

SOCIETY

Phone 555 or 556

Rock Tumbler Grand Door Prize At 6th Annual Gem and Mineral Show

The grand door prize to be given at the sixth annual Gem and Mineral Show to be held in



Eugene, on April 16 and 17, is the "Rock Tumbler" shown in the photo. Many Lane County rock hounds have already finished huge quantities of their stones by the "tumbler method." This machine was built by O. G. Sullivan of Eugene, who has mastered the art of building the machine, and Mrs. Sullivan is a very able operator. A guided field trip to the famous Snyder Ranch for the highly prized realgar will leave from the fairgrounds at 11 a.m. on the first day of the show and again at 9 a.m. on the second day.

Onyx Dinner Set on Display
Among the beautiful displays shown for the first time in the Northwest will be a dinner set made of onyx that consists of 137 pieces and was 25 years in the making. Also for the first time shown at any show will be a jade collection sent to this country by Princess Tsao. She herself was unable to leave but sent her collection to America with missionaries, who were returning to this country.

Many local displays will also be exhibited for the first time and we wish to emphasize that anyone may display, you need not be a member. We will appreciate having you as one of us. Contact W. V. Dennis and let him know you will have your own case.

A large "swap area" will be a nice part of the show. So, bring your swapping rocks and trade some of them for some you would like to have. Commercial exhibits will also be present, giving you an opportunity to select "wants, needs and got-to-haves."

Pvt. Thomas Coiner Weds Springfield Girl

Miss Janet Erickson, daughter of Mr. and Mrs. Elmer Erickson of Springfield, and Pvt. Thomas Coiner, son of Mr. and Mrs. L. W. Coiner, Cottage Grove, were married April 2 in Reno, Nev.

They returned home Thursday after visiting points of interest in Nevada and in San Francisco. Pvt. Coiner left Portland Thursday night by plane for Fort Belvoir, Va., where he will attend engineering school. His bride accompanied him to Portland. For the present she will remain with her parents in Springfield where she is employed at the Springfield Utility office.

Coiner graduated from the local high school and Oregon State College and is presently serving in the Army. Mrs. Coiner graduated from Springfield High and a Eugene business college.

NORTH DOUGLAS GRANGE TO HOLD BOX SOCIAL

North Douglas Grange will have a box social at the Grange Hall Saturday at 8 p.m. Everyone is invited to attend.

Statistics Show Sacro-Iliac Strain Very Common

By Dr. Ivan C. Goodman

According to official statistics, sacro-iliac strain ranks third among compensable injuries.

The sacro-iliac joints, situated where the base of the spine joins the large hip bones, can be, and are, the seat of much pain. Whether you call it lumbago, rheumatism, or just plain backache, much of the pain felt in the lower part of the back is the result of sacro-iliac strain.

In case of severe sacro-iliac strain, home remedies can do little more than give temporary relief. Such cases require the services of a chiropractor skilled in the correction of sacro-iliac displacements; for there is usually a subluxation between the base of the spine and one of the large bones of the pelvis.

Cottage Grove Clinic (Chiropractic)

115 Pac. Highway South
Telephone 222

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Enjoy the thrill of a new car!

- It's easy... when you finance it the low-cost way with a First National Auto Loan. See your auto dealer or nearby First National Branch.
- Remember... First National is open for loans or any other bank services from 10 to 5, Monday through Saturday!

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Wonderful New Kind of ALL-IN-ONE CAPSULE FOR EASY REDUCING

Science Now Helps You Take Off Your Fat While You Eat The Foods You Choose

Too fat because you eat too much? Just can't seem to diet because you're a real glutton when it comes to butter, gravy, potatoes? Have you spent dollar after dollar for pills and tablets and in spite of everything you're still too fat?

COUNTERACTS HUNGER

Recently science discovered and compounded a new tiny capsule combining all the recognized proven aids to reducing found in all the products offered today, proteins that build energy, burn off excess fat, vitamins and minerals often lost when cutting off fattening foods, vegetable cellulose food with no calories yet give the feeling of a full contented stomach. These tiny capsules actually equal and exceed many a meal.

Fat Goes Equal

See fat disappear from stomach, bust, face, chin, neck, arms, legs and ankles. You'll be surprised at the poufy fat that disappears the first month. There's no starvation dieting hunger, no drugs, no exercise.



AT LAST: A MEAL OF VITAMINS, MINERALS AND BULK ALL-IN-ONE EASY-TO-TAKE CAPSULE!

Take ALL-IN-ONE Capsule, then eat as much as you need to satisfy your hunger. You won't eat so much because you won't have the craving for more.

