

TRY THIS

A MOST DELICIOUS MUFFIN MAY BE MADE AFTER THE FOLLOWING RECIPE:

- 2 cups rolled oats
- 1 cup wheat or substitute flour
- 1 cup sweet milk
- 2 teaspoons baking powder
- 2 teaspoons sugar
- 1 tablespoon shortening
- 1 egg.

Soak oats in milk 30 minutes. Mix as in ordinary genus or muffins. Melt shortening and add to the mixture. Place in gem pans and bake.

INGREDIENTS ALWAYS FRESH AT—

KERR & SILSBY



CHILDREN'S EYES are OFTEN DEFECTIVE FROM BIRTH

A serious problem that confronts parents is to know whether or not their children's eyes are normal. Quite a large percentage of school children are handicapped by defective vision without the parents being aware of the deficiency in their eyesight. This condition is sometimes indicated by backwardness in their studies, nervousness, or a general lack of interest in their work.

THEY SHOULD HAVE THEIR EYES TESTED

For the welfare of the child it is very important to have their eyes examined before school begins, or before their eyes are overtaxed by their studies. If taken in time, children frequently outgrow this trouble entirely, when neglect may result in a general breakdown of the whole nervous system.

A SIMPLE TEST WILL DETERMINE

Parents who are at all in doubt as to the condition of their children's eyes would do well to allow us to apply a simple test to determine whether or not there is cause for further research.

D. J. SCHOLL
OPTICIAN OPTOMETRIST
LENSES GRIND ON PREMISES

TALES OF THE TOWN

Mr. and Mrs. J. B. Gross, of Bandon, are visiting at the home of their daughter, Mrs. A. W. Kime.

Mark Garoutte returned Monday from an outing spent on the coast.

Mail boxes, both for city houses and R. F. D. can be had from Swengel's Hardware.

Mrs. A. W. Kime was in Eugene Tuesday.

Harry Williams, of Seattle, Wash., is visiting here at the home of his sister, Mrs. Joe Baker, and at Mabel at the home of his nephew, Ray Baker. He is

CITY MEAT CO.

Quality Meats
Right Prices

PHONE 89

Delivery before 9; after 3:30

a former resident but had not visited here for eight years.

The price of subscriptions cannot stay down while the price of everything else goes up. Get in during the short time that the old rate is in effect.

Mrs. G. F. Mills returned Tuesday from Salem, to which place she had accompanied her nieces, Thelma and Dorothy Walling, who had been visiting here.

Are You Hungry?



Phone to Us for Good Eats

WE CARRY FRESH FRUITS AND VEGETABLES, HOLSUM BREAD, GOLDEN WEST COFFEE, FRANK'S CANNED MEATS, ELCO NUT BUTTER, RYZON BAKING POWDER, AND PREFERRED STOCK CANNED GOODS.

FRUIT JARS—WE CAN SAVE YOU MONEY ON MASON AND ECONOMY FRUIT JARS.

Short's Grocery

WALK A BLOCK AND SAVE A DIME

the department of psychology. Dr. and Mrs. Woods also attended the G. A. R. encampment.

The spot cash and carry home your goods means cheaper goods. Make a saving at Spray's. m22tf

Miss Lindley Welch, daughter of Mr. and Mrs. Roy Welch, of Kelso, Wash., has returned to Alaska to resume her duties as instructor in the government schools.

Mrs. Carl Sears writes to change their address from Stevenson, Wash., to Camas.

The ladies' aid society of the Presbyterian church will meet next Wednesday afternoon at 2:30 o'clock in the church parlor. Every member is urged to be present.

Why not get a Florence automatic blue flame oil stove to cook with?—clean, quick and cheap. Oil is cheaper than wood. Sold by Swengel Hardware.

K. K. Mills, who recently bought a new Maxwell, has sold his other Maxwell to W. A. Keene.

Rev. G. L. Hall, of McMinnville, representing the American Baptist Publication society, visited Rev. E. G. O. Great Wednesday and motored to Eugene in the evening. Mr. Hall was returning from a trip through eastern and southern Oregon.

SILKS

We are offering some splendid values in silk piece goods, taffeta and crepe de chine, 40 inches wide, at the yard

\$1.85 to \$2.90

POWELL & HEMENWAY

Fine lot of diamonds just received by H. C. Madsen. A mighty good investment for anyone. They are going up in price rapidly. ju28tf

Mr. and Mrs. Chas. Walker and two sons arrived Monday from Spokane to spend the week on business and pleasure.

