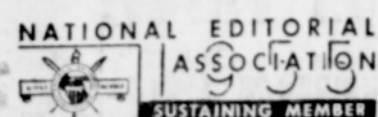


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Bright Future for Northwest

A bright future for the country—and especially the northwest—was predicted in Seattle recently by Henry G. Riter, 3rd, president of the National Association of Manufacturers.

Riter, president of Thomas A. Edison, Inc., West Orange, N. J., stated that the country is on the threshold of what might well be its greatest era and that "the people of the northwest should be at the forefront as the fruits of this greatness are harvested."

The industrialist made the statement during a special interview following his arrival in Seattle. He is in the northwest for a series of meetings this week with local businessmen.

Riter cited recent technological advances, such as those achieved in electronics and nuclear energy, as well as the population growth of the country as reasons for his optimism.

"We should have by 1975," Riter said, "a standard of living that will far exceed our modern society of today."

"The northwest, with its great sources of electrical energy and its vast natural resources, should experience an economic growth at a rate faster than the national average. It would seem that this area is assured a population growth well above the national average," he added.

At the present time, there are as many people living in greater Los Angeles county as live in the four northwest states—Washington, Oregon, Idaho and Montana—combined. Both total roughly five million, Riter pointed out.

"That gives some indication of the expansion possibilities of these four states," he added.

The NAM leader added a warning note, stating: "America and American industry must have the proper climate in which to operate if the marvels of science are to be fully developed and incorporated into our everyday standard of living."

Cost of Fringe Benefits Not Recognized

The part of Santa Claus played by the average business concern in fringe benefits, is recognized rarely by the employee. The Oregon Business, a monthly publication from the School of Business Administration at the University of Oregon contains some interesting information on the subject of fringe benefits in its current issue. Statistics were taken from the Oregon State Bureau of Labor's Industrial Directory and supplemental information from the Portland and Vancouver Chambers of Commerce. A list of 195 manufacturers concerns employing twenty-five or more persons were developed.

Questionnaires covering fringe benefits were sent to all concerns and early in May 55 replies had been received, a return of about 28 percent. Forty-four of the firms were able to supply all information asked in the questionnaire, which covers either the 12 month calendar year or the latest 12 months period.

Aside from the legally required benefits, the type of fringe benefits reported in order of their preference were:

	No. Companies Paying	Required to Pay by Union Contract
Vacation pay	44	36
Group health Ins.	37	26
Paid holidays	33	24
Life Ins.	25	13

The aggregate cost of these benefits, not all listed for the 44 companies reporting for 1954 was \$4,182,067. This represents an average per worker cost of \$679 or an additional labor cost of approximately 16.6 percent of the base pay of these concerns.

Of the benefits offered, about 25.2 percent of the fringe benefits are required by law, another 31.2 percent are required by union contract, leaving 43.5 percent which could be discontinued or reduced by employers.

Fruit Milk Mixes Make Nourishing Tasty Hour Drink

Milk is plentiful! Seasonal increases in milk production bring the reminder for homemakers to collect their favorite milk recipes to whet the family appetite for this valuable food.

Miss Agnes Kolshorn, Oregon State college extension nutritionist, says that in addition to stand-by recipes there are several newly-developed recipes for everybody in the family. These include nutritious and appetizing recipes for milk blends with various fruits and their juices.

Some general tips for making: Pour milk into the blender or electric mixer, then add other ingredients. Use high speed for blending. Serve immediately if possible. If the drink must be stored to chill, rebrend for 10 seconds before serving. If ice cream is added for extra nourishment, cut it in pieces and blend until the mixture is creamy.

Apricot - Milk. Ingredients: 1/4 cup dried or 1/2 cup canned apricots; 2 tablespoons sugar; 1/8 teaspoon salt; 2 cups milk. To make: Add apricots, sugar and salt to milk. Blend at high speed—10 to 20 seconds for canned apricots but 30 seconds to 1 minute for dried apricots. This makes 3 servings. To plump the dried apricots in advance, pour boiling water over them and let stand 5 to 10 minutes.

Banana - Milk. Ingredients: 2 cups milk; 2 ripe bananas; 2 tablespoons sugar or 2 tablespoons molasses. To make: Blend all ingredients 1 minute at high speed. If bananas aren't fully soft, increase the blending time. This makes 3 servings.

