

Couple Married, Shower Fetes Pair

By Mrs. Harry Castle

MOSBY CREEK Norma Stoop, daughter of Mr. and Mrs. Dave Munsell of Walden, and Harvey Chambers were married Saturday at 11 a.m. in Eugene. Their only attendants were Mr. and Mrs. Steve Chambers of Mosby Creek. They will make their home in the small house at the Dave Munsell home.

The Mosby Creek Extension club met Friday at the Dorena Grange hall with the Mt. View Extension club. Miss Virginia Moorman, extension agent from Eugene was in charge of the meeting on "Keeping Up-to-Date on Fabrics." She explained about the wearing and washing of the new fabrics that are on the market now. The business meeting was held in the afternoon and Mrs. O. W. Noeth joined the club. The members voted on the projects for the coming year.

The next meeting will be on "India," and it was decided to ask one of the Indian boys from the college in Eugene to meet with the members. The meeting will be with Mrs. James Cutts with Mrs. Glen Roby and Mrs. Cutts in charge. Council Comments, the club paper, was read by the members.

Several friends and relatives from Mosby Creek met Friday night at the home of Mrs. Frank Chambers of Dorena and honored Mrs. Norma Stoop and Harvey Chambers with a kitchen shower. After opening their many gifts, a dainty lunch was served.

Mrs. Glen Roby is spending the week in Forest Grove at the home of her son and daughter-in-law, Mr. and Mrs. Elmore Roby, who have a new baby daughter born March 10. This is the second daughter for the Robys.

Voting on the school budget Tuesday night at the Blue Mt. school was 11 for and 0 against for the coming school year.

Mrs. Paul Stout, Mrs. O. E. Smith and Mrs. Raymond Powers were hostesses for a pink and blue shower honoring Mrs. Roy Smith of Eden Park on Thursday afternoon at the Walden Community hall.

Mr. and Mrs. Ted Seward and two boys of Silver Lake spent the weekend at the home of Mr. and Mrs. Harry Castle.

Thanks for Easter Seals



Three little youngsters at the Easter Seal hospital school in Eugene join Mrs. Chester Williams, a teacher, in a prayer of thanksgiving before their lunch. The youngsters are, from left, Douglas of Central Point, Joe of St. Helens and Bobby of Springfield. The school, financed by current Easter Seal sale, is open to youngsters from all parts of the state.

Adult Evening Class to Start At Hi School 21st

An adult evening course, methods and research materials: social studies, will be offered in Cottage Grove spring term through the General Extension Division, Oregon State system of higher education. This class will be held on Mondays, commencing March 21, 7 to 9:45 p.m., and will be held in the Jefferson school.

Dr. Charles Dean, associate professor of education, on the General Extension Division staff, will be the instructor. Dr. Dean has recently come to Oregon from Montana where he was a well-known educator for many years.

Fees are \$18.00 payable at the first or second class meeting. The public is cordially invited to attend the first class meeting without charge.

The air-conditioning industry's engineers are working on plans to produce, in the not-too-distant future, room air-conditioners that will use only about as much current as an electric flatiron.

Statewide Civil Defense Meeting Scheduled in Salem

SALEM—Increased enemy capabilities and revised civil defense planning will be the principal subjects during a statewide civil defense meeting in Salem Mar. 22.

All city and county directors have been invited, said Arthur Sheets, state civil defense director. Agenda includes discussions on mobile support, radiological hazards, traffic control, evacuation, emergency lodgings, medical planning, fire planning, and the task of keeping the public informed of enemy capabilities and measures to be taken against them in event of a war emergency.

The director said that mass media have received a steady flow of facts and various types of information on civil defense for the past four years. "Press and radio have done some good reporting," he said, "but it's evident we have far to go in the public education program. Other education methods to be used in augmenting mass media, will be discussed at the meeting."

Civil defense workers from all levels of government—city to federal—will be on the program.

ST. PATRICK'S DAY

O Paddy dear and did ye hear The news that's all around? The shamrock never greener was On good old Ireland's ground! St. Patrick's Day we all will keep His color's widely seen. For there's no law at all ag'in The Wearin' of the Green!



"There's no future in any job—it's in the one who holds it!"

Colitis and Bowel Trouble Traced to Nerves

By Dr. Ivan C. Goodman

Colitis occurs chiefly in women (85%). Some of the symptoms are feeling of distention, pain through the abdomen, and shreds of mucus in the stool. It is characterized by chronic constipation. The disease can progress until the bowel becomes ulcerated and inflamed by the bacteria normally found in the intestines. Bacterial invasion is merely a secondary condition brought on by lowered resistance in that area. This condition, if not attended to, can ultimately result in tumors or cancer.

Dr. Bell, professor of Pathology at University of Minnesota states that constipation is the forerunner of colitis and that the disease (colitis) is believed to be neurogenic in origin. The nerves control the movements, excretions, and absorption in the bowel. It is through this nervous mechanism that chiropractic adjustments reach and benefit both constipation and colitis.

Cottage Grove Clinic (Chiropractic)
145 Pac. Hwy South
Telephone 222

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DO YOU KNOW? by Art Cooper

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