

SOCIETY

PHONE 555 OR 556

Two Areas Closed To Hunting In London Section

By Mrs. Gale Roby
Phone 792R1

LONDON — Deer hunting in the London Blackbutte area was restricted this year with the Woodard loggings on Harness Mountain and Shoestring Mountain closed to hunting because of logging activity and on Laurel

new safe All-in-One capsule discovery for

EASY REDUCING

Science now helps you take off your fat while you eat the foods you choose

Do you like sweets, candy, cake, butter, gravy potatoes? Have you tried one thing after another to reduce, spent dollar after dollar for pills and tablets and in spite of everything you've tried you're still too fat? Well, be as skeptical as you like, but now, right now, there's a wonderful new kind of capsule that helps you take off pounds and inches of ugly fat safely, quickly and so much easier you hardly know what's happening. You don't suffer starvation dieting hunger, you take no drugs, you don't exercise. In fact, you don't even diet one bit more than you want to, because you automatically eat less and here's why...

counteracts hunger

Just recently a well known scientist perfected a new tiny capsule that combines not one but six of the recovered proven aids to reducing. It combines the vitamins and minerals often lost when cutting off fattening foods containing these needed vitamins and minerals. It combines the vegetable cellulose that has no calories yet expands when it absorbs water thereby helping give the feeling of a full, contented stomach. In fact these tiny capsules are so packed with vitamins and minerals, protein and non-calorie filling food, they actually equal and exceed many a meal.

fat goes fast
You'll be surprised at the fat you lose the first week, the inches that disappear the first month. No hunger, no strict dieting, no drugs, no exercise. And the cost is absolutely nothing unless you grow slim, more youthful looking, more active and enjoy better health.

We certify that ALL-IN-ONE CAPSULES are entirely safe for human consumption
Signed,
Paul W. Stokely, Director
American Research and Testing Laboratories, Chicago, Illinois

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Cheese Date Nut Loaf for Cheese Tray



There's happy snacking indeed when a loaf of homemade Cheese Date Nut Bread appears on the cheese tray. Though bread is not usually to be found on such a service, it's a worthy addition when there's a cream cheese whip or lacy thin squares of Swiss Cheese to sandwich in between thinly cut slices of this delightful quick bread.

By providing a variety of crackers and wafers, other cheese varieties may be used on the board or tray—a wedge of creamy blue-veined Blue cheese, wedges of Camembert, jars of cream and Cheddar cheese spreads in endless array, the scarlet-coated Edam, first cousin to the miniature-sized Gouda.

With fruit in the background and great mugs of cold milk, here indeed is a snack cheese tray set up that will appeal to everyone. Remember, most cheese is at its flavor-best when served at room temperature. Easier to handle, too!

atives at Vallejo, Whittier, Long Beach, Fall Brook and Sacramento. C. L. Powell visited with his daughter, Mrs. Clara Foster and son, Archie Powell, while Mrs. Powell was away.

Lester Lloyd brought home his buck Monday morning from the Cougar Bend area.

Frost Kills Vegetables

Mrs. Leon Morton returned home last week from a visit on the coast at Waldport with her sister, Mrs. W. A. Woodard, to find her garden blackened by frost. Cool weather and rain all summer hampered garden maturity and with a killing frost September 29, and light frost following every night for a week, corn, beans, tomatoes and cucumbers as well as squash bore only partial crops. Temperatures at Blackbutte weather station was 27 degrees, September 29.

CIRCLE MEET OCT. 11
The October meeting of Circle Four of the First Presbyterian Church has been announced for 8 p.m. the night of the 11th at the home of Mrs. Raymond Anderson, 1341 South Sixth Street.

SORORITY PLANS SALE
The Beta Zeta chapter of Epsilon Sigma Alpha has announced a cooked food sale for Saturday, October 9, beginning at 9 a.m. at Western Auto Store.

In charge of the sale are Vernice Nolt, Alene Buttkie and Muriel Peterson. Telephone chairman is Donna Stapleton, 856J.

COAST FORK ENCAMPMENT, AUXILIARY TO MEET
Coast Fork Encampment and Auxiliary will meet on Thursday night, October 14, at 8 p.m. All members are urged to attend.

One-Car Wrecks Cause 17 Deaths

One-half of the 34 traffic deaths recorded in Oregon traffic in August occurred in one-car crashes.

Secretary of State Earl T. Newberry pointed to the figure recently as further proof of a trend noted in analyzing the state's six month traffic record, when deaths from non-collision mishaps rose sharply.

Eleven Die
Eleven persons died in 10 non-collision crashes during the month, most of them because drivers "lost control" of their vehicles and rolled off the highway.

Six others were killed when motorists collided with trees, guard rails, and telephone or power poles. One freak accident occurred when a driver, trying to avoid a pedestrian and an animal, struck a telephone pole. The pole crashed to the ground striking another car and crushing the driver.

Several Skids Fatal
Several of these non-collision and fixed object crashes started when drivers tried to apply brakes and went in to fatal skids.

State safety men called attention to the crashes because, they said, "we're entering the time of year when drivers frequently fail to adjust speed to meet highway and weather conditions." Fog, rain, wet leaves and early morning or night frost in higher elevations generally result in an upsurge of one-car mishaps during fall months Newberry commented.

And embryo Good, to reach its stature, Absorbs the Evil in its nature. —J. R. Lowell

Every step of progress the world has made has been from scaffolds scaffold to scaffold and from stake to stake. —Wendell Phillips

Racing Birds Hit 50-Mile Speeds, U. S. Soldier Finds

MOHRINGEN, Germany—Racing is for the birds, according to Corporal William A. Mohler, stationed here with the Army's Seventh Corps.

"In the pigeon-racing game," explained Mohler, "birds are classified and raced in two categories, young and old. Young pigeons are raced in the fall and the older birds in the spring. They are raced up to a maximum of 300 miles for the youngsters and 600 miles for the oldsters."

Mohler, who once owned a flock of 75 racers, says that in fair weather and with a slight tail wind a bird will average 50 miles per hour.

According to Mohler, racing pigeons are homing pigeons that have been trained to race. They are used until they are four years old although he recalls that he has seen some who have attained the ripe old age of 11.

"Once a bird passes the age of one year, he is considered old," said Mohler. He should know, for he has been associated with birds for many years.

Mohler relates that at one time during a 150-mile race when he

was awaiting the return of one of his birds, 15 of his flock descended simultaneously and gave him several exciting moments trying to clock one for the record.

During a recent trip to Scotland, Mohler located a flock of choice racers. He plans to return there during his current tour overseas and ship home enough breeders to give him one of the finest flocks in the states.

Stolen sweets are always sweeter. Stolen kisses much comelier; Stolen looks are nice in chapels; Stolen, stolen be your apples. —Thomas Randolph

Forbidden fruit a flavor has That luscious lies the pea within The pod the Duty looks! —Emily Dickinson



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