

Wherever there is a human being there is an opportunity for kindness. —Seneca

Kindness in women, not their beautiful looks, shall win my love. —Shakespeare

When we are willing to help and to be helped, divine aid is near. —Mary Baker Eddy

Kindness in ourselves is the honey that blunts the sting of unkindness in another. —Lander

"Some people go to a psychiatrist slightly cracked, and leave completely broke." —Ben Yee

REFLECTIONS

Steady As You Go

A nautical term I first saw in a story of evacuation of South Pacific natives true to the religious training of missionaries. The small boat was loaded beyond its capacity, dodged submarines and fast Jap patrol ships, made its way to an island surrounded by vicious coral reefs. The captain laid out implicit, complicated instructions, handed them to a mate, turned and went to his cabin. The mate followed those instructions until he heard breakers pounding. They seemed under his prow, felt their impact upon the water. His last signal didn't appear. He faltered. Fear clutched his heart. Surf spume hit his face. He clutched the wheel to spin it when he heard his captain's voice, "Steady as you go," saw his beacon and sailed into a safe haven.

We too have breakers ahead, and a beacon — our Bible. Our course is through the reefs of human behavior; to follow the course laid out by Him who knows the dangers, is to arrive at the haven of peace. When breakers seem dead ahead, think of the Captain and his softly spoken, "Steady as you go."



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SOCIETY

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National Convention, State Board Meet Occupy B&PW Key Officers' Time

\$1,000 Oriental Scholarship for OSC Awarded Masu Takeda Attending on Fulbright Scholarship

National convention and state board meetings have occupied key officers of the local Business and Professional Women's club this summer.

Attending the convention at St. Louis recently was Mrs. Leona Pyburn, state legislation chairman, who went as an alternate Oregon delegate. She and Mrs. George Krauss, local president, also attended the state board meeting July 31 and August 1 at Yachats.

Details of the board meeting will be told at the next postcard meeting of the club—Monday, August 9, at the home of Mrs. Lloyd Peterson, Lorane.

To Sponsor Dinner

Plans will be announced for Business Women's Week dinner October 16, when Cottage Grove club will be hostess for the entire Cascade district. This district, recently a part of Southwest district and newly formed at the board meeting, consists of Cottage Grove, Eugene, Junction City, Springfield and Yoncalla. Mrs. Lo A. Wise of Eugene is the newly appointed district chairman. Yoncalla will act as cohostess for the October affair.

Another highlight of the board meeting was the awarding of the \$1,000 Oriental scholarship for Oregon State College to Masu Takeda of Japan, who has been attending the college on a Fulbright scholarship. Cottage Grove club is planning to invite Miss Takeda to its October dinner.

Key speaker at the board meeting was Mrs. Alma Sappinfield of Salem, only licensed parliamentarian in Oregon. Mrs. Pyburn of Cottage Grove was among state chairmen making reports. The meeting was presided over by Mrs. Natalie Burns, president.

Women in Office

Mrs. Pyburn, recently reporting to the Cottage Grove club on national convention, pointed to the key speech of Miss Helen G. Irwin, national president, in which she urged members to work for the appointment and election of more women to public affairs.

As state legislation chairman, Mrs. Pyburn was also interested in removal of discriminations against women in the administration of civil service, which was

made one of the objectives of the club at the convention. The group also voted unanimously and with-out discussion, to support legislation allowing income tax deduction to an employed person for costs of care of dependents because of such employment. It will also support liberalized deductions for medical care and will continue opposition to compulsory government - controlled health insurance and medical care. (Liberalized deductions for medical care since then have actually been put into effect in the administration's revised tax laws.)

More Training
Miss Irwin, in another talk, also reported that research showed women are still earning less than men in the same categories of work, and she stressed more specialized training.

Another important part of the national meet was the move to decentralize B&PW and to have state federations and local clubs carry out their own programs, rather than following a formal annual program provided by national headquarters. Cottage Grove club has attempted this in the past, one example being the extensive dental survey of school children conducted here last year by Mrs. Peterson, health and safety chairman, which survey received a citation at the state convention.

Entertainment Honors Air Force Man on Leave

Entertainment and guests are keeping Bob Sedergren occupied during his leave from Keeler Air Force base, Miss. until he leaves for Parks Air Force base, Calif. From there, he will leave for service in Japan.

