



NOT RESPONSIBLE FOR LOST APPETITES—Oregon 4-H "Teenage Hostesses" learn new and easy tricks in the art of preparing tasty meals for their friends in the junior set. Girls from all Oregon counties attended the "Teenage Hostess" classes conducted by Miss Wilma Sledge, field home economist for the American Can Company, at the statewide 4-H Summer School on the Oregon State College campus this week. Above, left to right, are Lorenah Bendshalter, Lebanon; Mabel Lyons, Alsea; Barbara Dupont, Canby; Miss Sledge; Donna Pierson, Hood River; Ruth Wilde, Mt. Angel; and Carolyn Sears, Eugene.

It would have been expensive even in the good old days to live as well as American's like to live today.

Many a person will swallow the maximum of flattery and choke at the minimum of truth.

Knowing half your subject doesn't help much — it's always the other half you need.

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SOCIETY

BPW Committees Named for 1952-53

Business and Professional Woman's club committee heads for the 1952-53 year were announced this week by Lenora Pyburn, president.

They are as follows: education and vocations, Cora Dalley; finance, Julia Jederman; health and safety, Muriel Peterson; international relations, Ethel Krauss; legislation, Edna Piller; membership, Joyce Zahler.

Program coordination, Nancy Robbins; news service, Joan Gallo; public affairs, Beulah Morgan and Lola Stokes; hospitality, Hazel Welden; music, Mildred Coier; emblem, Myrtle Gleason; telephone, Elizabeth Hankins; scrapbook, Helen Arne; Scout representative, Eleanor Fleming; civil defense, Dorothy Schaffner.

Mrs. Pyburn also announced that meetings will be held only once a month during the summer, with the next one to be a potluck supper July 21 at the home of Mrs. Welden.

Acting treasurer, Clara Lee, also announced this week that the deadline for the year's dues was August 15 but that she would like to have them paid before then. Mrs. Lee or any of the club officers will accept dues.

TO HOLD PICNIC

The Townsend club will hold its annual picnic July 4th at the city park. Dinner will be served at noon. A business meeting will follow.

After Five



Beige velvet afternoon dress.

By VERA WINSTON

DESPITE all the talk about velvet one doesn't see too much of it, but the velvets that are encountered are mighty handsome. This one, a cocktail dress of beige velvet, is a most flattering model. It has a beautiful, low cut neckline. The belted skirt is lined with black taffeta. The separate girdle of jet and beads has jet fringe and is black and shiny, a nice contrast to the fabric and color of the dress. The frock can also be worn with a self belt.



WAVES EXCEL IN SCIENCE—Opportunities for specialized training are available to qualified women in the military services. Courses in chemistry, pharmacy, bacteriology and related sciences are a part of the technical training given WAVE Hospital Corpsmen to prepare them for specialized jobs.

MANY THANKS

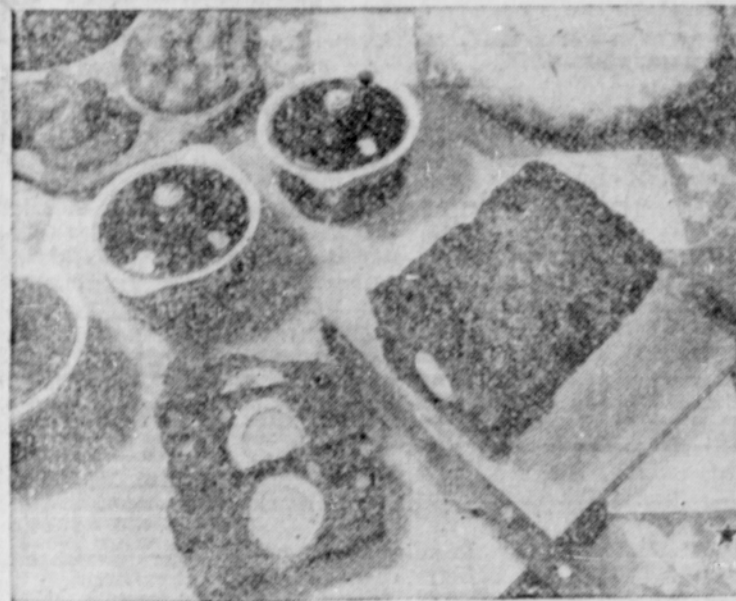
**To the many friends and patrons
whom I have had the privilege of
serving these past years in business.**

I know you will accord Mr. Stringer, the new owner, the same patronage.

PAT'S SAW SHOP

Willis Garman

Picnic Fun At Home July 4th



Here's a picnic that takes place right in your own backyard. The menu is planned around a juicy meat loaf that has a surprise filling. It's served with individual casseroles of baked beans, assorted relishes and a wonderful cherry pie.

'Backyard' Picnics Star for July Fourth

Bring on the food, it's July 4th and picnic time all over the land, a bright beginning for National Picnic Month.

A picnic, however, doesn't necessarily mean that you and your family will be trekking to the country or to the beach, it can be a picnic right in your own backyard. And for this type holiday picnic, here's a sample menu plan that promises plenty of good eating. Serve a meat loaf as the main dish of your picnic, suggests Reba Stages, home economist. Give it a surprise touch, that is, place half the ground meat mixture in the bottom of your loaf pan, then arrange whole hard-cooked eggs end-to-end down the center of the loaf. Top with the remaining half of the meat mixture and roast as usual.

Slice the loaf, after it's been allowed to "set" (the same as a roast) for about 20 minutes, on a wooden board right at the picnic. Serve with a big casserole of baked beans right out of the oven. Or use the little individual table casseroles if you have them. Add plenty of potato chips, big buns or hard rolls and crisp relishes. Dessert can be your best cherry pie, served with iced tea or coffee.

Delectable Meat Loaf
2 pounds ground beef
1/2 pound ground pork
1/2 cup fine dry bread crumbs
2 tablespoons milk
1 tablespoon lemon juice
2 tablespoons chopped onion
2 teaspoons salt
1/4 teaspoon pepper
4 hard-cooked eggs
Combine all ingredients except hard-cooked eggs. Pack half the meat mixture into a 5 x 9-inch loaf pan. Arrange shelled hard-cooked eggs in a lengthwise row through center of loaf. Pack remaining meat mixture over eggs. Bake in a moderate oven (350°F.) until done, about 1 1/2 hours. Serve hot or cold. 8 servings.

WALNUT CONTROL BOARD

MEETS IN PORTLAND
The first meeting of the Walnut Control Board ever to be held in the Pacific Northwest was opened Monday, June 30 in the Multnomah Hotel, Portland. All previous meetings have been held in California, although the board operates under a federal marketing order and agreement covering Oregon, Washington and California.

The primary purpose of the Walnut Control Board is to assure

orderly marketing of walnuts. Since the portion of the walnut crop under surplus control is usually shelled, the board is studying a new method of reducing shelling expense which is of major importance to all growers and handlers. This was a major topic on the program.

The guy who starts his evenings fast and loose, generally comes home slow and tight.

Scratch Pads—The Sentinel

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