

Smorgasbord, Hardtime Dance Slated by W of M

At the regular meeting of the Women of the Moose Thursday night, a smorgasbord and hardtime dance were announced for February 5. It was also made clear that anyone attending not appropriately dressed will be fined \$50.

The mid-winter conference was announced for January 30 at Albany. Those wishing to attend are to contact Hilda Walther or Gladys Miller.

The next meeting will be February 3 when there will be initiation. Verna Lokken, ritual chairman, will be in charge of the program. Those who are on the serving committee are: Mildred Cutts, Hazel Culver, Arlene DeJarnett and Virginia Coleman.

RESEARCH CLUB CONDUCTS FIRST MEET OF NEW YEAR
The Research club met in the library clubhouse on January 18. This was the first business meeting of the year. The officers are: President, Mrs. Harold Tryk; vice president, Mrs. H. A. Hagen; and secretary, Mrs. Forest Woods.

Mrs. Georg Bjorset, Eugene, gave an interesting talk on Trygve Lie, past Secretary General of the United Nations. It was with regret that the club learned that Mrs. A. B. Peterson will be moving to Roseburg.

Wedding Announcements
The Sentinel

REFLECTIONS

Salute to Youth

"The world goes forward on the feet of youth," General Federated Clubwomen, Willett Hadin said, "Their (Youth) value lies in being a voice, not an echo."

It is always a surprise to me to see the Paul Bunyan steps of youth. We see them in the cradle, turn, and see them far out in front, leading, inspiring all those behind them to do what I had thought impossible.

Youth is never satisfied with the old, he seeks the new, untried; he doesn't know it can't be done and does it. In his church, city, home and business, he adopts the standards of good sportsmanship; win fairly, if you can but above all be gracious in defeat.

Youth, we salute you.



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Pair Plight Troth In Floral Setting

Miss Patricia Picknell became the bride of Keith Campbell Sunday afternoon, January 16, at the Gibbs Avenue Church of Christ, with Erwin Marshall, pastor of the South Side Church of Christ, Eugene, officiating. Tall baskets of pink snapdragons and white carnations formed the floral setting for the exchange of vows. White tapers completed the decorations. The bride is the daughter of Mr. and Mrs. Clifford Picknell and parents of the bridegroom are Mr. and Mrs. P. M. Campbell, all of Cottage Grove.

Father Gives Bride Away
Mr. Picknell gave his daughter in marriage. Her gown was of white satin with bolero and long train. Her fingertip veil was attached to a lace cap and held in place with a band of orange blossoms. She carried her great-grandmother's white lace handkerchief and a white orchid corsage. The bride's bouquet was a white Bible, F. Sherwood Smith, pastor of the church, sang "The Lord's Prayer" and "Wedding Prayer," accompanied by Mrs. Gary Leathers, who also played the wedding music.

Doris Heyen of North Hyland, Calif., was maid of honor. Her floor-length gown was pale blue nylon net over taffeta. She carried a bouquet of pink roses and white stock.

Flower girls were Janice Hammond and Lynette Gabrielsen, cousins of the bride, dressed alike in pink ballerina-length gowns and carrying nosegays of violets and pink roses.

The bride's mother was attired in aqua, while Mrs. Campbell wore blue. Each wore an orchid corsage. Gene Campbell, brother of the bridegroom, was best man, while Ted Picknell, brother of the bride, and Paul Tullar were ushers.

Reception In Church Parlor
The reception was held in the church parlor with the wedding cake surrounded at the base by pink carnations and vases of pink carnations on the reception table. Mrs. Richard Campbell, sister-in-law of the bridegroom, and Mrs. Leathers, aunt of the bridegroom, cut the cake; Mrs. Al Hammond, aunt of the bride, was at the coffee urn and Mrs. Francis Gabrielsen and Mrs. Paul Cook, aunts of the bride, presided at the punch bowl. Mrs. Russell Dile, aunt of the bride, was in charge of the gift table, and Joy Heyen passed the guest book.

For their trip to Boise, Idaho, Mrs. Campbell wore a dark gray dress with light gray coat and red and white accessories. Both young people are enrolled in Boise Bible College, Boise, Idaho. The bride graduated from the local high school with the class of '54, while he graduated in 1953.

ROYAL NEIGHBORS MEET
Royal Neighbors met Tuesday night in the Eagles hall with Oracle Elsie DeYoung presiding. After the business meeting a social hour was enjoyed and refreshments were served by Mildred Stanley and Christine Belcher.

TOWNSENDITES TO MEET
The Townsend club will meet at the home of Mr. and Mrs. Albert Griffin, 228 Quincy Avenue, Tuesday night, February 1, for a 6:30 potluck dinner.