Bob's grandmother, Mrs. T. F. Yeale of Enumelaw, Wash., arrived recently for a visit with him at the home of his parents, Mr. and Mrs. R. L. Sedergren.

Mr. and Mrs. Charles Moss entertained for him Tuesday of last week, and Wednesday the Sedergren family and Mrs. Yeale were guests at the McKenzie river home of the Joe Brierley family and the Frank Monroe home at Leaburg. Doyle Higdon was a dinner guest one night last week at the Sedergren home and Ray Chapman, who recently returned from an air force base in Alaska, spent Friday and Saturday with Bob. Chapman is on a 30-day leave and will then go to Texas.

Ray and Bob spent the weekend at Chappmans in Medford and visited in Ashland with Miss Garnet Beach at the Hill home.

Mr. and Mrs. Sedergren entertained a group of Bob's friends at their home Tuesday evening of this week.

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Grovians Visit Many Cities in Africa Enroute to Their Mission Fields

By Mrs. Dale McCoy
(Editor's note: The Sentinel continues the interesting letters from Mariel Jean Darnell to home folks, telling the outstanding experiences she and the Schaffner family are enjoying while touring various cities in Africa where they will serve as medical missionaries.)

Malamulo Mission Hospital Monday, April 26, 1954 Dear Friends and Loved Ones at Home:

Tuesday morning bright and early we packed up and started out. By the time we had the Schaffners' nine pieces of luggage and my five in the station wagon and all the six people we were pretty well loaded. We took some pictures and the other nurses took some.

The first part of the trip that day was through beautiful mountains and valleys, but in the afternoon we got into the desert. We studied the maps and decided the best place to plan on staying that night would be Beaufort West. It is only three hundred miles from Cape Town and we got there about five o'clock. We finally found rooms in a sort of annex. They were the worst rooms we found in all south Africa, dark, hot, stinky and full of mosquitoes. Poor little Ricky got eaten so badly he looked like a ragamuffin all the rest of the trip.

We left Beaufort West about 6:30 Wednesday morning. It was a wee bit foggy when we first left, but soon cleared off and was clear and hot. All the time we noticed beautiful clouds, that we hope will show up well in the pictures we took.

We spent quite a bit of time Wednesday in the city of Bloemfontein. It is a rather pretty city. I believe if I remember right, it is the capital of the Orange Free State. We met two of the brethren from the conference office there. We stayed at a place called Kroonstadt that night. We got rooms in the Grand Hotel, not bad at all.

Visit Johannesburg
We left Kroonstadt at 6:15 Thursday a.m. and spent most of Thursday in Johannesburg, after we got there. But just before we got there we ran out of gas. We had supposed we had plenty to get us there, but the gas gauge in the station wagon must not tell the truth exactly as it was empty before the indicator got over to E. The station wagon, by the way, is a new Ford, two shades of light blue or blue grey, not automatic but has overdrive. Very roomy and comfortable. Dr. Schaffner got out and walked a little way over the hill, and there was a gas (petrol, in this country), station near at hand. So he got enough to take us on to the station, and we had learned about running out of gas in South Africa. We thought there could have been lots worse places to run out of gas than where we did.

They told us in Jo'burg, about a doctor in Tanganyika who started off on a trip and ran out of gas and water both. Someone picked him up TWO DAYS later silly from the heat. His wife and baby were still in the car and they were all right, but it is uncertain how much longer they would have been.

At Johannesburg we went right out to the Nookuphila hospital which is in the western Native Township. When we stopped to inquire where the western native township was to be found, the

people looked at us like they thought what ailed us, and as if to say "What on earth could you want to go there for?" Dr. Blaine (the young doctor here) said when he was there, he was walking down a street one day and someone said to him, "Don't you know they'll kill you; out here alone like this?" I guess it's really a wild place. Anyway we wanted to see Dr. Grant who is there, so we went out anyway. The Grants have spent two terms at different times at Songa where the Schaffners are going.

On our way out of Johannesburg, we stopped at a place where they had real good milk shakes to sell. We enjoyed them very much. The first I had seen since I left the states and think how much longer it had been since Schaffners left home. We went to a place called Pietersburg that night and got rooms in another Grand Hotel.