AND THE COST? Absolutely nothing! You see you get slim, more youthful looking, more active and enjoy better health. ALL-IN-ONE Reducing Capsule, enough to lose pounds fast, are only \$2.98 at your drug store on the guarantee you must be satisfied with the weight you've lost or return for your money back. For more reducing get ALL-IN-ONE CAPSULES today!

REGULAR SIZE \$2.98 LARGE ECONOMY SIZE \$5.50

AT ALL BETTER DRUG STORES

Cottage Grove Pharmacy

We Give Saving Stamps



MR. AND MRS. PETE TONOLE (Mrs. Rosetta Harpole) were married Easter Sunday afternoon at the Gibbs Avenue Church of Christ. F. Sherwood Smith, pastor of the church, officiated at the double ring ceremony. After May 1 they will be at home at 2293 Whiteaker Ave.

Couple Married Easter Sunday Church of Christ

The Gibbs Avenue Church of Christ was the scene of a pretty wedding Sunday afternoon, April 10, at four o'clock when Mrs. Rosetta Harpole became the bride of Pete Tonole, F. Sherwood Smith, minister of the church, officiated at the double ring ceremony. Immediate members of the two families attend the ceremony and reception that followed.

The bride was given in marriage by her son, Howard Harpole of Albany. For her wedding, Mrs. Harpole chose a street-length dress of dusty rose with crepe bodice and full lace skirt over tulle. Rhinestone clips adorned the square neckline, and with it stone necklace and earrings. Her corsage was of stephanotis and Eucharis lilies. White accessories completed her costume.

Mrs. Gerold Witherspoon was matron of honor for her mother. She wore a dress of light blue cotton woven with a gold metallic thread, and fashioned with fitted bodice and full skirt. Her corsage was of pink Elf rosebuds. Melvin Tonole was best man and Harold Tonole served as usher. Both men are sons of the bridegroom.

The reception was held in the church parlor. Mrs. Howard Harpole, daughter-in-law of the bride, cut the cake and Mrs. Alton Tonole, daughter-in-law of the groom, poured. The bride's table was centered with the wedding cake and decorated with pink Elf roses and maiden hair fern.

For traveling the bride wore a blue tie silk dress, pink shortie coat with white accessories. The couple will be at home at 2293 Whiteaker Avenue after May 1.

FOE Auxiliary Elects Officers

By Mrs. Walter N. Dowens
The regular meeting of the Ladies Auxiliary of the F. O. E. No. 2091 was held on April 4.

Applications for membership were received from Eva Davies and Marie Mower. Initiation will be held on April 18 for Edna Klang, Eva Davies and Marie Mower.

Final plans were made for the mothers' tea on May 2. Please see Mae Tennis or Annie Gates about your obligations to your invited guests for the mothers' tea.

New officers elected to serve beginning June 1 are: President, Victoria Nowak; vice president, Glennie Lojeski; chaplain, Wilda King; secretary, Alameda Dowens; treasurer, Helen Carlisle; inside guard, Wreatha Hobbs; outside guard, Alice Fox; conductress, Dorothy Harris; trustees, Nonnie Bush, Lois Casper and Evelyn Guggisberg; drill captain, Mildred Powell; musician, Lena Absher; lodge mother, Annie Gates.

The serving committee for April 18 will be Dorothy Harris, Mildred Roly, Gladys and Elsie Witt-kind.

Officers' meeting will be held on April 14, at the home of Dorothy Ketcherside at 1:30 p.m. This is a very important meeting.

W OF M INITIATE ONE; ASSIST BOY SCOUT TROOP

At the April 7 meeting of the Women of the Moose, Viola Lewis was initiated into the order.

The program was in charge of the Homemaking chairman, Marie Lemmer. Speaker was Boyd Allen, district organization and extension committeeman of Bohemia district of Boy Scouts, who spoke on scouting. The group decided to assist the Moose, who will sponsor a troop.

Fun night was announced for April 15 when members and friends are invited.

Scout Leaders Attend Program

Girl Scout leaders and executive directors from throughout Oregon are attending the national Caravan training program this week in Springfield. Under the sponsorship of the Three Rivers Council, the sessions are being led by Miss Shanna Watson of the National Girl Scout staff and Miss Birtie Guldman, an exchange trainer from Denmark.

Program training for leaders, day camp directors, volunteer trainers, camp committee members and professional workers is a part of the four-day orientation which concludes Friday. Sessions are being held at Willamalane Recreation Center.

Among those attending from Cottage Grove are Mrs. Clyde Randall and Mrs. Cecil Salley.

