

Spinach Will Build Your Body

Spinach, because of its body-building elements, should be a frequent dish on your table.

Seventeen-ounce Tin each 20c

KERR & SILSBY

SCHOLL

SPECIALIST IN FITTING GLASSES EYES CAREFULLY EXAMINED

—It takes patience, skill and time to determine the prescription according to which the proper lenses for your eyes should be made. Do not make the mistake of getting glasses without first having your eyes carefully examined.

—We are equipped with every modern facility for examining your eyes and supplying the glasses to meet your individual requirements.

—And we do not use drops.

D. J. SCHOLL
OPTICIAN-OPTOMETRIST

Factory on Premises
Cottage Grove Oregon

Tales of the Town

Miss Martha Johnson and Miss Kathleen Kem attended a sorority party at Eugene Saturday evening.

Miss Thelma Jones has accepted a position with the Monroe gallery.

Ladies: Attend the Style Show at the Arcade Theatre Friday evening, March 26.

Miss Bertha Cox is undergoing medical treatment for her eyes.

Mrs. M. Smuts arrived Sunday from Seattle to assist her daughter, Mrs. Charles McKibben, in the care of the latter's husband, who was dangerously ill with influenza.

Silver Quill White Leghorns

BOOKING ORDERS NOW FOR

May and June Chicks
Hatching Eggs

CATALOG FREE

Wm. Hands & Son
Box 614, Phone 1F2, Cottage Grove

Mill supplies of every kind. Wynne & Kime. mh5tf

Mrs. Malinda Awbrey and daughter Frieda left Saturday for Heppner to make their home with Mrs. Awbrey's sons, Ralph and Ray.

Miss Goldie Hays, who has for several years attended the bible school at Eugene to fit herself for a missionary, is home on account of ill health.

Diamond jewelers from \$10 to \$125 at Madsen's Jewelry. mh5tf

Mrs. Roy Foster was in Portland this

Auctioneer!!!!

Will sell your household furniture, stock, implements and machinery, and tools of all kinds; 5% up to the first \$2000 and 3% for all over.

C. O. DeVERE
406 Main Ave. Cottage Grove

week visiting her husband, who is receiving treatment for stomach trouble. Miss Dorothy DeVere spent the week end in Eugene.

Jitney service, phone 99. Nelson Auto Sales & Service. mh5tf

Mr. and Mrs. L. F. Loney, of Coburg, in company with Mr. Loney's parents, Mr. and Mrs. F. Loney, of Akron, Ohio, visited Sunday at the N. J. Nelson home. The parents have come here to learn first hand if the many nice things their relatives have said about Oregon are true.

If you live on the coast you may never die, but just the same you should protect your family, and when you live on the coast you should get insurance in a coast insurance company. Try the "West Coast." O. M. Baldwin, agent, over First National Bank. mh12tf

C. W. Pallett, Jr., of Portland, spent the week end with Russell Garetson.

F. A. Garetson and son Carl arrived home Monday from the southern part of the state, where they went on account of Mr. Garetson's health, which was greatly improved. They may return later.

You'll wonder at the compact convenience of the Fairday Twin Electric washer on display at the W. L. Darby & company hardware. Includes two tubs, wringer, steel frame and steel bench, and all for \$125.

Virgil Galloway went to Portland Sunday.

Glen Cellers, Norman Adams and Clint Medley left Saturday for Weed, Calif. Cellers and Medley returned at once on account of the deep snow they found but Adams remained. All intended to accept employment with a sawmill.

Jitney service at the Service Garage, Spray, Long & Cruson. Phone 75 for real service. j30tf

Father Anselm, of Mt. Angel, conducted services Sunday at the Catholic church.

Mr. and Mrs. Frank Brumbaugh were up from Albany for the week end visiting at the home of Mrs. Brumbaugh's parents, Mr. and Mrs. Thos. Cox.

Pathe graphophones are selling rapidly because they are the best. Full line of records on hand. Madsen's Jewelry. mh5tf

Mr. and Mrs. Daniel Read, of Eugene, visited during the past week at the home of Mr. Read's daughter, Mrs. Almond Hemenway.

Mr. and Mrs. J. N. Hogue returned Friday from an extended visit in the east and are satisfied that Oregon is the best place in the world in which to make a home.

See Nelson about that new car. you plan on buying this spring. He has a wonderful line. Chandlers, Cleavelands and Maxwells.

Federal tires give the longest and most satisfactory service. That is the reason the Service Garage sells them. Tire your car with Federal tires, extra-ply, and leave behind all worries about punctures and blowouts. We'll put them on for you and you'll never have to take them off. The Service Garage, Spray, Long & Cruson. f20tf

Miss Gertrude Carter returned Sunday to Portland, after a visit of three weeks at the home of her sister, Mrs. Wm. Bartels.

