

COAST CALENDAR

Friday, May 1

Morning
Come out of this lockdown stronger than you went in, with help from Lincoln City Parks and Recreation. Lori Templeman leads "Strength & Balance" at 7 am on the LCP&R Facebook page.



Lunch
Do you know your Oolong from your Lapsang souchong? Get a schooled in the art of tea with a take-out order from La Tea Da in Tillamook. Put on your best British accent and call 503-842-5447.

Afternoon
Feast your eyes without worrying about knocking anything over in "Every Artifact Has a Story" from North Lincoln County Historical Museum in Lincoln City. Go to www.northlincolncountyhistoricalmuseum.org and click on the virtual exhibit logo to get started.



Evening
Enjoy a spaghetti feast while raising funds to help Doreen Howry recover from a stroke. \$12. Order yours to pick up at the Toledo Elks Lodge, 123 SE Alder Street, from 5:30 to 7 pm. Call 541-336-2276.

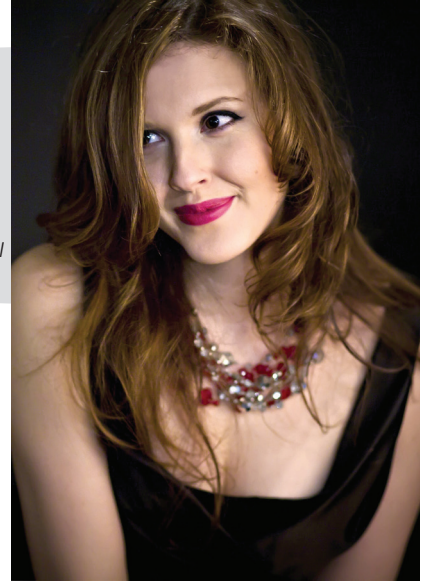
Saturday, May 2

Morning
Rid yourself of lockdown stress with Morning Meditoceans from Monterey Bay Aquarium, a series of relaxing guided meditations with scenes and sounds of the ocean and aquarium exhibits. www.youtube.com/user/MontereyBayAquarium/videos.



Mid-morning
Think you can do better against COVID-19 than the WHO? Order your copy of the Pandemic board game from Bob's Beach Books and enjoy curbside pickup or delivery. To soon? Try Monopoly instead. Call in your order at 541-994-4467.

Afternoon
The Creative Quarantine Studio series continues with a performance of piano and vocals by internationally acclaimed jazz star Halie Loren. Livestreaming at 3:33 pm on the Lincoln City Cultural Center Facebook page.



Evening
So hungry you could eat the dishes along with dinner? Save the dentist bills and order a clam chowder bread bowl from Fish Peddler in Bay City. Call them at 503-377-2323 from 11 am to 5 pm.

Sunday, May 3

Morning
Avoid strangers knocking on your door by filling out your census form online at <https://2020census.gov/en.html>. To talk with a friendly helper, call 844-330-2020 for English and 844-468-2020 for Spanish.



Lunch
Bread is pretty cool and all, but when it comes to the best use for grain, our vote goes to beer. Are you a rye guy? Prefer a wheat treat? Feel fine with barleywine? Whatever your pleasure, call in your order to the Black Squid Beer House at 541-614-0733.

YouTube

COASTAL OREGON - PACIFIC OCEAN PART 1 RELAXATION VIDEO

Afternoon
Had your fill of Netflix? Grab the kids, make a little popcorn and relax to five hours of the sounds and sights of the North Oregon Coast in a video from 4K Relaxation Channel. Go to www.youtube.com/watch?v=u_iPM-lmUEE.

Evening
If you have a hungry household, Pacific Restaurant in Tillamook has the solution, Comfort Bites — family-style meals to feed four to five people, with delights like BBQ chicken, pork chops, roasted poblano cornbread and more. Reserve your dinner by calling 503-842-0019.