Pineapple - Milk. Ingredients: 1 cup milk; 1/2 cup crushed can-

ned pineapple; 1 teaspoon sugar; 1 tablespoon lemon juice. To make: Blend all ingredients 20 seconds to 1 minute depending on coarseness of pineapple. Fresh cooked pineapple makes a fine-flavored drink, but requires straining to remove fibers. (Uncooked pineapple will curdle milk). This recipe makes 1 large serving.

State Nat. Guard Mobilization Rate Is Above Average

Salem—"The Oregon National Guard's ability to mobilize 96 percent of its 6,763 officers and enlisted men during "Operation Minuteman" was well above the national average." These were the words used by General Matthew B. Ridgway, U. S. Army Chief of Staff, and top National Guard Bureau officials in commending Major General Thomas E. Rilea, Oregon's Adjutant General, during the three-day Adjutants General Conference held in Washington, D. C., late last month.

"Operation Minuteman" the national alert of the National Guard which occurred on April 20 to test how quickly the Guard could be mobilized in the event of a national emergency, put nearly 400,000 of the country's citizen-soldiers into uniform for a three hour period.

In World War II there were 599,693 Marines (98% of Marine Officers and 89% of Marine enlisted men served overseas during the war. Of the total Marines in uniform there were 19,000 Women Reserves.

On the established theory that a shy dog seldom is a dependable one, Army dogs unable to overcome shyness are considered unfit for military service.

Death Hits Twice At Latham Area

By Mrs. Esther Trunnell
 Phone 17F11

LATHAM—Two sudden deaths stirred this community during the last week. Both were in families that had resided here for three generations.

Mrs. Murray (Mildred) Trunnell passed away Wednesday afternoon, May 4. Though she had been ill for many years, she was apparently as well as usual in the early afternoon.

Those who came from a distance for her funeral on Monday afternoon were her sister, Mrs. Artie Smith, with Mrs. Smith's daughter, Mrs. Lottie McClain and her son, Charles Burg of Tacoma.

Other visitors Trunnell's niece, Mrs. Murray (Alice) Hansen of Port Townsend, Wash., flew from Seattle and joined her sister, Mrs. R. E. (Irene) Yates of Eugene.

The Yates family, with his mother, Mrs. Eleanor Yates, of Portland and Mrs. Hansen spent Monday and Tuesday with Mr. and Mrs. Hugh Trunnell. Murray Trunnell was also present.

The Yates and Mrs. Hansen attended the funeral Monday. Others were Mr. and Mrs. Lee Yokum of Wolf Creek; Mr. and Mrs. E. Potter; Mr. and Mrs. Harry Williams and Mrs. Vern Williams, all of Yoncalla; Mr. and Mrs. Roy Means of Redmond, and Mr. and Mrs. Nelson Garoutte of McKenzie Bridge.

Dies While Fishing
 Albert A. Hull passed away while returning from a fishing trip (on which he got his fish) near his home Friday. Earlier in the day, he remarked he never felt better in his life and thought he'd do a little fishing. His pole was upright in the mud where he fell.

Mr. and Mrs. Harvey Shipp of Madero, Calif., were Wednesday guests at the C. S. Plaster home.

Pvt. Fay Arne of Fort McChesney, Ala., was married April 8, 1955, to Hollie T. Thornton of Russellville, Ala. She intends to stay in service until her time is up. He is going to school on the GI Bill of Rights. Fay is the daughter of Clare Arne and her grandmother is Mrs. Jennie Arne.

"Mother's Day was complete at the Roy Beers home as all of their children and their families were home for the day. From out-of-town were Mr. and Mrs. Chester Morris and family of Roseburg and Mr. and Mrs. Harold Godard and family of Coos Bay.

Connie Yearous, small daughter of Gilbert Yearous, has been in the Cottage Grove hospital for treatment this week.

A Rogue River fisherman's button is the proud possession of Harold Landers, who caught a 37 pound salmon while on a three-day fishing trip which ended Sunday. The buttons are given to fishermen catching a salmon weighing 30 pounds or more.

Landers, his wife and companions, Mr. and Mrs. Fred Harris, went from Port Orford to Gold Beach to fish. Landers returned to Cottage Grove.

Mrs. Tex Marshall is the proud possessor of a nine pound five ounce baby girl, born to her at Cottage Grove hospital May 9.

She returned to the home of her parents, Mr. and Mrs. A. C. Holt, who live on the W. L. Baker place.

George Medley

George Robert Medley, Dorena, Oregon, died Tuesday, May 10, 1955, at the age of 76 years. He was born at Oakland, Oregon December 28, 1878, and lived there until moving to the Cottage Grove area in 1914. On March 10, 1941, he was united in marriage at Roseburg, to Lena Hornbuckle.

