincoln City Parks and Recreation for an on-demand virtual workout, from Gentle Yoga to Cardio Circuit and even a Toilet Paper Workout.

Find the workout video playlist on the LCP&R Facebook or YouTube Channel.



Mid-Morning

Time is running out to be part of the Oregon Coast Online Art Show at the Newport Visual Arts Center. Submissions of art in all mediums are due by Monday, May 18. For more information, contact Tom Webb at 541-265-6569 or twebb@coastarts.org.

Afternoon

Head down to Lincoln City Community Center for a drive-by Mascot Parade featuring the Taft Tiger, Waverly the shark, McGruff, Booney Bunny, Donald Duck, Sully, Sparky the Dog, Mrs. Potts, Mr. Turkey, the Grinch and more. 1 to 2 pm, 2150 NE Oar Drive.



Evening

You have three days left to return your ballot for the May 19 election. And this year, you can't pretend you didn't have time to read the Voters' Pamphlet. Settle down with a stiff drink and a sharp pencil to have your say.

Saturday, May 16



Morning

Get some fresh air and some fresh produce as the Neskowin Farmers Market kicks off its 2020 season operating from a temporary location at Neskowin Valley School. 9 am-1 pm, 10005 Slab Creek Road. First hour reserved for vulnerable shoppers.

Lunch

So hungry you could eat the dishes along with lunch? Save the dentist bills and order a clam chowder bread bowl from Fish Peddler, 5150 Hayes Oyster Drive, Bay City. Call them at 503-377-2323 from 11 am to 5 pm.

Afternoon

Tune in for the second broadcast of the new, free and family-friendly Virtual Global Drum Circle & World Beat Rhythm Celebration from Newport, running from 4 to 7 pm on Zoom. For the link and password, go to the Newport Community Drum Circle Facebook page.

Evening

Pianist Brady Goss livens up the Creative Quarantine series with a set of blues, '50s rock n' roll and classic country. Catch him live at 7 pm on the Lincoln City Cultural Center Facebook page.



Sunday, May 17

Morning

If having the kids home all day makes being in the middle of a vast ocean sound appealing, check out the NOAA website for games, activities and resources focused on oceans and their inhabitants. Go to <https://oceanservice.noaa.gov/kids>.

Lunch

Finished your last beer from the Black Squid Beer House? The selection changes faster than the coastal weather, so drop by and check out some new brews at 3001 SW Hwy. 101, Lincoln City. Call 541-614-0733.



Afternoon

The Lincoln City Cultural Center's Creative Quarantine series presents an afternoon with Scout Northwest, streaming live at 2 pm on the cultural center's Facebook page.

Evening

Lord Brixton's in Lincoln Beach is up and running with take-out service. Have your pick of pizza options or a prime rib dinner. Find them at 3245 N Highway 101, Depoe Bay; call 541-764-4222; or order online at lordbrixtons.com.



Stay safe

We have made every effort to ensure that these listings were correct at the time of publication. But things are changing fast (and there was a six-year-old doing laps on a scooter while we worked). We recommend calling ahead.

Monday, May 18



Morning

Freshen up your lockdown larder with a pick of perfect produce from Trillium Natural Foods in Lincoln City. There's a coupon for a dollar off on page 3. Check them out at 1026 SW Jetty Avenue or look into curbside pickup at www.trilliumnaturalfoods.net.

Lunch

"The Italian Job" is famous for people driving like maniacs in Mini Coopers. We're sure that the delivery drivers from Mangia Italian Deli adhere to all traffic laws as they ferry delightful cuisine south to Depoe Bay and north to Lincoln City. Find them at Salishan Marketplace or call 541-764-2501.

Afternoon

Beachcrest brewer Matt White is searching for inspiration for his next series of beers. Drop by and let him know what tickles your palate — and pick up a few cans while you're there. Find them at Salishan Marketplace or call 541-234-4013.

Evening

The Creative Quarantine Studio continues with a session from jazz pianist Ben Rosenblum. Streaming live at 6 pm on the Lincoln City Cultural Center's Facebook page.



Tuesday, May 19

Morning

Walk to your local beach and peer into a tide pool or two. For extra credit, download the iNaturalist smartphone app to turn yourself into a citizen scientist, recording your observations of plants and animals while exploring nature. Details at www.inaturalist.org.

Mid-morning

Fed up of nightly debates about where to call for take-out? Sign up for the dinner subscription service from Marci's Bistro and let them make the choices for you. Check it out at marcisbar.com and call them at 541-921-1423.



Afternoon

If you've decided to spend lockdown learning how to play an instrument, make time for a trip to Grumblefish Music to check out a wide range of musical instruments, sheet music and music accessories. Find them at 1845 SW Hwy. 101, Lincoln City.

Evening

After dinner, it's time for movie night, which can mean only one thing — take-out popcorn from The Bijou Theatre. Place your order by calling 541-994-8255 between 6 and 7 pm and they'll bring it out to your car.

Wednesday, May 20



Morning

Gym closures in other parts of the country have some people doing protest pushups outside government buildings. Fortunately, we happen to have a large, sandy gym directly to our west. Perfect for Yoga, a lung-busting run or just a simple stroll.

Lunch

Show yourself a little 'merci' during lockdown with a continental treat from Café C'est La Vie. Call in your order for sweet and savory crêpes, homemade quiches and specialty sandwiches at 541-764-2828.

Afternoon

Wondering how someone is holding up during lockdown? Quit wondering and pick up the phone. Check in and catch up, share a laugh or even talk politics — just be sure to call.

Evening

Need evening entertainment? The Bijou's Virtual Cinema brings the big screen to your living room. Where else can you see films like "Bacurau," a stark, near-future thriller set in a remote Brazilian town? For details, go to cinemalovers.com.



The beach will be waiting.

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