

The Cottage Grove Sentinel

COTTAGE GROVE, LANE COUNTY, OREGON

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Survey of Trends in Home and Family Living to Guide Extension Program

Looking ahead to the 1957-58 home extension unit program, planning chairman from Lane county's units met with extension agents, Mrs. W. E. Riley and Mrs. F. A. Klippstein, and members of the county advisory committee to evaluate this year's program and to survey trends in home and family living that would have direct bearing on the choice of future projects.

Mrs. Carl Smith Jr., Rt. 2, Creswell, chairman of the county advisory committee, presided over the meeting, held this week in the conference room of the Lane county extension service offices.

Member Canvass Planned
As an immediate follow-up of this meeting, program chairmen will canvass members of their units for program interests and project suggestions. These lists

after being itemized by the local extension office, will be sent to Oregon State college for analysis and pre-determination of trends in the state. On March 15 the local program planners will meet again to decide which suggestions will be placed on a ballot on which all unit members will vote.

Unit members who serve on the advisory committee to the extension agents in home economics are Mrs. Smith; Mrs. Soren Madsen, Route 3, Junction City; Mrs. W. G. Wightman, Mabel; Mrs. W. H. Fieldman, Elmira; Mrs. Archie D. Hill, Cottage Grove; and Mrs. Robert Marquardt, McKenzie Hwy., Springfield.

Scope Is Broad

The teaching of improved methods of homemaking is the major objective of home economics extension. Mrs. Riley told the program planners. Scope of the program is broad, she said, with agents attempting to teach all women in the county through home extension units, special meetings, mass media, and personal contact.

Mrs. Klippstein suggested that program planning chairmen urge unit members to follow a plan of "continuity in program planning."

In the current year's program, members selected projects which emphasized two long-time objectives approved by all units—preparing food for better use of time and energy. Mrs. Klippstein said. The 1956-57 unit lessons include use of foam rubber, yeast rolls, sewing machine attachments, low calorie meals, salads and salad dressings, a study of Africa, a pattern fitting workshop, mental health short course, a course on pruning plants, and special tours.

Current Trends
Summarizing current trends, Mrs. Wightman underscored the facts that 30 per cent of all married women are working outside their homes, that there is an increasing high proportion of the population in the over-55 age group, that more single persons



LANE COUNTY's home extension unit study program, 1957-58 model, is subject of discussion for Mrs. Carl Smith Jr., Route 2, Creswell, chairman of Lane county home extension advisory committee, Mrs. W. E. Riley, extension agent in home economics, Mrs. W. G. Wightman, Mabel, secretary of advisory committee, and Mrs. F. A. Klippstein, county extension agent. Mrs. Smith presided over recent meeting for program planners from 34 extension units, and Mrs. Wightman presented current trends in homemaking which will help determine future program.

Friendly Neighbors Meet at Saginaw

By Mrs. Ruby Benston
Phone 28F4

SAGINAW — Friendly Neighbors club met at the home of Mrs. Lowell Benston Thursday evening. Six members were present. Visitors were Mrs. Delmer Benston and Mrs. Robert Keene of Cottage Grove; Mrs. Roy Edwards; Mrs. R. P. Bash and Miss Linda Bash.

Mrs. Glen Platner was elected president; Mrs. Lowell Benston, re-elected vice president and Mrs. C. G. Keene re-elected secretary. Mrs. Jake Schwarzer, treasurer, Mrs. "Club Mother" and Mrs. Charles Sharon and Mrs. Ray Huffman were appointed on the sick committee. Mrs. C. G. Keene and Mrs. Silas Thompson are to buy the gifts for the outgoing officers.

Prizes in contests were won by Mrs. Edwards, Miss Bash, Mrs. C. G. Keene, Mrs. Thompson, Mrs. Platner, and Mrs. Delmer Benston.

Mr. and Mrs. Fred Hass and son went to Centralia, Wash., last week and brought back Mr. Hass' nephew, LeRoy Howell, who is in the air force and was home on leave. LeRoy had spent the past 18 months in Japan.

Mrs. Silas Thompson entertained at her home Monday evening. There were 10 present. Several won prizes in contests.