Pink and Blue Shower Fefes Mrs. Jim Mathews

Mrs. Charles Wales, Mrs. William Purcell and Mrs. Roy Mathews were hostesses at a pink and blue shower on March 30 at the Walker Community hall honoring Mrs. Jim Mathews.

The gifts were placed in a basket decorated with lavender and yellow net over blue and green taffeta with tiny bows of both colors. Appropriate games were played with Mrs. Glen Platter and Mrs. Max McGuire winning the prizes.

After the dainty gifts were opened, refreshments were served to the following guests: Mmes. Kenneth Denker, Daniel Witte-kind, Frank McDonald, Hollis Mathews, Jerry Sanders, Max McGuire, Johnnie Bash, Wayne Schmitt, Riley Lewis, Jaunita Bishop, Evelyn Baker, Iva Caley, Glen Platter, Flora Mae Lewis, Carl Carlson, Don Wilson, John W. E. Hermon, Robertson, also Bradley Wales, Monty and Mickey Sanders, Marilyn and Carolyn McGuire and Kathy Bentley, all of Cottage Grove; Mrs. Don Brown-ell, Creswell; Mrs. Kenneth Walker, Springfield, the hostesses and the honoree.

Those unable to attend but sending gifts were: Mmes. Ernest Guthrie, Edna Wagner, Frank Ray, R. P. Bash, Harry Elfving, Gordon Elfving, Pete Price, Dale A. Harris, Dale M. Harris, Chester Toliver, Jack Day, also Miss Jenny Brown and Lois Ray, all of Cottage Grove; Mrs. Rollin Bunker, Mrs. Woodrow Bates and Mrs. Robert Nave of Springfield.

Stork Shower Honors Mrs. Pressley, Disston

By Mrs. James Northcutt
- DISSTON - Mrs. Pat Hass and Miss Mary Francis Hass were hostesses at a pink and blue shower given for Mrs. Virginia Pressley at the Disston gym Thursday evening.

The pink and yellow theme was carried out in the decorations. Appropriate games were played. Refreshments were served after Mrs. Pressley opened her many nice gifts.

Those present for the occasion were Mmes. Billie Lou Crow, Helen Janisch, Addie Owen, Alice Miller, Vida Hunt, Marie Hogate, Wanda Knouse, Merle Northcutt, Carol Sheets, Louise Hass, Elsie Thiess, Maude Chittester, Edna Middleton, Goldie Cline, Darlene Hass, Dorothy Hass, Irene Carr, Ella Ballinger, Edith Sloan, Erma Carr, Hope Jones, Lena Carr, Ana Johnson, Naomi De Witt, Millie Chittester, Miss Maoni Ballinger, the honor guest, the hostess and Ruth Ann Cline and Bobby Thiess. Several sent gifts, but were unable to attend.

MISSIONARY SOCIETY 14TH

The Woman's Missionary Society of the Free Methodist Church will meet Thursday, April 14, at 1:30 p.m. in the home of Mrs. Iva Farmer. Mrs. Lillian Gray Belknap will be cohostess. Mrs. E. C. Bush will present the program.

New Meeting Time For Stamp Society

The South Lane Stamp Society meets Thursday, April 14, in the clubroom of the Cottage Grove city library at a new meeting time, 7:30 p.m. This change in time was made to enable the younger members of the society to attend the meeting and return home earlier in the evening.

Featured at this meeting will be the auctioning of the society's "grab-box," a box containing a mixture of world stamps, which will go to the highest bidder. The winning bidder is allowed to take whatever stamps he desires from the box, but must replace those taken, and then return the box to the society at the next scheduled meeting for re-auctioning. In this manner the bidder secures many new stamps for his collection, and the society enriches its treasury.

Plans for the forthcoming South Lane Stamp Society stamp show to be held April 28 will be completed at this meeting. President Joyce Bomar has urged that all members attend this important stamp society meeting.

Riding Club Crew Holds Workday At Rodeo Grounds

Several members of Cottage Grove Riding club met Saturday for a workday at the rodeo grounds.

Jim Abbott and Dale Pitcher used power saws to cut cedar timber which other members of the club split into fence posts and will be used on the grounds.

Women of the club met at the clubhouse and prepared a potluck dinner for the men in the evening. Participating were the following: Mr. and Mrs. Orville White, Darrell and Keith; Mr. and Mrs. Darrell Mosby, Larry and Jerry; Mr. and Mrs. Dale Pitcher and three children; Mr. and Mrs. Ed Pyott and Benny; Mr. and Mrs. Raymond Powers, Bobby, Jerry and Brenda; Roy Crawford; Preston Russell, Louis Caldwell; Jim Abbott and Mr. and Mrs. Paul O. Miller.