Miss Ruth Shearer was up from Eugene to spend the week end at the home of her brother, Harry Shearer.

Ladies: Attend the Style Show at the Arcade Theatre Friday evening, March 26. mh19-a2

Mrs. Edna Sullivan, of Klamath Falls, who is attending business college at Eugene, spent the week end here at the home of her mother, Mrs. Sarah Kerr.

Mrs. J. S. Benson spent Sunday in Eugene in company with her sister-in-law, Mrs. L. Wynne, of Albany.

Bring your shoe and harness repairing to Dick Hickson, at Seventh and Main. mh12tf

Superintendent Glass writes from Raymond, Wash., where he is now superintendent, and says the debating team there is winning high honors, having just defeated by a 3 to 0 decision the Chehalis team which had theretofore won every contest.

Mrs. Jas. Plaster has recovered from an attack of grip or flu.

Line and sulphur and spray materials of every kind for sale by Wynne & Kime. mh5tf

Mrs. Mary Ishmael has bought the Florer property east of the city.

Mrs. S. K. Lewis has been ill during the past week and Mr. Lewis has been suffering for some time from the effects of a paralytic stroke.

What if you aren't going to die or burn out? The little bit it costs you for insurance is a mighty cheap preventative of either one—and the life insurance is an investment you can beat by living out the term of your payments, besides being as good as gold as collateral in case you happen to need to borrow money. Talk with Metcalf today for any kind of insurance. mh5tf

O. L. Nichols is recovering from an attack of what he says was the real old flu.

The Archie Thompson family, who recently moved to California, have settled at Glendale.

SEE HOW YOUR BREAD IS BAKED

While we do not claim to have anything fancy or out of the ordinary in the way of a bake kitchen, yet we are always pleased to have our customers visit us in our kitchen at any time. No advance notice necessary. We keep it just as clean and orderly one time as another.

Bender's Bakery

The Darby hardware carries a complete line of window glass. Don't let broken windows mar the appearance of your house or place of business. When you need window glass of any kind, remember the Darby hardware.

Dale Hawkins, who has accepted a position with Koke & Tiffany at Eugene, was home over Sunday.

Ralph Wright, of Walker, has just received a Dodge through L. L. Harrel.

Day Old Chicks March 21

IF I HAVE A BIG HATCH WHO WANTS THE EXTRA CHICKS? Mr. C. M. Koplis, Camas, Wash., writes: "The chicks you sent me are the liveliest and healthiest chicks I ever saw. Sorry I couldn't handle 1000 instead of 200."

Hatching Eggs in Any Amount. Tanager strain White Leghorns only

Bert V. Hands

Cottage Grove Oregon

Hats at fair prices; also old clothes made new at Steen Tailors, 24 north Seventh. mh5-12

The public is invited to the Methodist Episcopal church for the morning and evening services which have promise of interest to all. The subject for Sunday morning is "A Startling Question—Sincerely Saved." For the evening, "Does Moral Law Change with the Needs of Humanity?" All those wishing to be baptized should be at

PEOPLE'S MEAT MARKET

2 Doors From First National Bank

We will have some exceptionally good prices on meats next Saturday. Come and look them over before buying elsewhere. We have just received a large shipment of cured meats bought at the right price. Our motto, "Small Profits and Quick Returns. Give us a trial and you'll find we treat you right. If you can't come yourself, send your children.

FREE DELIVERY PHONE 15

the morning service a week from Sunday. Easter Sunday is membership day and all who are not affiliated with any church in Cottage Grove are invited to come and unite with the Methodists.

Doe Goff has installed a phone for the convenience of his customers, who may now find out when their shoes are ready without coming to the shop. The number is 208. mh12-19

S. C. White Leghorn HATCHING EGGS & DAY OLD CHICKS

Tanager Strain; all breeding hens trapezoid every day

Dan Walton & Son
mh26pd Cottage Grove, Phone 26F4

Mrs. C. A. Smith, who recently underwent an operation for tumor and who has been seriously ill on account of complications, is now at the home of her parents, Mr. and Mrs. F. W. Hawkins.

Dr. Robert Sutcliffe, who is in a Eugene hospital where he recently underwent a second operation, is reported as doing nicely and expects to arrive home within ten days.

Batteries recharged; expert mechanical work, gasoline and oil. What kind of service do you want? Get it at the Service Garage. f20tf

Mrs. G. E. Hutsell is recovering from an illness which confined her to her room for two weeks.

Mrs. W. H. Judson is visiting a daughter in Portland.

