



By Sue Henderson



By Doreen Thirkell

Painted Ladies plant themselves in Lincoln City

Lincoln City's Connie Hansen Garden will hold an opening reception this Friday, Oct. 18, for an exhibit of work by the Painted Ladies.

This group of local retired women come together regularly to discuss, critique and support each other on their journey to improve their artistic skills, working in mixed media, pastels, water colors and acrylics.

Ruth Hugeback picked up a paintbrush in earnest about 10 years ago, after a 40-year career as a laboratory scientist. She says she finds the process therapeutic, fascinating, exciting and frustrating. She is currently most intrigued by silk dyeing and painting.

Roxce Stavney found painting to be her passion after retiring from public health as a nurse. Over time, painting with oil and cold wax on panels with a palette knife evolved into her preferred medium.

Sue Henderson has been retired 12 years from a long career teaching art in public secondary schools in Oregon.

"I get to explore and play with all kinds of new techniques and media," she said,

"and I take joy incorporating them into my primary passions of calligraphy, watercolor and landscape."

Doreen (Doe) Thirkell, formerly a professional potter and administrative assistant, moved from Maine to the Oregon Coast 14 years ago. After retirement three years ago, she experimented in many types of media, but settled on soft pastels.

"I loved the velvety feel and subtleness of pastels in my 20s," she said, "and working with them now is like coming home."

Each artist has their own style but all the women are in touch with the natural world, its beauty, creatures and its materials. They are not only inspired by the world around them but also by the world within themselves, touching emotion and spirit.

Friday's opening reception will run from 4 to 6 pm in the gallery at Connie Hansen Garden, 1931 NW 33rd Street. Refreshments will be served.

The exhibit will be on display through Dec. 1, available to view from 10 am to 2 pm on Fridays, Saturdays, Sundays or Tuesdays.

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Pumpkin Spice Latte



Ingredients

2 cups vanilla soy milk
2 Tablespoons canned pumpkin
2 Tablespoons granulated sugar
2 Tablespoons vanilla extract
1/2 teaspoon pumpkin pie spice
1/2 cup strong brewed coffee

Garnish with:
Pumpkin pie spice

Directions

In a saucepan, whisk together milk, pumpkin and sugar; cook over medium heat, stirring until mixture is steaming.

Remove from heat; stir in vanilla extract and pumpkin pie spice. Using an immersion blender (stick blender), process for 15 seconds until frothy.

Pour coffee into one or two mugs. Fill with steaming pumpkin mixture. Sprinkle pumpkin pie spice over top and serve.