Four 4-H Clubs Formed at London

By Mrs. Esther Hinkle
Phone 120444

LONDON — Four 4-H clubs were formed at London school Monday. One club is the Knitvits, knitting club, with Mrs. Elwin Kosey as leader and Mrs. Willard McKay, assistant leader. Officers are president, Judy Beech; vice president, Farris Lusk; secretary, Margaret Olds.

Another club formed was the Cautious Crocheters, a crochet club. Leader is Mrs. Joe Olds. Officers are president, Kathy Black; vice president, Sandra Baringer; secretary, Cheryl Townsend.

In the Choosy Chefs cooking club the leader is Mrs. James Black. President is Emory Powell; vice president, Stephen Powell; secretary, David Black. The Eight Eaters cooking club has Mrs. Leon Morton as leader and Mrs. Chad Lusk as president; Therry Sheen, vice president; and Bonnie Jean Manning, secretary.

Club 16 Years Old
London 4-H Mothers club has set January 29 as the date for celebrating the club's 16th anniversary. There will be a dinner for all paid-up members. Mrs. Leon Morton and Mrs. Glen Banton, charter members, are still regular members. Recently the club purchased a playboard which will be used for making better voting facilities in the club house. The improvement will be made before the next election.

Mrs. Archie Powell underwent a major operation at Cottage Grove hospital Tuesday morning. Al Fletcher is logging on the old Kelly place near Cottage Grove lake.

Latham school students visited London school Friday afternoon. London boys and girls won over Latham in basketball and volleyball games.

Mr. and Mrs. Nelson Bemis were dinner guests of the Harold Clarks at Creswell Thursday. The occasion was Mr. Clark's birthday.

Saturday Mrs. Everett Grimm telephoned her parents, Mr. and Mrs. Willard McKay, from Rome, N. Y. She said the temperature had dropped to 35 degrees below zero there.

Mrs. Leonard Younce and children of Portland were recent visitors of Mrs. Younce's aunt, Mrs. Lynch Curran.

Recent visitors of Mrs. Thena Miller and Mr. and Mrs. Claude Albene were Mr. and Mrs. Dale Adams and Linda of Costa Mesa, Calif., Mr. and Mrs. Wallace Miller and son, Mr. and Mrs. Harry Henderson and Mrs. Gordon Grable and Mike of Cottage Grove.

Clyde Clark, a long time resident of Cedar Creek, passed away Friday. Funeral services were January 23 at 1:30 p.m. at Mills Mortuary.

Miss Gessler Visits Sig Nelson Home

By Mrs. Harry Castle
Phone 96843

MOSBY CREEK — Miss Ruth Gessler of San Francisco visited several weeks at the home of her brother-in-law and sister, Mr. and Mrs. Sig Nelson of Blue Mt.

Mr. and Mrs. John Espey of Thornton Corners moved Saturday into the home they bought at Walden.

Albert Lancaster took his daughter, Goldie, to a Seventh-day Adventist school near Canyonville Sunday where she will attend school for the rest of the term.

Mrs. Glen Roby visited this past week in Tacoma, Wash., with her parents, Mr. and Mrs. W. H. Seidel, and with her sister and family.

Mr. and Mrs. Leon Lancaster and son, Larry, of Divide visited Saturday evening with Mr. and Mrs. Harry Castle. It was Larry's birthday and they brought a cake for the occasion and took flash pictures of the group.

Mrs. Everett McCoy took Mrs. Sig Nelson to a doctor in Eugene Wednesday for treatment on her leg.

Mr. and Mrs. Norman Johnson and daughter of Sacramento visited a few days last week at the home of her uncle and aunt, Mr. and Mrs. Jim Fox, and family.

Your correspondent spent a few days in a Eugene hospital for treatment recently.

4-H Club Meets
The Whipstitch 4-H sewing club met Thursday evening at Blue Mt. school and the leaders, Mrs. Jim Fox, Mrs. Glen Roby and Mrs. Verlin Ward were present.

The small girls started their head scarves and the larger girls fitted their patterns for the dresses they will make. Mrs. Verlin Ward served a lunch of jello and cookies. Jenny Lind Howell is club reporter.

Dorena school played basketball at Blue Mt. school Friday afternoon. The girls score was Dorena, 25, Blue Mt., 20, and the boys score was 20 for Blue Mt. and Dorena, 16.

