

Wonderful New Kind of ALL-IN-ONE CAPSULE FOR EASY REDUCING

Science Now Helps You Take Off Your
Fat While You Eat The Foods You Choose

Too fat because you eat too much? Just can't seem to diet because you're a real glutton when it comes to butter, gravy, potatoes? Have you spent dollar after dollar for pills and tablets and in spite of everything you're still too fat?

COUNTERACTS HUNGER

Recently science discovered and compounded a new tiny capsule combining all the recognized proven aids to reducing found in all the products offered today, proteins that build energy but burn off excess fat, vitamins and minerals often lost when cutting off fattening foods, vegetable cellulose food with no calories yet give the feeling of a full contented stomach. These tiny capsules actually equal and exceed many a meal.

Fat Goes Fast From All Over The Body

See fat disappear from stomach, bust, face, chin, neck, arms, legs and ankles. You'll be surprised at the pounds you lose the first week. There's no starvation dieting hunger, no drugs, no exercise.

REGULAR SIZE \$2.98

LARGE ECONOMY SIZE \$5.50



AT LAST: A MEAL OF VITAMINS, MINERALS AND BULK ALL-IN-ONE EASY-TO-TAKE CAPSULE!

Take ALL-IN-ONE capsules, then eat as much as you need to satisfy your hunger. You won't eat so much because you won't have the craving for big meals.

AND THE COST? Absolutely nothing unless you give up, more youthful looking, more active and enjoy better health. ALL-IN-ONE Reducing Capsules, enough to lose pounds fast, are only \$2.98 at your druggist on the guarantee you must be satisfied with the weight you lose or return your money, back. For easy reducing get ALL-IN-ONE CAPSULES today!

COTTAGE GROVE PHARMACY

We Give Savings Stamps

Office Equipment and Supplies, Letterheads, Business Forms
The Cottage Grove Sentinel

PENNEY'S
ALWAYS FIRST QUALITY!

...YOUR PREVIEW OF
NEW FALL FASHIONS!

New Fall Fabrics

Choose from a fresh,
excitingly, NEW COLLECTION!



NEEDLE 'N' THREAD® BROADCLOTH PRINTS

Penney's Own High Styled
Cotton that's Sanforized!,
Mercerized, Machine Washable!

49¢
yd.

Here's a high-count cotton broadcloth that spells quality and fashion in every way! Looking for a pert kitchen pattern, a high-fashion dress print, a neat-as-a-pin geometric or a bright floral? Penney's has these and many, many more Needle 'n' Thread prints as new-as-tomorrow that are true sewing inspirations for you! Looking for cotton that will stay smooth and lustrous thru constant wearings and machine washings, a cotton that won't shrink out of fit? Penney's Sanforized!, Mercerized Needle 'n' Thread is the answer! 35" wide. *Maximum residual shrinkage 1%

Smart New Fall Colors VELVETY-SOFT PINWALE CORDUROY

So soft, so rich, so easy to tailor you'll love it for sports togs, tots overall, distinctive looking home - decorating too! Wonderful fabric buy ... and note! Penney's corduroy is machine - washable! Jewel colors; 36-37".

\$1
yd.

SANFORIZED COTTON FLANNEL PRINTS

Top quality! Top value! Here's your chance to make warm, wonderful sleepwear for the whole family in fine machine washable cotton flannel. Prints in florals, juvenile patterns, westerns, stripes-all colorful, easy to care for and proof that Penney quality is your greatest saving. 35"-36" wide. *Maximum shrinkage 1%

49¢
yd.



Picnic Style Foods

Summer time is picnic time! The magic appeal of eating outdoors makes appetites hearty and the food taste better than ever. To make your picnic one of the very best, plan easy-to-cook and easy-to-carry foods. There's no need for fancy dishes and complicated menus. Food prepared at home and kept hot or cold en route to the picnic spot is usually easier and quicker to serve. And when picnickers get hungry, better not delay too long!