Mrs. Leo Roy Woods has received word from her sons, Lieutenant Lee Roy Woods and Sergeant Dan Woods, that they have arrived safely overseas, which means that all the boys who left at the same time have also arrived safely.

FARMING IMPLEMENTS

HOOSIER DRILLS
J. I. CASE PLOWS, HARROWS AND DISKS
We will make you the right price on farming machinery of any kind. Prepare for your fall seeding now.

Wynne & Kime

HARDWARE

Make the boy a present of a wrist watch before he goes away. Fine line just received at H. C. Madsen's—from \$10 up. jly12tf

Mr. and Mrs. W. E. Beck arrived Saturday from Portland and expect to again make this their home for some time.

C. H. Vandenburg has been suffering with stomach trouble during the past two weeks.

Mrs. Maud Griggs, of Comstock, visited this week at the Hiram Griggs home. Good brooms; Swengel Hardware.

Robert Sutcliffe, Jr., who was employed during the summer with the El-

HOME MADE

RENDERED SAUSAGE, WIENIES
CORN BEEF, PRESSED CORN BEEF, ETC.

Eggs, Poultry, Beef Stuff, Veal, etc., Bought and Sold by the

People's Meat Market

Under Entire New Management
Emerson Keithley, Prop. Phone 15

son-White chautauqua system, has returned home. Robert Sutcliffe, Sr., is expected home within a week. The senior Sutcliffe has been in the east and south and the junior in Canada.

Nelson Whippis left Tuesday for Bremerton, having had orders to report there Wednesday. He was in the naval reserve.

The City Meat Market buys veal, live and dressed. Phone 89. a2tf

W. B. Dennis was here from Carlton for the week-end looking after business at Black Butte.

Mr. and Mrs. B. F. Shortridge are in from their Coast fork ranch for two or three weeks.

Mr. and Mrs. Robert Phillips were down from Black Butte for the week-end. Mr. Phillips went to Eugene and brought back his son's motorcycle to which he had a side car attached, and they returned to Black Butte in the machine Sunday evening.

All kinds of records of latest war music at H. C. Madsen's. ju28tf

A seven-pound son was born Monday to Mr. and Mrs. Fred Beidler.

Charles Hall was home from Camp Lewis Sunday and Monday visiting his mother. He is well pleased with army life.

C. M. Parker visited his father at Dexter over Sunday.

Mr. and Mrs. Harry Wheeler, of Portland, spent the week-end at the Harry Hart home. They and Mr. Hart had been called to California by the illness of a brother of Mrs. Wheeler and Mr. Hart. They had expected to find their brother dead, but he had taken a sudden turn for the better. Their nephew, Harold White, returned with them.

Remember the boys in France with your photo—it will encourage them. A. L. Monroe. jun28tf

Mrs. W. E. Bosserman and baby left Tuesday to join Mr. Bosserman at Marcola, where he is agent for the Southern Pacific.

Mr. and Mrs. Jack Callahan, of Portland, spent the week-end at the home of Mrs. Callahan's parents, Mr. and Mrs. W. C. Johnson.

Frank Woodruff, who is a plumber for the Southern Pacific, was home from Portland over Sunday and Monday. He has joined a state company of engineers at Portland.

Mill supplies; Swengel Hardware.

T. Lamson, of Nebraska, who attended the G. A. R. encampment at Portland, is visiting here with his brother, J. F. Lamson.

F. H. Cook and family, of Yoncalla, passed through here Monday on their way home from Portland, where Mr. Cook is employed in the shipyards.

The E. A. Clark family has moved to Reedsport.

Three room house for rent, furnished. Two blocks from high school. Phone 171. s6-13c

Mr. and Mrs. D. H. Hemmenway returned Sunday from a month's outing.

J. A. Wright went to Portland Wednesday on business and to meet Mrs. Wright and son Gordon, who are expected to arrive there today from the east.

Mr. and Mrs. Oscar Laughlin arrived Saturday from Mohawk for a week's vacation. Mr. Laughlin left for the Siu-slaw Sunday on a hunting trip.

Ray S. Gourley, of Albany, and Miss Martha Lebow, of Mosby creek, were married here Saturday. Rev. Joseph Knotts officiating.

Miss Lenora Hubbell was taken to a Eugene hospital Monday for an operation for appendicitis. She was accompanied by her mother, Mrs. W. L. Hubbell, and Mrs. J. S. Benson. Miss Lenora is recovering nicely, and Mrs. Benson returned Tuesday.

Rev. and Mrs. Joseph Knotts and son left Wednesday morning to spend a week or so at Lafayette.