Mr. Medley had been a construction contractor until his retirement some years ago. Surviving are one daughter, Mrs. Margaret Sherrett of Dorena; three grandchildren: one, Beldon Medley of Goshute; and three sisters: Mrs. Lela Harmon of Portland; Mrs. Adella Hatch of Cottage Grove, and Mrs. Opal Jones of Disston.

Funeral services will be held at Mills Mortuary in Cottage Grove at 1:30 p.m. on Saturday, May 14, with Father L. H. Young of St. Andrew's Episcopal Church officiating. Vault interment will be in the Oakland Odd Fellows cemetery.

Mildred Trunnell

Mildred Trunnell, Blackbutte Route, Cottage Grove, died suddenly at her home Wednesday, May 4, at the age of 63. She was born July 1, 1891, in Washington, and came to Cottage Grove from Grants Pass in 1916. On May 21, 1918, she was married at Roseburg to Murray Trunnell, who survives her. She was a member of the Cottage Grove Rebekah lodge and a Gold Star Mother, having lost a son, Cecil Mathews, in World War II.

Surviving besides her husband, are one brother, Lee Williams, Cottage Grove, and one sister, Mrs. Artie Smith, Tacoma, Wash. Funeral services were held at Mills Mortuary, Monday, May 9, at 2:30 p.m., with vault interment in Taylor-Lane cemetery. J. Michael Shelly officiated.

PARTICIPATES IN DEDICATION
 Mr. and Mrs. W. C. Martin drove to McMinnville Sunday for the dedication of two members of the First Baptist Church at McMinnville, who will soon enter service as foreign missionaries. Mrs. Martin, representing the foreign mission board of the American Baptist convention, gave a short talk in connection with the dedication of the Rev. and Mrs. Burton Weidman, who are leaving in September for Bengal, India.

Returning home, the Martins stopped by for a brief visit with Mr. and Mrs. Benton Schrenk and Mrs. William Gambill and children of Lebanon.



Dear Sir:

The Board of Directors and the Staff of the Oregon Health Association would like to express their sincere thanks to the people of Lane County for their generosity during the Heart Fund Campaign. A total of \$2,275.99 was raised in Lane County. This contribution will be used to promote heart research, provide for professional and public education and aid community service in Oregon.

In addition to Mr. Harold Miller, Lane County heart fund chairman, and Bill Hawkins, local chairman, the Oregon Heart Association would like to thank the following agencies for their wholehearted effort in the campaign: Radio Station KORE, Radio Stations KERG, KUGN, and KASH, Television Station KVAL-TV and the Eugene Register-Guard, the Springfield News-Journal, the Cottage Grove Sentinel and Radio Station KSGA in Cottage Grove; the Junction Oar in Florence; the Junction City Times in Junction City, and the Oakridge Telegram in Oakridge.

Sincerely yours, Dr. E. L. Boyler, president.

To the Editor of the Cottage Grove Sentinel: I want to thank you for the nice publicity you allowed our community work of cleaning up the economic COOP Cemetery in Cottage Grove.

Many saw this published in your widely read paper, and the results have been gratifying so far. But there is a long hard road to travel yet before we receive funds enough to do this work properly. So please mail your share promptly so I will know how much help to hire. At present I have four experienced hands, and cannot hire any more unless I have more funds. So many lot owners wait till the last moment to mail in their place, so we are rushed to death.

Memorial Day is on Monday this year, so we will work only up to the end of May 28th, Saturday. We begin work May 14th. Time is short so we will have to work hard and fast, and first come, first served! So if you want us to do your lot be sure to let us know in time. And also if you wish to donate some money toward the general work of which there is no end to do, we will appreciate your contributions more than ever. Plenty to do up there. Since "Some old timers started this association in 1922" as the Sentinel article phrased it, tho I did mention them personally, we have tried to carry on in their place. After all, the old timers had to start everything around here, else some of us would not be here now. So don't poke fun at the Old Pioneers. This is Centennial Year in Cottage Grove, and also cleanup time. Let's all help.

Surviving are her husband, one daughter, Mrs. Robert F. Rausch, Portland, two sons: Lyle of Eugene and Dean, Grandview, Wash.; five grandchildren: two great-grandchildren; and two brothers: Clyde Wright, Cottage Grove, and Ralph of Creswell.

Funeral services were held at 2 p.m., May 5, at the England Mortuary, Eugene, with the Rev. Robert Burtner officiating. Interment was in Rest Haven Memorial Park.