SOCIETY

Phone 555 or 556



MR. AND MRS. KEITH CAMPBELL (Patricia Picknell) married in floral setting January 16 at the Gibbs Avenue Church of Christ. Both are attending Boise Bible College, Boise, Idaho.

Roseburg Emblem Club Invites Wives of BPOE To Institutional Meet

Mrs. R. L. Sederger has received an invitation to wives of members of the local Elks lodge to attend the institution and installation of the Roseburg Emblem club Saturday evening, January 29, at 8 o'clock in the Elks temple. A banquet will be held in the Elks ballroom at 5:30 p.m. the same evening. Reservations may be made by calling Mrs. Sederger.

Local interest has been shown in the Emblem club which is an organization for wives of BPOE members. State officers have contacted with local BPOE and information will be available soon.

Former Resident Feted With Open House 18th

By Mrs. Dale McCoy
SILK CREEK—Mrs. Frank McHugh entertained at her home in Gowdville on January 18 with open house for Mrs. Ben Absher of Mt. Grove, Missouri, who was a former Gowdville resident. She is visiting her son and family, Mr. and Mrs. Tom Absher, and Valerie in Cottage Grove.

Those calling in the afternoon to visit with the guest of honor were Mrs. Tom Absher and Valerie, Earl Badwin, A. B. Smith, Bell Evenson, John Walker, Nate Compton, Roy Peacock, Lester Yearous and Marty, Herschel Tracy, Archie Hill, John Schmitt, Howard Freeman, John Wilson, Henry Schmitt, Nels Mattson, Leonard Hudgins, Jasper Melvin, Joe Evenson, Max McGuire, Wallace Jagow, E. C. Cruse, Alfred Wulff and Marion Williams.

NATHALIE GUILD SLATES MONTHLY MEETING 3RD

The regular monthly meeting of the Nathalie Wesleyan Service Guild of the Methodist Church has been announced for 7:30 p.m. Thursday, February 3, in the church parlor. Hostesses will be Mrs. Lulu Perkins and Miss Marjorie Arnold.

It takes 10 tons of falling water to generate one kilowatt-hour of electricity.

Eagles Auxiliary Initiates Five Members

By Mrs. Walter Downes
At the regular meeting of the Ladies Auxiliary of the F.O.E. #201 initiation was held for Edna England, Ora Sherwood, Bernice Nevins, Lois Casper and Alice Foster.

A Greyhound bus was chartered to visit the Eugene Auxiliary on its 27th birthday, Tuesday, January 25.

It was decided to buy a child's wheel chair to donate to the new wing of the Cottage Grove hospital.

The next regular meeting will be on February 7, with drill practice each Wednesday afternoon at 1:30 p.m.

Officers meeting will be held on Thursday, January 27, at 1:30 at the home of Sona Kelly.

MISSIONARY LEAGUE RECEIVES REPORT FROM CHRISTMAS GIFTS

The Trinity Lutheran Women's Missionary League held its monthly meeting Thursday, January 20, at the church.

A report was given on the delivery of the Christmas trees and boxes to the Old Folks Home and individual gifts to LaDonna McKinney, a bedridden patient. Dr. John W. Petty has assisted the group on this project.

Project for the meeting of February will be a Valentine party for the entire congregation. It was also decided to help the Good Shepherd Home in Terra Bella, Calif.

The president read a short article entitled "Willing" from the L.W.M. Quarterly. The meeting was closed with collection of the mite boxes, a hymn and prayer. Mrs. Robert Kunz and Mrs. Brandness served refreshments to the 11 members present.

20 PRINCESSES VIE QUEEN SWEETHEART BALL

Twenty princesses will vie for the title of queen of the 18th annual Sweetheart Ball on Friday evening, February 11, in the Shrine auditorium of the Portland Masonic temple.

The ball is being sponsored by Oregon Chapter Order of DeMolay for the 18th consecutive year. Originally eight DeMolay chapters participated, while this year there are 20.

Each DeMolay chapter in the area has chosen a princess to be a candidate for the title. The queen will be elected by dance guests, who will cast their ballots for the princess of their choice.

A bronze plaque will be awarded to the DeMolay chapter whose princess is chosen queen. The queen will receive a DeMolay Sweetheart pin.

BOOK REPORTS GIVEN AT TUESDAY EVENING CLUB

The Tuesday Evening club met January 25 at the city library. Mrs. Joe Smith reported on the book, "The Colorado," by Frank Waters and Mrs. W. A. Edwards gave the report "Shadows of Images," by William Barrett.