Mr. and Mrs. Merle Fishback of Portland spent the weekend at the home of her parents, Mr. and Mrs. Sig Nelson.

Almost all persons suffer from dental disease at some time during their lives.



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MAYONNAISE Borden's, wide mouth jars quart 49c

TUNA FINER FOODS Solid Pack in Brine Light Meat. 4 cans \$1.00

RICE Uncle Ben's, 28-oz. package 39c

LIPTON SOUP Vegetable-tomato or noodle 3 pkgs. 39c

LIPTON TEA 48-bag package 59c

GRAPEFRUIT Arizona 8-lb. bag or Texas Red 5-lb. bag 49c

BANANAS Golden Ripe 2 Pounds 29¢

TOMATOES Dandy Cello Tube Pack 22¢

ALL COCOA The giant 10-lb. package \$2.49

Nestle Quik, Big 2 1/2 lb. 99c

FLOUR KITCHEN QUEEN Hardwheat 10 lbs. 79c

NESCAFE Big 6-oz. jar \$1.29

NESTLE CHOCOLATE BITS 6-oz. pkg. 19c

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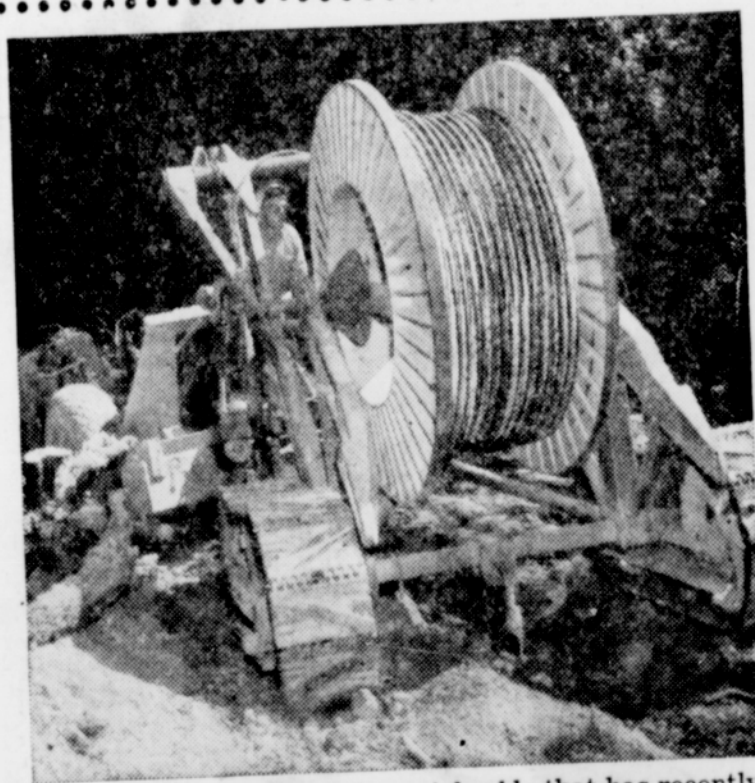
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WHAT'S DOING



C. W. "Bill" Hawkins, your Telephone Manager for Cottage Grove



Here's a new voiceway, a coaxial cable that has recently been put into service between Northern and Southern California. It can carry as many as 600 of your telephone calls at one time. Together with our many other microwave and cable routes, the new coaxial cable gives communities all over the Pacific West another important link with one another. And it helps us keep pace with your ever-growing desire for fast, efficient telephone service.



Microwave and coaxial cable, because they carry so many calls at once, not only improve long distance service, they help keep long distance rates low. You can call clear across the country for only \$2.00 plus tax. That's the station-to-station rate for a three-minute call after 6 p.m. weekdays and all day Sunday. Calling long distance is fun. And with rates like this, you can afford to call often.

Have You Met

Margaret Edwards, who started working for the telephone company January 1951, in Eugene as a Service Representative, transferring to the Cottage Grove office in July of that same year where she replaced her mother, Mrs. Armorer Miller, who retired in August after 25 years of service.

Margaret is one of the three Service Representatives in the local office who would like to extend an invitation to each of you to stop in at the new telephone building and say "hello" and they will be glad to help you with any telephone problem you might have.

