

BPW Club Members Told Reasons For High Cost of Medical Care Monday

The Cottage Grove Business and Professional Women's club met at Rainbow Cafe Monday evening. The health and safety committee had Dr. Stanley Richmond, of Eugene, as their guest speaker. He spoke on the "Pre-paid government medical plan" or what is more commonly called socialized medicine, which is being proposed as a congressional measure. His arguments against the proposed plan were prefaced by an explanation of why medical aid is so high at present. The reasons given were listed as the free care of charity patients, unpaid medical bills and the fact that high standards of living in America force doctors to provide expensive services.

Dr. Richmond explained that the federal security administration, which proposed this compulsory health insurance plan was misrepresenting the health situation in the United States in order to build up favorable backing. Such examples as lack of doctors, nurses, hospitals and the poor health of soldiers before being used without proper interpretation of the facts. The essentially poor results of "socialized medicine," said Dr. Richmond, would be the regimentation of doctor's services to the public, high financial tax cost, the interference with the right of citizens to control their own business and the privilege of individuals to choose their own doctors. Dr. Richmond suggested that citizens reorganize their budgets so as to include a fund or insurance plan to provide sufficient medical care for themselves, rather than pay taxes to provide government regulated service. He quoted that the price of one package of good quality cigarettes per day would be sufficient to pay for the private health insurance plan for a man, wife and ten children.

No one was present at the meeting to uphold the side favoring socialized medicine. Mrs. Dorothy Schaffner, chairman of the committee, was assisted by Mrs. Ardeith Nichols, Mrs. June Neal and Mrs. Mathilda Prager. The tables were beautifully decorated with fall flowers and individual corsages were provided for members and guests. Special music was provided by Mrs. Betty Patten, who was accompanied by Mrs. Frances Everson.

President Lottie Lee Lamb, presided at the business meeting which followed the program. The club voted to sponsor the Eugene Women's Choral club in a Spring concert. Applications for membership of Mrs. Mildred Coier, Gladys Anderson, Dorothy Jackson and June Carnes were unanimously accepted. The next meeting will be held on November 7 at the City Library.

NOV. 1 SET FOR D. O. N.

November 1, at 8:00 p.m. is the date and hour for the next meeting of the Daughters of the Nile instead of the regular meeting date. The place will be the home of Greta Arnold. Assisting will be Echo Galdabini, Barbara Hill, Daisy Cochran and Nellie Bukowski.

AMATEUR PROGRAM GIVEN

The Townsend club served a dinner Monday night in the ROOF hall, which was followed by an amateur program with 15 contestants furnishing the evening's entertainment of accordion, mandolin and steel guitar numbers. More than one hundred attended the entertainment. Tom Short, president of the club, presented each contestant with a gift.

The club will meet at the regular meeting place, the dining room of the army, at the next meeting.

District Wide Fall Achievement Day Here Set Nov. 12th

Here the Southern Lane district, held at the high school with Mrs. Melba Heide, assistant county club agent, on Monday, it was decided to hold a district wide Fall Achievement Day in Cottage Grove. Tentative date for the affair was made for November 12, with Mrs. Jeanne Morton elected chairman to make plans and arrangements. At this time all club members who have completed their club projects for the past year will meet to receive their achievement pins, ribbons from the Southern Lane and Lane county fairs, scholarship certificates and cash awards. Parents and friends will be invited for the program.

Further particulars will be announced as soon as contacts have been made and arrangements completed for the date and place of meeting. Club leaders for last year are asked to contact Mrs. Morton for further particulars; phone number 55811.

OES HOST TO VISITORS

At the regular session of the Order of Eastern Star Friday night the chapters of Oakridge and Creswell were guests. At this time Mrs. Thum, junior past grand matron and grand lecturer of the grand chapter of Oregon, was escorted to the East and honored. Others introduced and escorted to the East were Mr. and Mrs. Clarence Sutton, worthy patron and worthy matron of the Oakridge chapter.

Reports were given of recent visitations to the various chapters, and invitations were read to attend receptions in the near future. The group is invited to Creswell the night of October 29, and several members plan to attend. A short program followed the meeting with Mary Lou Wolford rendering several selections on the piano and Malcolm Scott played cornet solos, accompanied by Billy Veatch on the piano. Group singing was led by Mrs. Earl Hill and Mrs. Jack Dillon with Mrs. Wolff Allen at the piano.

The evening closed with refreshments served in the club room, chairman of the committee being Vesta Wheeler. The next regular meeting will be October 28 when the local chapter will entertain Blue River of Eugene, Cascade of Springfield and Junction City chapters.

CIRCLE THREE WILL MEET

Circle Three of the Presbyterian Women's Association will meet at 2:00 p.m. Wednesday, October 26, at the home of Mrs. Ed Hoyt, 278 Cherry Court. Co-hostess will be Mrs. Sam Veatch.

Thanksgiving Clothing Collection



—Picture Courtesy Oregon Journal

A story book interests these small girls at Our Lady of Providence Nursery in Portland, a Red Feather agency of the Oregon State. Applications for child care are received from any part of the state.

To alleviate living conditions of the needy homeless in Europe and the Near and Far East, a Thanksgiving collection of clothing, shoes and soap is being organized throughout the archdiocese, according to Rev. Jerome M. Schmitz, who has been appointed director of the campaign by Archbishop Edward D. Howard.

The collection drive will be concentrated from November 20 to 26. Prior to that time, organizational materials, shipping labels, and campaign posters will be mailed to the various parishes, it is announced.

