

The Cottage Grove Sentinel

COTTAGE GROVE, LANE COUNTY, OREGON

THURSDAY, SEPTEMBER 29, 1955



RACKETEERS FROM THE SENIOR CLASS make all the racket they can as they pass the judges stand Thursday night during the "noise parade" part of Fall Opening. The Seniors won the \$15 first place award for the best noisemakers. (Camera gremlins left us alone this week, but hit the engravers, who reversed the engraving).

'Do-It-Yourself' Fad Is Taken Up by More Than 1200 Lane County Women in 34 Local Home Extension Units

The "do-it-yourself" fad, which has swept the country during recent months, is a longtime tradition for more than 1200 Lane County women organized within 34 home extension units. And this year's program of unit lessons and activities which will be carried out by Lane County home agents, Miss Virginia Moorman and Mrs. Nancy Riley, adheres to Lane County homemakers' expressed desires to increase their fund of "do-it-yourself" techniques.

"All women are invited to take advantage of this program geared to the needs and interests of Lane County homemakers," said Miss Moorman. "Information about the lessons and the dates they are

scheduled may be obtained from the Lane County Home Extension office in the Public Market Building, Eugene."

The coordinated study program including seven unit lessons and two workshops, stems directly from three "needs and interests" which program planning chairmen from 34 home extension units voted to emphasize. Itemized by Miss Moorman, these needs are learning inexpensive hobbies to fill leisure time, learning techniques to improve family appearance through clothing, and improving family unity and meeting citizenship responsibilities.

"Final selection of lesson and

workshop topics were based on tabulation of actual votes by members of all extension units," Miss Moorman noted.

The home extension unit program is based on a "grass roots approach" to the homemakers' needs, she said, and is the direct result of three planning meetings attended by program chairmen of all units.

"As this year's program goes into action, planning for next year will have already begun," she said. Meetings are scheduled in October, February and April to plan the 1956-57 program. At the October meeting, program chairmen will discuss needs, interests, of



RAPID FREE HAND CARTOONS ON "TELEPHONE MANNERS" is shown being illustrated by Shirley Long, Portland Pacific Tel. and Tel. employee. She gave the show in the window of the local phone office during Cottage Grove's first annual Fall Opening.

the homemakers in their units. At the February meeting, program chairmen will present two needs as suggested by members of each unit. The sum total of these 68 suggestions from the 34 units will be analyzed by home extension agents, grouped under certain topics, and returned to the units for membership voting. Tabulation of these votes will be presented at the third program planning meet in April. And from this vote, program planning chairmen will compile seven lessons which extension agents will prepare for the next year.

Becoming A Better Hostess On the 1955-56 calendar, "Be-

coming A Better Hostess" ranks first by popular request. It will be presented to all extension units during October. To dramatize everyday courtesies, the women themselves will "act out" social situations.

"We will pay special attention to table manners, social courtesies, and the values of being friendly," Miss Moorman said.

Placing second in the popularity rating was the study of a foreign country—Program chairmen selected South America as the study topics for May.

"An avowed aim of Extension membership is to build closer relationship with women of the world," declared Miss Moorman. "Each year unit members select a country and make a thorough study of its people, customs, and geography. Ordinarily, these unit meetings are climaxed by a luncheon featuring native recipes."

Baskets and Wills

"Reed Basketry," third by popular request, will be the unit lesson in November. Home Extension agents will train project leaders from each unit who in turn will teach this craft to members of their own units.

The acceptance of women's responsibility in the financial and business affairs of the family was indicated by the overwhelming request for study regarding wills and inheritance. Requests for this lesson placed it fourth in popularity. (Home agents will personally present it to members of all Lane County units during January). "Our plan is to discuss law and legal procedures affecting homemakers, and we will place special emphasis on wills, deeds, mortgages, and transfer of title to property," Miss Moorman declared.

"Leather Sewing"

Miss Moorman and Mrs. Riley will present the lesson, "Mending Tips," to project leaders in February, "Garment Finishes" in March. These lessons rated fifth and sixth in interest.

"Leather Sewing," a first-time project in the state of Oregon, will be presented in April at the request of Lane County women. Miss Shirley Damon, former Lane County home agent, prepared the material for this lesson. The two home agents will train the project leaders in the techniques of sewing leather moccasins, purses, slippers, and other leather items.

Two Workshops

In November, Miss Moorman and Mrs. Riley will conduct a sewing machine clinic in the seven districts in Lane County. A second workshop on "Braided Rugs" is scheduled for March.

Miss Moorman said the unit study program is only one of many services provided by the Lane County Extension Service. The home agents appear regularly on the "Extension Service Review," a KERO broadcast at 6:45 a.m., in which they give timely home economics information. They prepare a newsletter which is mailed to all women requesting it, and are available for personal consultation to Lane County homemakers. Lane County's home extension agents are qualified to give professional advice in all fields of home economics including family life, home management, housing, budgeting, cooking, clothing and textiles.

Thousands of volunteers are needed for the March of Muscular Dystrophy Associations of America, Inc., Nov. 21-25. The 200,000 victims, mostly children, desperately need your help.

WELDING

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This month, as we celebrate our 90th anniversary, we of the First National Bank wish to express our deep gratitude to the people of Oregon. Thanks to the confidence placed in us by the people of our state, we have grown to become the leading bank in the Pacific Northwest. It has been a wonderful 90 years. Let's keep on "Building Oregon Together!"

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OATS	Albers	3 lbs.	39c
NUCOA	The Original	lb.	29c
CHEESE	Swift's	2 lbs.	69c
BEANS	Baby Limas Large White	2 lbs.	29c

Potatoes 10 lbs. 39c
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TISSUE	M-D	4 for	39c
SPRY	Shortening	3 lbs.	69c
ORANGE	Hi-C	46 oz.	25c
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