Monday, May 4

Morning
What better way to start the week than hitting the drive-through at Pacific Grind for great coffee and breakfast burritos? Call in your order anytime from 8 am to 12:30 pm at 541-994-8314. Wave at the Oregon Coast TODAY office on your way past — we're there in spirit.

Lunch
There is no 'I' in team. But there is at least one 'I' in linguini, manicotti, ravioli and a host of other delicious dishes available from Mangia Italian Deli; now offering delivery from Depoe Bay to Lincoln City. Call them at 541-764-2501.



Afternoon
The economy's a bit shaky, housing is a big issue, but one thing the Oregon Coast does better than anywhere else in the country is air quality. Get outside and gulp down a few lungfuls. You'll feel better.

Dinner
Promote yourself to a full kernel with the best popcorn on the Oregon Coast. Order yours just the way you like it from The Bijou Theatre. Call 541-994-8255 between 6 and 7 pm and they'll bring it out to your car.

Tuesday, May 5



Morning
If you've decided to spend lockdown learning how to play an instrument, make time for a trip to Grumblefish Music to check out a wide range of musical instruments, sheet music and music accessories.

Lunch
If all this take-out is taking a toll on your finances, be sure to check the Oregon Coast TODAY Facebook page for our Lockdown Lowdown contests, offering \$100 or more to spend at local restaurants.

Afternoon
Need an accompaniment to tonight's evening meal? Beachcrest Brewing has something to suit the pickiest palate, with options from the floral to the hoppy to a bevy of bombastic barrel-aged beauties. Call 541-234-4013.

Evening
Virtual Cinema offering from the Bijou Theatre. To watch, go to www.cinemalovers.com.

If books have been your refuge during lockdown, make time for "The Booksellers," the latest

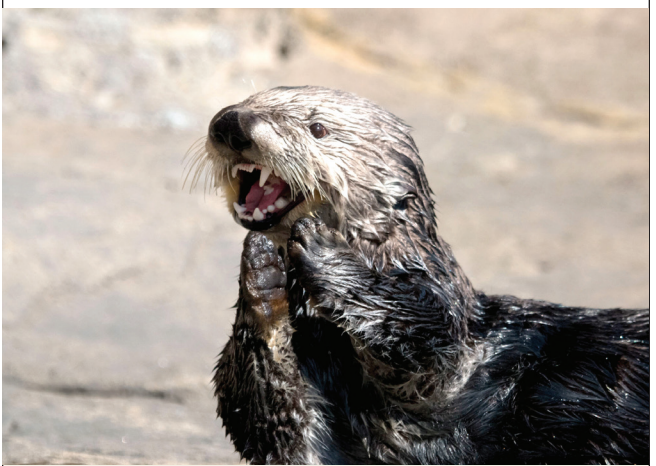


Wednesday, May 6

Morning
Quarantine left you sluggish? Walk it off and then run it off with help from Raleigh Bartholomew at Lincoln City Parks and Recreation. Get up to speed on the running group at the LCP&R Facebook page.



Lunch
Show yourself a little 'merci' during lockdown with a continental treat from Café C'est La Vie. Call in your order for sweet and savory crêpes, homemade quiches and specialty sandwiches at 541-764-2828.



Afternoon
Fed up of watching the neighbors? See how the Oregon Coast Aquarium's inhabitants are passing the time via free livestream cameras. Check in on the sharks, otters, and sea birds live at <https://aquarium.org/live-cameras/>

Evening
You never know who will pop up to share their talents in the Lincoln City Cultural Center's Creative Quarantine Studio series. Live streaming on the LCCC Facebook page at 7 pm.

The beach will be waiting.

"It's Better at the Beach!" • FOR UP TO DATE INFORMATION VISIT CHINOOKWINDS.COM

Chinook Winds CASINO RESORT

Stay home. Be safe.

"It's Better at the Beach!" • FOR UP TO DATE INFORMATION VISIT CHINOOKWINDS.COM

Chinook Winds CASINO RESORT