

From Michoacan, Mexico to Long Beach

Taqueria El Jalapeño brings traditional taste of Mexico

By **LUKE WHITTAKER**
lwhittaker@crbizjournal.com

LONG BEACH — Those searching for an authentic taste of Mexico can now satisfy their cravings in Long Beach. Taqueria El Jalapeño officially opened Tuesday, March 13, where owner Martha Macias is offering a menu of traditional family recipes from Michoacan, Mexico.

Taste of Mexico

The menu is based upon family recipes honed more than 2,000 miles away, Macias said. There's carne asada and carnitas, familiar taco toppings for many, but there's also adobado, chicken seasoned with spices, lime juice and chili sauce and birria, which features beef slowly cooked overnight in chili sauce and a special seasoning. Pastor — sliced pork cooked in seasoned juices — and cow tongue, also known as lengua, are also options.

Those looking for a local flair can find it in the Baja-style fish tacos featuring cod garnished with a creamy sauce and finely chopped cabbage. Tamales, quesadillas, burritos, tortas and morisqueta are also available. On Saturday and Sunday, special weekend dishes such as bar-



Left to right: Martha Macias, Lady Medina, Maria Garcia are the main staff at Taqueria El Jalapeño. Macias opened the Mexican restaurant in March at 107 SE 3rd St., across from the Long Beach Police Station.

baocia, menudo, pozole and ceviche tostadas are available. Prices range from \$2.50 for everyday tacos to \$12 for weekend dishes.

From Michoacan to Long Beach

Macias's life has revolved around food since she was a young girl living in the beautiful but trou-

bled state of Michoacan, where she helped her parents sell tacos and champurrado, a corn-based beverage, from their front door.

Around 30 years ago, Macias moved to the United States and brought along the traditional recipes she learned from her mother in Mexico.

"She taught me how to cook,"

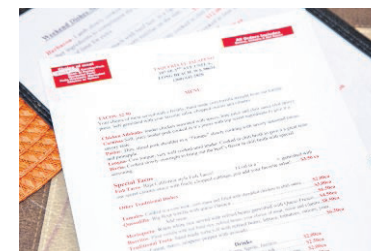
said Macias, who now has three daughters and a son of her own. Cousins Lady Medina and Maria Garcia assist with the cooking and Macias plans to keep the family tradition alive.

"I would like to show my daughters and granddaughters the kind of food we made at home in our little town," she said.

PHOTOS BY LUKE WHITTAKER



Macias wrapped up a to-go order for a customer on her first official day or business on March 13.



The menu at Taqueria El Jalapeño features family recipes from Michoacan, Mexico.

Taqueria El Jalapeño

107 SE 3rd Ave., Unit A,
Long Beach

Martha Macias, owner

360-642-2820



Civil Engineering
Surveying
Planning

Otak

otak.com

Gearhart

503.738.3425

4253-A Highway 101 North, Seaside

Tillamook County 503.368.5394

Pacific County 360.642.4454



*Life Happens...
That's Why We're Here!*

Our friendly and dedicated Physicians and Physician Assistants are available for all of your routine healthcare needs, not just for emergency situations!

If you have an on the job injury, suffered injuries in a car accident, or you are suffering from a headache, toothache, earache, backache, any illness or injury, are in need of a refill of your prescription medications, or even a sports physical or DOT physical, our dedicated staff is here to assist you!

www.urgentcarenwastoria.com

2120 Exchange Street, Suite 111

Hours: Everyday 9AM-7PM

503-325-0333