Mr. and Mrs. Fred Gray returned Tuesday to their home in Veneta, after a visit at the home of Mrs. Gray's parents, Mr. and Mrs. V. O. Huff.

"Go to the AUTO ELECTRIC & TIRE SHOP, and see my tire."—Barney, mh10

A daughter was born Friday to Mr. and Mrs. Harvey Ritchey.

Mrs. J. A. Powell and Mrs. Harvey Taylor were in Eugene Tuesday.

J. W. Vetch shipped a carload of hogs to Portland Tuesday.

One 1915 Ford runabout, \$325. Equipped with delivery box. Woodson Brothers. j9tf

Charles Whippa was called to Seattle this week by an accident to his brother Nelson, in which the latter sustained a fractured leg.

Mrs. H. V. Dollarhide returned Tuesday from Portland.

Mrs. Sarah Purvance returned Tuesday from a visit at Springfield with her daughter, Mrs. Alice Ellison.

Instruction on violin by E. A. Steen, 24 north Seventh. mh5-12

Roy Knox arrived Tuesday from Albany, being called here by the death of his brother Duke.

Mr. and Mrs. F. O. Miller, of Stanley, Wis., are visiting at the home of Mr. Miller's brother, H. A. Miller, while on their way home from a visit in California.

Ladies: Attend the Style Show at the Arcade Theatre Friday evening, March 26. mh19-a2

J. R. Elliott received word Monday of the death of his sister, Mrs. A. O. Ricketts, at Colona, Colo., the cause being influenza.

J. C. Large, of Walla Walla, Wash., has bought the Myrtle Shoemaker place just west of the city.

Why do they all come back? Because they like the way we treat them; because they like the way we treat their ears; because they like to have a job done right, done on time and done in the least possible time. The Service Garage, Spray, Long & Cruson, at your service. f20tf

Miss Gladys Damewood returned Saturday from assisting in the care of influenza patients at the home of her aunt, Mrs. Dora Collins, in Springfield.

Mr. and Mrs. C. E. Gilchrist, of Crystal Lake, Minn., visited this week at the home of Mrs. Gilchrist's brother, Mr. M. Wheeler, while on their way home from spending the winter in California.

Sheep dip at Wynne & Kime's mh5tf

Mr. and Mrs. L. I. Douglas arrived Monday from St. Cloud, Calif., and are visiting at the home of Mrs. Douglas' parents, Mr. and Mrs. John Bartels.

C. M. Parker and Dr. A. W. Kime were called to Dexter Monday by the serious illness with pneumonia of Mr. Parker's son Basil. Mrs. Parker was already there assisting in the care of her son.

Yes, Spray pays as much for eggs right at your door as anyone in Cottage Grove. Yes, and delivers your eggs as cheap as you can buy it in town. Phone 125-Y. mh19tf

Jessie, daughter of Mr. and Mrs. Charles Valentine, has undergone an operation for removal of tonsils and adenoids.

Mrs. K. K. Mills, grand Martha of the Eastern Star, accompanied the grand matron, Mrs. Alberta McMurry, of Eugene, upon a visit this week to chapters at Drain, Yoncalla, Oakland and Roseburg.

The Cottage Grove Vulcanizing Works, E. J. Howe, proprietor. Vulcanizing and retreading. mh5tf

Mrs. W. A. Cottle and son Edward, of Akron, Ohio, who had made an extended visit at the home of Mrs. Cottle's parents, Mr. and Mrs. W. L. Young, and Mrs. Cottle's sister, Mrs. G. A. Sanders, returned Monday to their home.

C. A. Mason, of Eugene, visited Sunday with Bert Hands.

Diamond earrings from \$15 to \$300. Diamond brooches from \$5 to \$100. Madsen's Jewelry. mh5tf

Mrs. F. A. Clow visited in Eugene this week.

Mrs. C. A. Lynch writes from Grants Pass to insure regular visits for another year of the live wire newspaper.

The City Transfer is equipped to do all kinds of hauling, whether long country trips or local. Call 99 or leave orders at office, 401 Main avenue.

Mrs. E. E. Wyatt arrived Wednesday from Vancouver, Wash., and in company with her sister, Mrs. Worth Harvey, went to Roseburg to attend the funeral there yesterday of Mrs. A. V. Connelly, wife of their brother.

The W. L. Hubbell family are recovering from a session with the grip or flu.

Service! Service! Service! If that's what you want, that's what we want you to have, and we're here for that purpose. The Service Garage, Spray, Long & Cruson, all here for service. **

Bert Hands is recovering from a second attack of influenza and says he has no desire to again renew the acquaintance.