MPG CLUB MEETS 23TH

The MPG club met in Eugene January 25 with Mrs. Harry Titus. The next meeting will be with Mrs. C. C. Cruse.

Canst thou O partial sleep, give thy repose To the wet sea-boy in an hour so rude And in the calmest and most stillest night, With all appliances and means to lose it, to a king? Then happy low, lie down! Uneasy lies the head that wears a crown.

—Shakespeare

Marilyn Marr, GS Field Director, Accepts New Job

Miss Marilyn Marr, Field Director for the Three Rivers Girl Scout Council has accepted a position with the San Francisco Girl Scout Council. It was announced today by Mrs. R. Croyle, Chairman of the Staff and Office Committee for the local council. "We are sorry to have Marilyn leave the Lane County area," Mrs. Croyle said, "she has been an outstanding professional worker and has accomplished many fine things for this council. We realize, however, that a chance for advancement such as affording with the San Francisco staff is important for her at this time."

Miss Marr came to Three Rivers Girl Scout Council in December, 1951, and has been active in almost all of the business of the Council. She has served as a Counselor at Camp Clearview and as Day Camp coordinator for the past two years. In the summer of 1954, Miss Marr accompanied eight Senior Girl Scouts to Albern, Canada, on an across the border trip camp. Recently, Miss Marr has been working with the Troop Organization Committee, The Training Committee, and Districts I, II, VI and VII.

In the San Francisco council, Miss Marr will be assigned to areas in downtown San Francisco, Day Camp Committee, and Program Committee. Miss Marr's resignation will be effective February 18. Mrs. Croyle announced that the committee in the process of interviewing candidates for the vacant position of District Director.

Important Meeting Set So. Lane Stamp Society

The officers of the South Lane Stamp Society urge all members and interested stamp collectors in the Cottage Grove area to attend the regular meeting of the Society, to be held in the clubhouse of the Cottage Grove city library, Thursday, January 27, at 8 p.m.

The selections of the nominating committee will be heard and the officers for the present year will be chosen. Besides the election of officers, this important meeting will outline the program of activities for 1955, and suggestions by the members, relative to the efficient and successful operation of the club program, will be especially requested.

Local stamp collectors who are not members of the Society, are cordially invited to place an application for admission to the Society and join their friends in an interesting and educational program of stamp activities. Application blanks may be secured at the Society's regular meeting this Thursday evening.

Wesley Thompson Makes OTI Fall Term Honor Roll

Announcement of the fall term honor roll achievement by students at Oregon Technical Institute was made January 21 by the Registrar's office for the term ending December 17.

Wesley M. Thompson Jr., formerly of Cottage Grove now of Sutherlin, made a GPA of 3.78 in Auto Mechanics. Another student, Edward J. Van Yoncalia, received a GPA 3.50 in Electronics Technology.

Scholarship grades at Oregon Tech are based on the student's demonstrated ability in practical work, and classroom work in related technical subjects. Honor roll grades indicate work which is outstanding or of better than average achievement. A grade point average of 4.0 shows work far above minimum standards of the institute and is the highest grade given.

LAYMEN'S LEAGUE MEETS

The Lutheran Laymen's league met for a business meeting at the home of Mr. and Mrs. Ted Eckhoff. Following the business session, Friendly Fellowship was discussed by the group of 10 members.

Refreshments were served by Mrs. Eckhoff.

The next meeting will be a social at the Ray Rand home.

"After all is said and done, it's usually the wife who's said it and the husband who's done it."

—Sammy Kaye.

MEMORY Lane

Peanuts and Lemonade Remember when Pawnee Bill's circus came to town and how thrilled we were at the expert horsemanship and trick shooting? We talked for weeks about the cowboys picking handkerchiefs off the ground as they rode at breakneck speed, and how Pawnee Bill broke glass balls with his trusty rifle. Remember?

SMITH'S FUNERAL CHAPEL

115 No. 6th
Ph. 101

Order of Amaranth to Make Official Visit to Emerald Court of Eugene



Mrs. Charles E. (Lois) Hunt and Fred Helbock

Mrs. Charles E. (Lois) Hunt of Eugene, grand royal matron, and Fred L. Helbock of Portland, grand royal patron of the Grand Court, order of the Amaranth, state of Oregon, will pay an official visit to Emerald Court U. D. (under dispensation) of Eugene on Saturday evening January 29 at 8 o'clock in the McKenzie River Masonic Temple, 50 E. 14th, Eugene, Oregon.

Purpose of this visit by the grand officers is to inspect the ritualistic work and if performed in a satisfactory manner, the charter presentation and installation of officers will be held on Saturday, March 5. The following officers, who have been appointed under dispensation, will participate in the ceremonies: (all Eugene except where noted).