Enter Southern Rhodesia

Friday we had to go through customs into Southern Rhodesia. We started out plenty early and we thought that even with the customs delay we would reach Bulawayo by 4 p.m. We didn't DREAM we would be at Beitbridge for FIVE hours, but we were. It was all because of the car. Dr. Schaffner went to get a man to assist him, one who had been recommended by Mr. Sanford in Cape Town. But the man was busy and he couldn't see him until 2 o'clock. Then it was 3:30 by the time we got away from there. And it was HOT. It was so hot there that even remembering how cold we had been in London didn't seem to help much. We just sat under a roof that had been prepared for exactly such unfortunate as ourselves, and literally "sweat it out."

When we finally did get away from Beitbridge, the grass really had a hard time under our feet. I assure you. We had been told to figure five hours from Beitbridge to Bulawayo, but it was just 7:45 when we pulled up in front of the Grand Hotel there. The third Grand in a row. We thought the third time ought to be the charm. The Schaffner family had a double room and I had a room by myself. We were so outdone that we couldn't think of going to the dining room to eat, so we had dinner sent to the room.

Visit Schaffners' Friends

Some people named Gregg, friends of the Schaffners from Walla Walla College days, live in Bulawayo. They had made hotel reservations for us but we didn't know it until after we had moved into the Grand. Anyway they invited us all out to dinner Sabbath. We had a lovely time there. They have a home a few miles out of town, but it seems quite urban out there. They really have a nice place.

On Sunday Mr. Gregg went out to Solusi Mission with us. As you know, Solusi is our oldest mission station ever established among the heathen. That is where Elder W. H. Anderson and Elder G. B. Tripp went in 1894. The land was a 12,000-acre gift from Cecil Rhodes himself. Although Solusi it not nearly as pretty a mission as Malamulo, the people there were very nice to us. The mission is about 30 miles from Bulawayo, and the roads are very bad. It is dry now and we didn't have any trouble getting out there, but it is all dirt road and very bumpy. Rita, who was lying down on the very back seat, bounced clear off on the floor. There was quite a wind blowing and very dusty. It wasn't hot though. A lady at the mission took us around and showed us the places of first where the black choir was practicing. Mr. Gregg asked them to sing for us. They willingly complied and sang four marvelous numbers. The one I was most deeply impressed with was, "Song of Heaven and Homeland," one of my favorite songs anyway, and their singing was so different and wonderful. It was very beautiful.

Next we went to the administration building where we met Mr. and Mrs. Jewell and old Grandpa Jewell. He is an old Battle Creek nurse and in his time there at Solusi has delivered over 1,100 babies. We went into his clinic and saw four of the very cutest little black babies. Then we went over to the dispensary where a black nurse is in charge. There were several patients waiting and Dr. Schaffner went to work as soon as the nurse found out he was a DR. There was a woman with chest pain who had been coming there for treatments a long time. It sounded as if she might have pleurisy, and Dr. Schaffner thought it might possibly be t.b. so he advised them sending her to the government Hospital over at Bulawayo for chest X-ray. The Jewells asked the Schaffners to eat lunch with them and Mrs. Marie Owens, a sort of cousin of mine, invited me to eat

N of W Votes on Four Candidates for Members

At the regular meeting of the Neighbors of Woodcraft Tuesday night in the IOOF hall, members voted on two members by transfer and two for membership by initiation.

The next social meeting was announced for August 17 and will be a picnic dinner at 6:30 at the city park. Everyone is asked to bring a picnic lunch and his own table service.

Hostess committee for the September 7 meeting will be Fannie Leabo and Nellie Blackmore. Initiation will also be held at this meeting.

At the close of the meeting, refreshments were served in the dining room by Gladys Hatch and Mildred Teich, assisted by the latter's granddaughter.

Is not a patron, my Lord, one who looks with unconcern on a man struggling for life in the water, and, when he has reached ground, encumbers him with help? —Samuel Johnson

with her. Although I had never met her before, she was real nice to me and we had a nice time. She kept repeating how surprised she was to see me there in Africa. Of course, I knew she was there at Solusi.

(to be continued)

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