"Now Is Christ Risen" Topic Lutheran Ladies

Trinity Lutheran Ladies Aid Society met Thursday for a business meeting and dessert, with nine members present.

Mrs. Robert Kunz presented the topic, "Now Is Christ Risen." Mrs. Howar Fishell and Mrs. Ralph De Jarnett served dessert following the business meeting.

Next meeting of the group will be Thursday, May 5, at 1:30 p.m. Five of the church women met Tuesday to sew for the relief project. All women of the church are urged to attend the next sewing session which is planned for the month of May.

19 New Members Join Emblem Club, Committees Named

The first initiation and business meeting of the new Emblem club was held in the Elks temple April 6. The newly initiated members numbered 19 and were accompanied by Big Sisters for the initiation ceremony.

The president, Catherine Seder-gren, announced the standing chairmen of the committees for the year as follows: sick committee, Floy Johnson, assisting, Evelyn Norwood; hospitality, Myra Macready, Margaret Edwards and Virginia Beach; community service, Anna Dugan and Kathleen Richards; membership, Lois Dehler; ways and means, Lois Mills; social, Lillian Norris; Emblem pin, Polly Robertson; decorations, Shirley Nelson and Joan Morris; telephone, Dolly Wood; birthdays, Pat Johnson; auditing, Ella Hoyer, June Bird and Bonnie Schaffer; Big Sister, Shirley Stearns and Dorothy Boyce; roster, June Woolcott.

A film on cancer was shown following the meeting. Refreshments were served following the film.

Members took envelopes for the Cancer Neighbor - to - Neighbor drive. Plans for future money raising projects were discussed and will be voted on later.

The next Emblem club meeting will be held Wednesday evening, May 4.

All Emblem club members are invited to attend the Elks Officers' Ball Saturday, April 16. The monthly potluck for both the Elks and Emblem club members will be held Saturday, April 23, with Mr. and Mrs. H. B. Robbins in charge of the committee.

Oregon Tech Honor Roll Names Local Students

Announcement of the Winter Term honor roll achievement by students at Oregon Technical Institute was made recently by the Registrar's office. The following students secured recognition of scholastic accomplishment for the term which ended March 19, 1955:

Cottage Grove
Richard Tank, Commercial Illustration and Design, GPA 3.50; Charles G. Wales, X-Ray Technology, GPA 4.0 and Jack Robertson, Sports Equipment, GPA 3.50, Creswell.

Scholarship grades at Oregon Tech are based on the student's demonstrated ability in practical work, and classroom work in related technical subjects. Honor roll grades indicate work which is outstanding or of better than average achievement. A grade point of 4.0 shows work far above minimum standards of the Institute and is the highest grade given.

Birth Announcements
The Sentinel

LODGE HOLDS REGULAR MEET

Royal Neighbors met Tuesday night with Oracle Elsie DeYoung presiding. After the business meeting and practice, Julia Bar-

tels had charge of the entertainment.

Refreshments were served by Myrtle Neet and Bertha McQueen. Spring flowers decorated the tables.

Velma's SMART SHOP

Featuring This Weekend
Closing Out a Few of Our Famous Brand Sweaters

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CARDIGANS	\$5.66

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Tuesday Evenings by Appointment

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WHITE STAG goes to all lengths to make your summer days comfort days... These Fun Togs will brighten your wardrobe and your morale!

RFD Sleeveless Blouse with mailbox pocket. Sizes 10 to 20 \$4.50

Other Blouses in Sailcloth or Poplin \$3.75 and up

Clam-Diggers An American classic with White Stag's new look. Roll up or down to suit your leg length. In iced poplin \$4.95

Anchor Jack Nickel anchor closures 10 to 20 \$6.95

Calf Skinner tapered to calf Pant 10 to 18 \$5.95

See Our "Little Doe Togs" for Children
Shorts and Clam-Diggers
Sizes 3 to 6 \$2.98
Sizes 7 to 14 \$3.98

Jackets to match
3 to 6 \$3.98
7 to 14 \$4.98

Little Boy Shorts
Cuffed and side zipped
Sizes 10 to 20 \$3.95

Sun-Mold Bra
In iced poplin
Can be worn with or without shoulder strap \$2.95

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615 Main, Cottage Grove
We Give and Redeem S & H Green Stamps

SEE OUR WINDOW DISPLAY FOR MORE WHITE STAG STYLES