Hot foods keep well if the container is wrapped heavily in newspaper, set in a cardboard carton and kept well covered. Cold food and drinks can be kept cool and refreshing in a thermos bottle or jug. If you have a good-sized metal container to hold food and ice cubes, place a few pieces of dry ice in with the ice cubes. They will stay cold and firm for hours. This is the best way to carry such foods as packaged ice cream and bottles of milk to keep them cool and fresh.

LEAVING FOR MEDFORD

Mr. and Mrs. Richard Cantonwine entertained at a dinner on their lawn Sunday for Mr. and Mrs. Daniel Cantonwine, who are moving to Medford to make their home. The honorees were presented a gift from the group.

Enjoying the dinner were Mr. and Mrs. Daniel Cantonwine, Mr. and Mrs. Kenneth Jackson, Mr. and Mrs. Philip Cantonwine, Phyllis and the hosts.



BRIDE AND GROOM, MR. AND MRS. WALTER DAVIS, cut their wedding cake at reception following wedding July 3 at Laurelhurst United Presbyterian Church, Portland. They are at home at 1635 S. W. 18th Street, Portland.

Mid-Summer Ceremony Unites Couple; Bride and Groom to Live in Portland Miss Elaine Ellen Radway Now Mrs. Davis

A mid-summer bride was Miss Elaine Ellen Radway, who was married July 3 to Walter K. Davis at an evening double ring ceremony at Laurelhurst United Presbyterian Church, Portland. The couple exchanged vows in a floral setting of white stock on the altar and white candles in candelabra. The bride is the daughter of Mr. and Mrs. Harold W. Radway, Cottage Grove, and parents of the bridegroom are Mr. and Mrs. Kenneth Davis, Portland. The Rev. Lloyd E. Dalby, pastor of the church, performed the ceremony.

Organ music was played preceding the ceremony, and Miss Helen Turner, Portland, sang "At Dawning," "I Love Thee" and "The Lord's Prayer."

Mr. Radway gave his daughter in marriage. Her street-length dress was of white net interwoven with grosgrain ribbon over taffeta with a wide band of pleated net around bottom of full skirt. The high neckline of the bodice was edged with white velvet. Her sash was also of white velvet. Her nylon elbow-length veil was attached to a tiara trimmed with seed pearls. She carried a white Bible topped with a white orchid with shower of Stephanotis.

Mrs. Leon Donahue, North Bend, was matron of honor, in a gray taffeta dress and corsage of salmon colored gladioli. Best man was Hugh Kneeland, Portland, and ushers were Edwin Hawkey, Portland, and Lowell Radway, Cottage Grove, brother of the bride.

Miss Kay Wells, Cottage Grove, and Miss Jonelle McGuire, Portland, were taperlighters.

The bride's mother chose a navy sheer dress, white accessories and corsage of yellow roses, while Mrs. Davis was attired in a silk jacket dress in smoke shade with pink accessories and corsage of pink roses.

The reception was held in the church parlor with Mrs. R. E. Brummer, Portland, cutting the

Recent Bride Feted At Evening Shower

A recent bride, Mrs. Frank Thomas, was given an evening shower at the home of Mrs. A. W. Thomas July 23. Hostesses were Miss Bernice Thomas and Mrs. Ethel Thomas.

The table was specially decorated with a miniature bride and groom on a stairway of rose colored taffeta and white carpet. Small bouquets of sweet peas lined the stairway. Coffee and cake were served.

Games were played and prizes won by Mrs. Scott, Jeanette Wyler and Donna Goodrich.

Guests included Teddy Arnold, Betty Hand, Pat Cochrane, Shirley Rindal, Florence Hand, Jennie Hungerford, Dorothy Ketcherside, Ada Mae Ketcherside, Madelyn Summers, Doris Scoggins, Mrs. Scott and Jeanette Wyler. Gifts were sent by Edna Wagner, Sharon McCall, Janice Myers, Pat Kelley, Greta Wicks, Mrs. Bender, Peggy Dodge, Delores Cantonwine and Mary Lee Benston.

