

Try H-O Oatmeal

Has flavor and digestibility

It's different from ordinary oatmeal

KERR & SILSBY



It's the Specialist's Skill

that tells the story—not only in scientific eye examination and lenses furnished but also in the "know how" of adjusting the glasses to such a nicety that the greatest ease, comfort and style are given to the wearer.

Let me give you the benefit of my twelve years' experience.

People wearing my glasses like to send me their friends.

D. J. SCHOLL
OPTICIAN OPTOMETRIST
Lenses Ground on Premises

TALES OF THE TOWN

Fifty new waists on sale at The Fair. Mrs. Ellen Jones, daughter Thelma and grandson, Bobbie Legat, returned from Portland last week.

C. E. Jones, who was down from Champion the past week, reports that mail for Champion should still go to Disston—that it is just as easy to walk there for it as it would be to walk over to Bohemia for it.

You can get aluminum house numbers and mail boxes from Swengel Hardware.

Joel Palmer arrived Monday from Bremerton to spend some time at home. Mrs. John Palmer was in from Mosby creek Monday.

CITY MEAT MARKET

Oleomargarine, lb 45c
Gold Crest creamery butter 65c
ALL KINDS SAUSAGES
AND LUNCH MEATS
PHONE 89
Delivery before 9; after 3:30

Miss Nellie Myers, a teacher in the Eugene schools, who was here visiting her sister, Mrs. Elbert Smith, while the schools are closed, was recalled to Eugene Friday to go on the police force. She returned here again yesterday.

Reclaimed cheat for sale at Sterling's.

Mrs. Charles Conner received letters Wednesday from her brother-in-law, Sergeant Harry Conner, and her nephew, Albert Huff, both of whom are with the 65th.

Mrs. Charles Burge returned Monday from a visit at Yoncalla.

Why Not Buy PURE Spices When They Cost No More Than Others?



Ask your grocer to supply you with Crescent Spices—they cost no more.

Only choice whole spices are used in the preparation of Crescent Ground Spices, and they are so ground that the natural pungency is retained.

(S34)

Anyone knowing the whereabouts of H. H. Oleott will confer a favor by notifying me. Mrs. H. H. Oleott, Cottage Grove, Ore. o25c

Mrs. R. W. Glass has practically recovered from her recent attack of influenza.

Mr. and Mrs. O. M. Kem have received word of the safe arrival overseas of their son Victor, who is with the 75th artillery.

Step ladders, any length you want, light, durable and well made, can be had from Swengel Hardware.

Mrs. Frank Kelly went to 'Rujada Wednesday to visit her husband and her daughter, Mrs. Stanley Damewood.

Mr. and Mrs. J. D. Coffman have received word from their son Sol, who is in the navy, that he has returned from his first trip to France.

Mrs. O. M. Miller, of Halsey, visited during the past week with her mother, Mrs. J. W. Marksbury.

Bluestone and lime-sulphur spray can be bought from Swengel Hardware. Bring your cans.

Mrs. W. V. Chapin received word Sunday from Montana of the death of her brother.

Women's silk petticoats, attractive styles, newest shades, at The Fair.

Glen Smith arrived Sunday from Portland to visit home folks a few days before appearing before the draft board. He attempted to volunteer, and tried to join the S. A. T. C., but was rejected both times.

FOR WET WEATHER

AQUAFELLE RAIN TEST AND WATER PROOF CLOTHING OF EVERY DESCRIPTION.

Keep the wet out and the dry in. If it's anything in clothing, we have it, usually a little better than anyone else.

POWELL & HEMENWAY
THE DAYLIGHT STORE

A fine photo is the least expensive and the best Christmas present you can give, but YOU MUST MAKE AN EARLY APPOINTMENT FOR YOUR SITTING or you will not GET THEM ON TIME.

Mrs. Regina Bohm returned Tuesday to the home of her son Charles at Oregon City after a short visit with friends here.

Envelope bargain at The Fair. E. J. Howe returned to Portland Tuesday, after a short visit with his family here.

HOME MADE RENDERED SAUSAGE, WIENIES CORN BEEF, PRESSED CORN BEEF, ETC.

Eggs, Poultry, Beef, Veal, etc., Bought and Sold by the

People's Meat Market

Under Entire New Management
Emerson Keithley, Prop. Phone 15

"No Hunting" and "No Trespassing" notices for sale at The Sentinel office. Printed on cloth, 5c each, or six for two bits. o25tf

Mrs. P. Dickinson arrived Monday from Vancouver, Wash., having been called by the illness of her grandmother, Mrs. E. B. Sherman, but found that the funeral had already been held.