Mrs. Harold (Leone) Jensen, royal matron; Edward Utter, Venerable, royal patron; Mrs. E. Alton (Ward) Schroeder, associate matron; E. Alton Schroeder, associate patron; Murray D. Adams, treasurer; Mrs. Nance H. Finlayson, secretary; Mrs. Murray (Alice) Adams, conductress; Mrs. Rose Stacks, associate conductress; Joe Bert Miller, Mrs. Audley C. (Sylvia) Kanouse, Littleton Lasater, Cottage Grove, trustees; Mrs. Littleton (Margaret) Lasater, Cottage Grove, marshal in the east; Mrs. Lawrence J. (DeLoris) Porter, Creswell, marshal in the west; Mrs. Alice Barrow, standard bearer; Lawrence Porter, Creswell, prelate; Mrs. Edward (Esther) Utter, Veneta, musician; Mrs. Eugene (Thelma) Ault, truth; Mrs. Loren A. (Luella) Norton, faith; Mrs. Joe Bert (Ruby) Miller, wisdom; Mrs. Calvin (Kathryn) Crumbaker, charity; Mrs. Crafon C. (Minerva) Carroll, historian; Mrs. Dot (Elsie) Dotson, warder; Harold Jensen, sentinel.

46 On Charter List

At the institution meeting of Emerald Court held on December 19, 46 were on the charter list including two who affiliated from Willamette court of Eugene. The new group was the recipient of many gifts of paraphernalia as follows: the Holy Bible, memorial cloth, electric emblem, ballot box, ablation bowl, hospitality tray, eagle for the flag, American flag, ablation stand, six napkins, Amaranth wreaths and over \$100.00 in cash contributions.

It is anticipated that members will attend from Astoria, Seaside, Cannon Beach, Newport, Bend, Klamath Falls, Medford, Roseburg, Springfield, Eugene, Albany, Salem, Oregon City, Milwaukie, McMinnville, Forest Grove, Hillsboro, Beaverton, Gresham, Parkrose and Portland.

Membership in the Amaranth is made up of members of the Masonic fraternity and their women folk. The main purpose is the advancement of womanhood, social and charitable. The Shriner's hospital for crippled children, the Doernbecher children's hospital

New OES Officers Preside At First Meeting Jan. 20

The Order of Eastern Star met last Thursday night with the newly elected officers in their chairs for the first time. Genevieve Nelson, worthy matron, and Ray Nelson, worthy patron, presided.

The associate grand matron of the Grand Chapter of Oregon, Carlotta Wiseman, Grants Pass, paid her official visit. She was introduced and escorted to the East, after which she held a well conducted school of instruction, with many changes in the ritual work. The temple was prettily decorated with pink carnations and silver leaves.

Announcement was made that a spring rummage and plant sale will be held March 26.

The Constellation club will meet February 10 at the home of Mrs. Joe Arnold, 740 South Second Street, with Mrs. Earl Hill and Mrs. Horace Cochran as cohostesses.

An invitation was read from North Star chapter of Drain to its guests on Friendship night, February 2.

The next regular meeting was announced for February 3.

Refreshments were served at the close of the meeting by Mr. and Mrs. George Witters, Mr. and Mrs. Ed Maloney, Mrs. Ray Funk and Mrs. Ray Anderson.

High Blood Pressure Reduced When Cause Is Removed

By Dr. Ivan C. Goodman
The body controls the blood pressure by small nerves leading to the muscular layers of the blood vessels.

Worry, excitement, and faulty diet are all factors contributing to high blood pressure. The underlying cause is pressure on nerve fibers causing irritation, with the result that messages from the blood vessels are wrongly interpreted so that they do not coordinate as they should with the rest of the body. Consequently various forms of degeneration take place, most commonly hardening of the arteries.

Surgical treatment consists of cutting the controlling nerves, but, with chiropractic adjustment, the irritation is removed so that normal function can be restored by nature from within.

Cottage Grove Clinic (Chiropractic)
145 Pac. Highway South
Telephone 222

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SUNDAY SCHOOL CLASS PLANS FOOD SALE 29TH

The Junior Sunday School class of the Presbyterian Church will have a food sale on Saturday, January 29, from 9 a.m. on. Western Auto has permitted them to use the front of their store. All the food will have been cooked by the Juniors themselves.

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You'll be surprised at the fat you lose the first week the inches that disappear the first month. No hunger, no strict dieting, no drugs, no exercise. And the cost is absolutely nothing unless you grow slim, more youthful looking, more active and enjoy better health.

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Signed: Paul W. Stokessberry, Director
All-American Research and Testing Laboratories, Chicago, Illinois

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