Govdville Club Picnic Held Sun., Wilson Creek

Members of the Govdville club held their annual picnic Sunday at Wilson Creek park.

Those enjoying the day were: Mr. and Mrs. Henry Schmitt and Gary, Mr. and Mrs. John Wilson, John, Darlene and Betty, Mrs. Hannah Maddess and Hjalmer, Mr. and Mrs. Frank LaBlue and Judy, Mr. and Mrs. Ray White and Danny, Mr. and Mrs. Clifford Neville, Larry and Gary, Mrs. Harriett Masters and Jimmie, Spencer Repp of Portland, Mr. and Mrs. Earl Paderbaugh, Mr. and Mrs. Archie Ashbridge, Mr. and Mrs. Jake Stalder, Mrs. Julia Schmitt, Mrs. Myrtle Lake, Mr. and Mrs. Louis Simon and Mr. and Mrs. Earl Baldwin.

Shortridge-Emmon Annual Reunion

Part of the original land grant of S. B. Shortridge in 1852, now known as Shortridge recreation park on the east shore of the Cottage Grove lake, was the scene July 25 of the Shortridge-Emmons family picnic. Descendants of the Wallace Shortridge family, a son of S. B., have met each year for 12 years for a family picnic. President of the gathering is Mrs. Olive Brown; secretary, Dale Cannon, and historian, Mrs. Frankie McKay.

Mrs. McKay and two sisters, Mrs. Lil Sutherland and Mrs. Anne Adams, are the three remaining children of 11 of Wallace Shortridge family.

A brother of S. B. Shortridge, J. H. Shortridge, also settled here in 1852 on a land grant on the west side of the river and the Shortridges have figured prominently in the early history and development of what is now the London community which was once known as "Wallace" for Wallace Shortridge.

Those attending the Sunday picnic included: Mr. and Mrs. Frank Dillard and Kay of Portland; Mr. and Mrs. Keller Emmons of Eugene; Mrs. Dale Emmons and two children of Monmouth; Joe Olds and children and Mrs. Lillie Sutherland of London; Audrey Hayes, Eugene; Olive Brown and Janice of Cottage Grove; Mrs. Helen Hadlock and four children of Boise, Ida., and Alcee Asher and baby Jim, of Sutherlin.

Also among the 30 attending the Shortridge picnic were Mrs. S. P. Shortridge of Cottage Grove, a Cottage Grove visitor, Barbara Ward, and Mr. and Mrs. R. C. McKay of London. Mrs. McKay was presented a birthday cake by Mrs. Emmons.

The family descendants parted Sunday with promise of another picnic the last Sunday in July next year.

Shower, Housewarming Given by Co-Workers

Several local Telephone employees and a few invited guests gathered at the home of Mrs. Lee DeMoss recently for a surprise bridal shower for Mrs. Frank Thomas (Eunice Hand) and a housewarming for Mrs. DeMoss, who was presented with a gift for her new home from the office employees. Watermelon was served to the group following a social evening, and Mrs. Thomas received several lovely and useful gifts.

Additional guests besides the Telephone employees were Mmes. Clyde Hamilton, Ralph Boslaugh, Donald Hand, Pearl Hand, A. W. Thomas, Bryan Blue and Miss Vyonne Prescott.

88TH BIRTHDAY FETED AT KIM HOME

Sunday a picnic at the Dr. C. H. Kime home in Gowdville was held honoring Mrs. Kime's mother, Mrs. W. L. Wheeler, on her 88th birthday anniversary.

Thirty-seven were present including all of her eight children. The large birthday cake was baked and decorated by Mrs. Kendall Kimball.