You kids! Pick acorns and buy thrifty stamps. Spray wants them and will pay you one cent a pound cash. o18tf

George Robinson, who is working at Marshfield, is suffering with a severe burn sustained while employed on a donkey engine.

We Must Have Food

Food production must be increased. To do this the producer must have the best of tools. We have a complete line of

HARROWS, DISKS
PLOWS, DRILLS

Wynne & Kime HARDWARE

Beautiful line new skirts at The Fair. John Bader has nearly recovered from his recent illness.

Roof paint and roofing paper; fix the roof now; get it from Swengel Hardware. Any quantity.

Mrs. Frank Brumbaugh was quite ill during the past week but is again filling her position at the Umphrey & Mackin store.

Acorns wanted. One cent a pound. Farmers' Cash Market. o18tf

Harold Cooley, son of Mr. and Mrs. Charles Cooley, visited this week with his grandparents at Curtin.

Mrs. Mary Ishmael has returned from a visit at Coles Valley.

Merchants and business men: The Sentinel wants your orders for sales and counter books. We meet all competition. Patronize home industry. Order early, as we require 30 days to 6 weeks for delivery. o18tf

Mrs. and Mrs. A. L. Chitwood left Tuesday for a visit with their daughter and son-in-law at Grand Island, near Portland.

Word has reached here of the death in Montana of Thomas Jenkins, a former resident of this city.

Warm cloaks, new styles, for children four to six years, at The Fair.

Stanley Hickey was in Eugene Saturday on business.

The spot cash and carry home your goods means cheaper prices. Make a saving at Spray's. m22tf

Howard and Elma, son and daughter of Mr. and Mrs. George Freeman, have been seriously ill during the past week.

The City Meat Market buys veal, live and dressed. Phone 89. a2tf

Charles Whitlock was in Eugene Friday.

Mr. and Mrs. Wm. George returned Saturday from the Bohemia district, where they were in the forest service with headquarters at the Musik mine, and where they will return next season. Mr. George reports lots of game in the mountains and himself killed a bear with a 22-short cartridge.

"Never to late to mend" does not apply to shoe repairing. Bring the shoes in before they are hopelessly beyond repair. If brought in time we can make them just as good as new. Dr. Goff. o18f

Mrs. C. F. Cathcart, of Scappoose, and Mrs. C. M. VanBuren and Mrs. C. F. Vilas, of Portland, were here to attend the funeral of their nephew, Frank Hawley.

James Johnson was in the city from Drinn Tuesday.

Misses' coats special at The Fair.

Mr. and Mrs. Dick Roberts were called to Eugene this week by the serious illness of their son Melvin, who is suffering from an attack of influenza.

For a new heating stove you should see the big lot at the Swengel Hardware to pick from. All bought before the advance in price.

Mrs. J. J. Weeden and daughter Eva returned Sunday from Eugene, where Miss Eva was taking treatments.

Clyde Holcomb is now night clerk at the Oregon, having taken the place of Al. Churchill, who is now with a surveying crew in the Bohemia district.

Flashlights and fresh Eveready batteries are sold by Swengel Hardware.

The J. L. Buckley family has moved into the city from their mill for the winter.

W. J. White was in Eugene Wednesday.

L. L. Harrel was in Eugene Wednesday on business.

Hundreds and hundreds of Christmas novelties going on sale now at The Fair.

C. E. Stewart was in Eugene this week in connection with his duties as county fruit inspector.

G. G. Warner returned Wednesday from Junction City, where he was employed during the summer on road work. He says the new stretch between Junction City and Eugene is the finest piece of macadam in the state.

Our bargains in sweaters is selling them; no more at these prices. See them at The Fair.

Mr. and Mrs. Ray Baker came up from Mabel Wednesday. Mr. Baker returned home Thursday and Mrs. Baker went on to Roseburg, to visit a sister, leaving the baby with its grandparents, Mr. and Mrs. Joe Baker.

Frank Sears is quite ill at Camp Fremont and his mother and sister, Mrs. Kate Sears and daughter Bertha, have gone there to be with him.

Special showing of women's and children's new ready to wear hats in velvet at The Fair.

Mrs. Hulda Schultz, of St. Paul, Minn., who had been visiting her uncle, George Bohlman, left last week for a visit at several California points. On her return she will stop here for a further visit. The two had not seen one another for 38 years.

Classy job printing. The Sentinel. ***

Recipe for War Syrup.

While there is need for saving sugar the following recipe for war syrup will prove acceptable and valuable to those who enjoy hot cakes. Hot cakes should be encouraged because the flapjacks the Yankees are so fond of are great wheat savers. Practically every substitute makes good hot cakes, and they form the favorite American breakfast when served with good syrup.