C. O. Willis has bought the Hostetter tractor, plows and baler.

Mr. and Mrs. W. J. Woods, of Albany, spent the week end here.

Jitney, phone 99, or call at our depot, 401 Main avenue. mh5tf

All the members of the Mackin family, except Samuel Loupy himself, have been having a session this week with what passes easily for influenza and Sam says it is almost as easy to have it as to have to stay at home and do all the work. Little Harold has been the most seriously ill.

Mrs. J. L. Orr writes from Yakima, Wash., to arrange to continue the visits of the old home newspaper.

Chickens, hogs, veal and cattle wanted at the People's market. mh5tf

T. C. Wheeler was in Eugene Wednesday on business.

Mrs. Herbert Eakin visited in Eugene Wednesday.

The entire C. P. Shirey family from Black Butte were taken to a Eugene hospital Wednesday suffering with influenza. Improvised ambulances were made out of motor trucks. The distance from Black Butte to Eugene by motor road is about 40 miles. The sick ones had to go to Eugene for hospital accommodations because of lack of sufficient facilities here.

Charles McKibben, a victim of influenza, was dangerously ill for several days this week.



Dr. Hess Stock Tonic

A Spring Conditioner and Worm Expeller

Spring Is Here. Soon the litters of pigs will be coming, the calves, the lambs, and the colts will be dropped. Feed your brood sows Dr. Hess Stock Tonic before and after farrowing. It makes the bowels active, relieves constipation, promotes good health and good digestion which means healthy pigs and a mother with a milk supply to nourish.

Condition your cows for calving by feeding Dr. Hess Stock Tonic before freshening. Then feed it regularly to increase the flow of milk. It lengthens the milking period.

Give your brood mares a course of Dr. Hess Stock Tonic. And your work horses. It puts your team in fine fettle. You cannot afford to plow, harrow, sow, mow, reap or team with a team out of sorts, low in spirits, rough in hair, bad out of order, or full of worms. Dr. Hess Stock Tonic is good for sheep—especially good for ewes at lambing time.

Why Pay the Peddler Twice My Price?



A. Brund & Co.

Tell us how much stock you have. We'll tell you how much Tonic to buy.

Dr. Hess Instant Louse Killer Kills Lice

Day Old White Leghorn Chicks 15c Each

April and Later Delivery
Setting Eggs, \$1.50 per 15

Campbell's Poultry Farm
Walker, Oregon

recovery from her recent operation and is rapidly gaining strength. The operation was for the removal of a tumor.

Mrs. L. K. Shorey and daughter, Miss Maud, arrived Wednesday from Auburn, Wash., looking for a small farm property.

The annual meeting of the Presbyterian church will be held Sunday following the morning service. All interested in the welfare of the church are urged to be present.

Mrs. C. F. Martin, of Detroit, Mich., returned home yesterday, after a visit at the home of her parents, Mr. and Mrs. V. O. Huff.

Mrs. Harvey Taylor is recovering from an operation for appendicitis and returned this week from a Eugene hospital.

Mrs. M. F. Wyatt returned Wednesday from a visit of a month in Washington.

Mrs. Ben Sudell, of Halsey, is visiting at the T. G. Sudell home.

Mr. and Mrs. A. L. Hubbard returned yesterday from a trip to Portland.

E. E. Carlton, of the state department of education, delivered an address last night at the high school assembly to members of the faculty and a number of citizens upon the millage bills to be voted upon in May.

A. C. Cox and Miss Cordia Mills, both of this city, were married in Eugene Wednesday.

We Help Your Pillows Bring Slumber

We have special facilities for washing pillows. We bubble them up and down in pure water and foamy suds—water at just the temperature that experts have found to be right and soap of a kind that helps bring back to feathers all their first fluffiness. Then we dry them in a current of fresh, clean air heated to a temperature of 245 degrees.

The COTTAGE GROVE LAUNDRY
Ring Us Up Phone 79

SPECIAL
Drifted Snow Flour
\$3.35 the Sack
PHONE 3

JONES & EATON

25c AD.
Cut this ad. out, bring it to the store Saturday, March 20, and we will allow you 25c on a sack of Crown Flour.

SPECIALS FOR SATURDAY, MARCH 20
6 lbs. best cane sugar.....\$1.00
Half gallon pure lard.....\$1.50
6 bars toilet soap.....25c
Just Arrived—A carload of millrun, middlings, whole corn, cracked corn, scratch feed, chick feed and rolled oats at right prices.

Special Saturday on Potatoes
Bring us your eggs—we will pay you the highest cash price

SMITH'S GROCERY
Joe T. Smith, Successor to Roy E. Short