TOWNSEND CLUB POTLUCK PICNIC

The Townsend club will hold a potluck picnic Monday, August 2, at 6:30 at the home of Mr. and Mrs. Elmer Kent, 628 Birch Street. A business meeting will follow. All are welcome.

COFFEE HOUR BENEFITS NEW SISTERS HOME

Mrs. Bernard Bachand and Mrs. William Bartels Sr., entertained Monday morning at the Bachand home at a coffee hour. The proceeds will benefit the Sisters home of the new Catholic school.

WESLEYAN SERVICE GUILD TO MEET AUGUST 5

The Nathalie Wesleyan Service Guild of the Methodist Church will meet at 7:30 p.m. in the church parlor August 5. Hostesses will be Mrs. Burt Land and Mrs. Daniel Olsen. Miss Della Gallo will lead the worship service and Miss Marjorie Arnold will present the lesson.

FOR YOU

The Latest "S&H" Green Stamp
Distinguished Merchandise Catalog
May Be Obtained from the
Following Progressive "S&H" Merchants

COTTAGE GROVE

A. J. McLean Barber Shop
Cecil Beck Motors
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Maguire's Furniture
Olsen's Grocery
Peterson's Dept. Store
Platner's Grocery
Roberts & Drury Sheet Metal
Russ & Jim Mobil Service
Sears Building Supply

CRESWELL

Green's Hardware & Supply
Hollenman's Union Service
H. W. Taylor Grocery
Lone Pine Grocery
Vikings Variety

SAGINAW

Platner's Grocery

FINAL REDUCTIONS

YOUR RESPONSE WAS SO TERRIFIC LAST WEEK, THAT WE JUST HAD
TO KEEP OUR SALE GOING ... HERE ARE MORE SUPER SPECIALS

LADIES' SUMMER DRESSES
Here is a group of summer cottons for your approval at only
99¢
LADIES' "MYNETTE" HALF-SIZE DRESSES
Special Clearance
1/3 OFF
You Must Check These

LADIES' SWIM SUITS
Values to \$5.95
\$1.99 - \$2.66 - \$3.99
CHILDREN'S SUN SUITS
Bright Patterns Cool for Summer
Group 1 44¢
Group 2 77¢
LITTLE GIRLS' SWIM SUITS
Sizes 1 to 6
Good Variety of Styles and Colors
Values to \$2.98
\$1.33

Warm Weather Special!
MEN'S SWIM SUITS
A wide variety of colors in brief and boxer style \$2.49 value Clearance at **\$1.99**
MEN'S CANVAS OXFORDS
U.S. Keds, Sport Kix and Rand Bobs Brown, Blue and Faded Blue Some Narrow Widths \$5.95 Values **\$3.98**

LADIES' Canvas Oxfords Kedettes and Sport Kix
Red, Blue, Light Blue Values to \$5.50 **\$3.98**
LADIES' SALE DRESSES
Prices are further slashed For Final Clearance
CHECK THROUGH THESE FOR REAL BARGAINS
STRAW HAT SPECIALS
MEN'S WESTERN PALM STRAWS
Values to \$1.59 . . . **99¢**
BOYS' WIDE BRIM STRAWS
49¢ Values . . . **22¢**

CHILDREN'S SUMMER PLAY SHOES
We have picked out another large group of sandals that were valued up to \$3.49 to go at **\$1.99**
CHILDREN'S CANVAS OXFORDS AND SANDALS
Values to \$2.49 Finish out the summer in these at only **\$1.99**

MEN'S DRESS OXFORDS
Included in this group are some nylon mesh numbers that are cool for summer
Values to \$9.95
OUT THEY GO AT \$6.99
MEN'S JACKETS
Values to \$5.98
NOW . . . **\$2.99**

Petersen's Dept. Store
615 MAIN ST. COTTAGE GROVE
We Give and Redeem S and H Green Stamps
MEN'S SHOES
This group is made up of work shoes and dress oxfords Check for your size Values to \$9.95 **\$4.99**