War Syrup—Two cups corn syrup, one cup water; boil five minutes. Cool. Add one teaspoonful maple and one-half teaspoonful salt.

This recipe was furnished by a prominent cooking expert and is recommended, as the syrup may be served not only with hot cakes, but with mush, corn-bread, fritters and puddings.

PERSHING'S "DO WITHOUT IT" CLUBS

Organization of "do without it" clubs in America, as a means of aiding the United War Work campaign, which open November 11, was recommended by James F. Pershing, brother of General Pershing, in an address delivered recently in Portland in behalf of the drive. He urged the American people to make some sacrifices in order to help "carry on" the great undertaking that is to furnish money for war work in the battle zone during the coming year. A great percentage of American people, he said, do not know, from any sacrifices made thus far, that a war is in progress. Relaxation of activities because of peace proposals, he declared, should not be tolerated, and asked people of the country to throw their whole energy and co-operation behind this latest drive for securing funds for the seven big war-working agencies consolidated in the campaign.

The boys over there must have plenty of woolen clothing. We over here must save wool for them. We must buy a new suit if the old one will do. Our

Dry Cleaning

will make that old suit look like new. Picked up any time, cleaned Fridays and pressed Saturdays and Mondays.

The COTTAGE GROVE LAUNDRY

FRESH KIPPERED SALMON EVERY TUESDAY

Butter Nut Bread Every Day

We want—butter, eggs
spuds and vegetables



A. BRUND & COMP'Y

Grocers to Particular People Phone 65

RED CROSS NOTES.

Everyone seems to be anxious to see who can do the most for the Red Cross. The Cottage Grove laundry did free of charge all the work on the recent linen contributions. The employees gave their services and the management furnished the materials and machinery.

The following gave cash in the recent linen drive: Boone Shortridge, \$1; Mrs. A. L. Woodard, \$3; B. F. Fletcher, \$10; Mrs. Stocks, \$1; Mrs. E. Hull, \$3; Hebron Auxiliary, \$1.05.

Lane county chapter sent nine tons of clothing to the Belgians on a quota of five tons. Again we went over the top.

The chapter has asked us to make 1000 ward masks, to be used during the epidemic of influenza. Your help is needed.

Save all fruit pits, nutshells, tinfoil and lead and bring to Red Cross headquarters.

Mrs. F. J. Helliwell is at the Red Cross Store Tuesdays and Thursdays, donating her services. Bring your hats and have them made. The shop has good clothing for sale, especially cloaks, coats and shoes for men and women.

Card of Thanks.

We wish to thank our many friends for their kind sympathy and help in our recent bereavement and sorrow in the loss of our dear son and brother, and would especially thank Wilbur McFarland and family.

Mrs. Mary Hawley Hambrick, Frank Hambrick, o25c O. H. Hawley and Family.

Card of Thanks.

We wish to express our sincerest appreciation of the many kindnesses shown us during the sickness and at the time of the death of our father and brother, Sylvester E. Veatch. Especially do we thank those who kindly furnished music and contributed flowers.

THE FAMILY.

The person who hasn't any git to him will be compelled to work up enough energy to get out.

Smiles are contagious—but don't dis-infect for them.

COTTAGE GROVE HOSPITAL

MODERN, HOME-LIKE HOSPITAL FULLY EQUIPPED
FOR THE CARE OF ANY CASE

Absolutely no contagious cases admitted. Only competent nurses employed. Support your home hospital—one that deserves it.

Dr. S. M. Wendt, Surgeon



"I can't see at a distance
with these glasses"

People who cannot see clearly at a distance through their reading glasses are at a disadvantage.

Frequently they are embarrassed by the necessity of removing—or awkwardly peering over—their glasses every time they look at objects more than a few feet away. If they fuss with two pairs, that's still worse. This inconvenience can be easily remedied by wearing

KRYPTOK GLASSES THE ONLY INVISIBLE BIFOCAL

In the lower part of KRYPTOKS (pronounced Crip-tocks) you get the necessary correction for reading or other close work and in the upper part the correction for distance—no seams nor humps.

They keep your eyes young in looks as well as in usefulness. If you need bifocals or any other kind of glasses you should be fitted at once and by a competent eye specialist. We can promise you satisfaction whatever your eyeglass needs are.

SHERMAN W. MOODY

Broken Lenses EYE SIGHT SPECIALIST
Quickly Replaced AND OPTICIAN
881—Willamette Street, Eugene, Oregon. Telephone—362