EUGENE BIDDER GETS JOB

John M. Steinmuller, Eugene, with an offer of \$4,917, Friday was low of five bidders when bids were opened by the Portland District, Corps of Engineers, for construction of three viewpoint shelters and the erection of ten roadside signs at Lookout Point and Dexter Dams on the Middle Fork Willamette River.

Government estimate for the work was \$5,350. Completion time is June 15. Bids were invited under serial No. CIVENG-35-026-55-171.

Other bidders were: Thompson & Georgeron, Incorporated, Portland, \$6,788; P. J. Bush, Cottage Grove, \$6,200; Lee-Built Homes, Springfield, 1935; and Albert Remmenga, Lyons, \$5,850.

PROJECT BIDS CALLED

The Portland District, Corps of Engineers, Tuesday, May 10, invited bids for construction of an overhead lighting system at Willamette Falls Locks at West Linn, Oregon.

Colonel James U. Moorhead, Portland District Engineer, said the bids would be opened in his office, 628 Pittock Block, Portland, on June 2. The work must be completed in 60 calendar days.

Bids will be invited under serial No. CIVENG-35-026-55-178.

When men are most certain that their actions are guided by plan and principle, they are too often moving by hunch and expediency.

—Raymond Moley

Bell Vail Medals Awarded Portland Phone Employees

Two Portland Pacific Telephone employees, credited with saving the lives of two boys in separate acts of heroism performed last June, today were presented with Bell System Vail medals and cash awards by Oregon's Governor Paul Patterson.

Honored for "noteworthy" public service" at brief ceremonies held in the governor's office at Salem at 10 a.m. this morning (Monday, May 9), were Harry E. Fisher, a construction foreman and Glenn W. Fuller, switchman. The awards were made under a memorial instituted in 1920 for pioneer president of the American Telephone and Telegraph Company, Theodore N. Vail.

Fisher, of 2225 N. E. 169th Avenue, received a silver medal and \$500 for rescuing 10-year-old Lewis Baker from a precarious handhold on a poison oak bush 78 feet up the face of a rocky cliff in west Portland.

Froze With Fear
 Young Baker, the son of Mrs. Bertha Rosellini, 1329 S. W. 14th Avenue, had tried to scale the steep cliff, but froze with fear near the top and began screaming for help. Fisher climbed to the boy's side, tied a rope around his waist and threw the end to on-lookers above, who hoisted the lad to safety.

Fuller, then a telephone lineman at Baker, received a bronze Vail medal and \$100 in cash for saving 9-year-old Tommy Rudolph from almost certain electrocution on an accidentally charged irrigation pipe in the Powder river. Tommy is the son of Mr. and Mrs. R. T. Rudolph, 1940 Oak street, Baker.

Risked Shock
 Fuller, who risked serious shock to himself in freeing Tommy and pulling him from the water, also helped revive the unconscious boy.

Vail Regional Committee members in Oregon, who recommended the awards, were S. Lee Overstreet, an installer-repairman of Bend, and Mrs. Valesta E. Shaw, an operator at The Shaw.

Others on hand for the presentation included families and friends of the recipients, Vice President and General Manager F. A. Dresslar, General Plant Manager J. Wm. Johnson, and other telephone officials in the state. The group lunched in Portland, as guests of the company, following the ceremonies in Salem.

Nora B. Jackson

Nora B. Jackson, Eugene, a former Delight Valley resident, died May 3 at the age of 73. She was born November 21, 1881, at Marion Springs, Colo., and was married to Oscar Jackson on May 12, 1904, at Walker. She had lived in Delight Valley from 1918 until 1943 when she moved to Eugene. She was a member of the Women's Club in Eugene.

Surviving are her husband, one daughter, Mrs. Robert F. Rausch, Portland, two sons: Lyle of Eugene and Dean, Grandview, Wash.; five grandchildren; two great-grandchildren; and two brothers: Clyde Wright, Cottage Grove, and Ralph of Creswell.

Funeral services were held at 2 p.m., May 5, at the England Mortuary, Eugene, with the Rev. Robert Burtner officiating. Interment was in Rest Haven Memorial Park.

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—Raymond Moley

Spring Cleanup in Oregon, Focus Need to Rout Fire and Accidents

Spring Clean-Up Week in Oregon, May 8 to 14, follows Conservation Week focusing special attention on the need to rout out fire and accident hazards. Oregon's yearly toll from home and farm accidents is one of the highest in the nation.