Joseph Nokes, of Orting, Wash., who attended the G. A. R. encampment at Portland, is visiting his brother, John Nokes.

Jasper Patten returned Friday from a trip to Lyle, Wash.

Mrs. Gerald Woods and son, of Portland, are visiting at the home of Mrs. Woods' mother, Mrs. Helen DeLong.

J. G. Cooper and Mrs. Cora Wallen, who had been visiting their brother and sister, W. B. Cooper and Mrs. I. A. Randall, returned to their home in Iowa Saturday. Mr. Cooper shipped a carload of cattle home from here.

Mrs. Bowman Hartley, of Puyallup, Wash., who had been visiting friends here, left Saturday for Myrtle Point to visit her sister, Mrs. Harry Tibbels.

Mr. and Mrs. Claud Keithley, of Aransas, Calif., visited this week at the home of Mr. Keithley's brother, Emerson Keithley, leaving Tuesday for eastern Oregon to make their home.

Mrs. Stranahan and baby have arrived from Washington to join Captain Stranahan, of the geological survey.

Mrs. B. R. Job and Mrs. Chas. Adams and daughter Adeline are spending a few weeks at Newport.

Mr. and Mrs. George Edwards, who had been visiting at the home of Mrs. Edwards' mother, Mrs. Wm. Haupt, returned to their home at Portland Saturday.

Mrs. C. M. Hogue and daughter have returned to their home in Pendleton, after a visit with relatives at London and with the Emerson Keithley family here.

Mr. and Mrs. Worth Harvey attended the reception given at Eugene Friday evening by the Masonic bodies in honor of Professor F. S. Dunn, who has gone to the Y. M. C. A. training camp in California. He expects to be sent to Italy in the near future.

A marriage license was issued this week to Harvey Nighswander and Hazel E. Smith, both of Lorane.

Mr. and Mrs. Bud Shortridge were in Eugene Monday.

IF YOU HAVE DISEASES OF THE Stomach, Disease of Skin or Gall Stones . . . See Dr. Oglesby

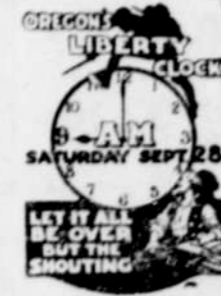
Mrs. E. B. Miner writes from Portland enclosing a year's subscription. Superintendent James E. Dunton writes from Lebanon that he has just returned from spending the summer building ships for Uncle Sam. He encloses a part of his earnings to pay for a year's subscription.

Eugene Register: Earl Harkleroad, formerly of Cottage Grove, who has been working in northern Washington for the past year, is now working for the B. F. Goodpasture Auto Supply company.

I give special attention to the Eye, Ear, Nose and Throat, as well as General Surgery. Eyes tested and glasses fitted. Dr. Wendt, at Cottage Grove Hospital

School Supplies

Our new line of School Books and School Supplies are here. We're a bit short of help, so come in and select your outfit now, when there is plenty of time to look over our stock. You'll get a better selection and better service by coming early.



A. BRUND & COMPANY

The United States marshal calls the attention of female German aliens to the fact that in case of change of address or removal from one registration district to another they must report to the registration official previous to such removal or change of address and obtain a permit.

Subscriptions Go Up October 1

BECAUSE of the continued advance in the expense of getting out a paper, the subscription price of The Sentinel will go to \$2 October 1, and will remain at that figure until there is a change in the price of the things that go into making a newspaper. Until October 1 subscriptions will be accepted at the rate of \$1.75, or \$1.50 when paid in advance for a whole year. Get in while the getting is good.

The Live Wire Newspaper



What is a Branch House?

The Branch House is the place in the packing organization where what the packing plant does for you is put where you can use it.

Both are the natural result of growth and development in the living thing they belong to.

Swift & Company Branch Houses are located in distributing centers all over the country. They are fitted out with refrigerating equipment to keep meat cool, sweet and fresh.

Each one is in personal charge of a man who believes in what Swift & Company is doing for people and wants to help do it.

They are directed by men who have spent years learning how to get better meat cheaper to the places where it is needed.

Meat is shipped to the branch houses direct from the packing plants in Swift & Company's refrigerators cars, in such quantities that it can be disposed of while fresh and sweet.

Your meat dealer comes here to buy your meat for you—unless someone else can treat him better than we can.

So you need the branch house in order to live well; and the branch house and the packing plant need each other, in order to be useful to you.

Swift & Company, U. S. A.

