

Eat *up* out at Mangia

By BARBARA B. COVELL
For the TODAY

Gleneden Beach eatery offers Italian flavor with coastal flair

If you're looking for authentic Italian food that's freshly prepared from the finest ingredients, try Mangia Restaurant and Bere Wine Bar for size. Located just minutes south of Lincoln City at the Salishan Marketplace, Mangia offers upscale dining with takeout options and curbside pickup.

Owner Steven Lockwood is proud of the homemade sauces, pastas, salad dressings and desserts featured at this local hotspot.

Mangia opened in June 2017 and has earned a steady stream of repeat customers, both local and seasonal guests. Lockwood says people tell him Mangia is consistently good.

"This is my goal, to offer a nice experience and good food," he said.

"It's always important to have fun," he said. "There are so many nice people, I look forward to seeing them. I like to be casual, kind and accommodating to suit their palates. But I will definitely joke with my guests."

The menu offers many mouthwatering options, from starters to deli sandwiches to the freshest entrées and can be seen online at www.mangiasalishan.com. Starters include tasty options such as bruschetta, roasted potatoes, clam dip and smoked salmon mousse. Caesar, Italian, fresh pea, and gorgonzola salads are available, as well as multiple seasoned flatbread appetizers. Subs include European meats, cheeses and the freshest ingredients. Entrées feature Manicotti with homemade ricotta, Pasta Carbonara, Lasagna, Ravioli in Pesto Cream Sauce, Shrimp Scampi, Italian Sausage, Linguini with Sea Clams, Spaghetti and Meatballs, in addition to Chicken Parmesan, all served with a crispy loaf of garlic bread. Special



requests and gluten-free pasta can be made to order. During crab season, Mangia features fresh crab ravioli.

"We can't make it fast enough, it sells out every day," Lockwood said, adding, "We must be doing something very right."

Of the many happy customer comments he has received, Lockwood says one standout was from an elderly New York gentleman, who said that his dinner was the kind of food that Frank Sinatra would eat.

"Our food is not mass produced," he said, "it has high-end ingredients. We're not just good, we are a great restaurant." There is a children's menu available, as Mangia is a family-friendly restaurant.

Mangia is located at 7755 Hwy 101, Shops at Salishan in Gleneden Beach. The hours of operation are from 11 am to 7 pm on Sunday, Monday and Wednesday. Friday and Saturday hours are from 11 am to 8 pm. Mangia is dark on Tuesday.

For more information or reservations, call 541-764-2501.