The fire loss for the last report year included 53 lives and a damage to homes of 3/4 million dollars in more than 11,000 fires in dwellings. Most people understand the things that should be done for Spring Clean-Up, according to Lane County extension agents. But few people understand how valuable the results are in saving property, preventing accidents and fostering a better community life.

To show how a clean-up campaign can reduce home fires, the agents cite the case of Providence, Rhode Island. During a recent clean-up drive, an average of 43 pounds of burnable trash per home was removed. This action was a big help in dropping annual fire occurrence from 550 down to 201. Firemen know that annual inspection of homes for fire hazards have reduced the number of fires one-half.

The majority of accidents and fires can be traced to human carelessness or neglect. Nothing substitutes for being careful every day, but it is also important to join in campaigns like Spring Clean-Up. A good clean-up effort will give major attention to these things:

1. Clear out debris. Get rid of anything combustible that you're not going to use. Such materials may not start many fires, but may "blow up" other fires.

2. Clear out flammable liquids, such as paints and oils. Remember that fires from hot grease and oils, and from kerosene used to start fires, rank third as the cause of Oregon's destructive home fires.

3. Check stoves and furnaces. Almost one-fourth of Oregon's 11,000 fires that damaged homes last year were caused by stoves, furnaces, and flues. Why not clean and check heaters, furnaces, and flues as a part of spring cleaning? Don't wait until the even busier fall season to do this.

4. General repairs. Remodel and modernize your home for greater safety. Replace faulty

stair treads, install heavy fire resistant door at head of cellar stairs, repair needed fire fighting equipment, make sure all flammable materials are at a safe distance from sources of heat.

5. Guard against careless smoking. Oregon families can reduce their home fire risk one-third if the smoker follows safe smoking habits and if matches are safely handled.

Spring Clean-Up is an old idea, but it is just as important today as in grandfather's time. Families of his day didn't have three or four dozen electrical appliances around, nor explosive petroleum products, nor were so many people smoking so much. The house had only one-tenth as much paper coming into it as does the average home today. Spring Clean-Up is necessary to raise our guard against ever present accident and fire hazards.

A mother's affection cannot be weaned from her child, because the mother-love includes purity and constancy, both of which are immortal. Therefore material affection lives on under whatever difficulties. —Mary Baker Eddy

As one whom his mother comforted, so will I comfort you; and ye shall be comforted in Jerusalem. —Isaiah

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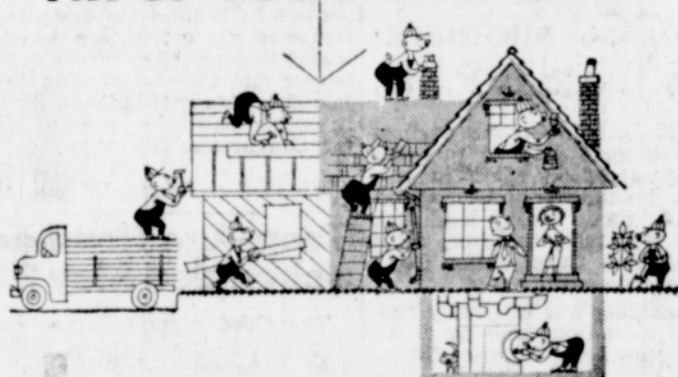
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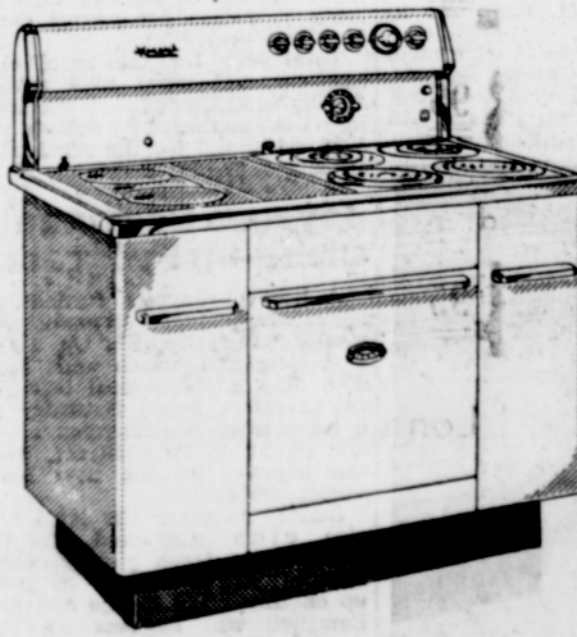
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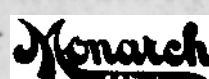
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