Paper Sack on Machine Keeps Sew Room Clean

Let a paper sack attached to your sewing machine "pick-up" after you as you sew, suggests Miss Marie Seales, O. S. C. extension clothing and textiles specialist.

An easy way to avoid getting scraps of thread and material all over the floor is to attach a paper sack to the sewing machine or sewing table. Fold back the top of a medium sized paper sack, the specialist explains, to form a cuff. The folded cuff will aid in keeping the bag wide open. Then, by laying a wide slide against the machine or sewing table, it may be attached firmly in place with scotch tape.

It is easy to do, Miss Seales says, and the habit of always keeping the sewing room "picked-up" will save cleaning time.

Folk Dancers to Gather at OSC For Annual Clinic

OREGON STATE COLLEGE—This campus will be the mecca for folk dance enthusiasts from Oregon and parts of Washington when the third annual American folk dance clinic will be held here Saturday, October 22. The clinic is sponsored jointly by the women's physical education department and the Promenaders, an organization of students, faculty and town-people interested in folk dancing.

The clinic is especially for those interested in learning to teach folk dancing, either as beginners or in advanced classes. The beginning group will be led by Mrs. Margo Flores, Portland, while those studying advanced patterns will be instructed by Miss Erma Weir of the physical education staff. Last year more than 100 attended the clinic.

Use Your Left-Overs in Salad

By ALICE DENHOFF

A SALAD offers a fine method of taking care of the meat or fish left-overs that always accumulate, no matter how careful the kitchen captain may be.

A well-made fish salad is a good summer treat, but it does require careful handling. Great care must be taken not to get the mixture pasty. Flake the fish lightly or leave in fairly large pieces. The marinating is of great importance to the flavor. Any salad dressing may be used. The garnish should have a sharp or an acid flavor—green pepper rings, pickles, cooked beets, plums or pickled, in fancy shapes, radish roses, capers, olives and pimientos, as well as hard-cooked eggs are good ingredients and garnishes. Any fish may be used, with canned or fresh salmon or tuna top favorites. In flaking fish take care that every smidgen of bone is removed.

Another favorite is sardine salad, no rice for luncheon or supper. To serve 6 drain 12 medium or 6 large sardines, and arrange on green salad. Garnish with mounds of 3 chopped hard-cooked egg whites, ½ c. diced tomato, ¼ c. sliced sweet pickle. For a nice variation, lay on green salad, first one small onion, boiled and chilled, and on this one sardine, garnish with sliced or chopped hard-cooked egg and use

curry flavored mayonnaise as the dressing.

Lobster Salad Always in high style is a fine lobster salad, a nice complement for a summer company meal. The meat from a 2 lb. lobster should be sufficient for 6 servings. It should be broken into smallish pieces. If canned lobster is used, 2 c. cut lobster should be enough. Do the salad up right with a garnish of capers, sliced olives, sliced hard-cooked egg, fancy shapes cut from sliced beets and truffles.

For a nice variation, use equal parts of lobster cut small and sliced celery. Season with salt, vinegar and pepper, moisten with mayonnaise and pack a half lobster shells or place on green salad. Mask with mayonnaise. If the liver and lobster coral are rubbed through a sieve and mixed with mayonnaise, this will give a pretty pink tone. A few drops of anchovy essence may be added also.

Meat salads offer an infinite variation and can be mighty fine fare. Cooked meat should be carefully cubed, all bone, skin, fat, gristle and hard parts removed before cubing the meat into ¼ to ½ inch squares. Meat and vegetables such as cold boiled potatoes, peas and asparagus tips makes a good combination. Meat cubes with sliced celery, cut string beans, chopped tomato and hard-cooked egg makes a good solid salad.

Polish Couple to Arrive in Grove

Two displaced persons, Mr. and Mrs. Bazili Szabolin from Poland will arrive in Cottage Grove within the next week or ten days. They are sponsored by the Catholic Charities organization. Mrs. Szabolin, formerly Stanislaw Kruszyk, is a cousin of Mrs. Norman Bachelder, of South Sixth street.

The Kruszyks had kept the address of Mrs. Bachelder's father who had left Poland as a small boy 60 years ago. The family started writing to Mrs. Bachelder for help a couple years ago.

Stanislaw is 35 years old. Her husband is 28. They were married a few months ago in Heilbronn Displaced Persons Camp, Priesterswald, Germany. Mrs. Szabolin was sent from Poland to work in Germany because she was young and healthy. Her mother, two brothers and two sisters are still living in Poland. It was while she was in the displaced persons camp that she met her husband for the first time.

The couple will spend a week or two here with the Bachelders and then will move to Eugene where work has been found for them. They are far from being poor. Mr. Szabolin is also a mechanic.

MRS. TOWNSEND OPENS VOCAL STUDIO

Mrs. Duell Westly Townsend announces the opening of a vocal studio at 912 West Main street. Mrs. Townsend, a new resident of Cottage Grove has studied under the teachers of the Chicago Conservatory of Music and the American Conservatory of music in addition to other preliminary training. She is the wife of J. Homer Townsend, a member of the Lorane school faculty. See her announcement appearing elsewhere in this issue for further details.

Revlon Manicures (Self Service) 25c

Manicure your own nails while your hair is drying.

A NEW SERVICE

Catherine's Beauty Center

ELLA BEERS, Operator

531 Adams Phone 75

Divide Landmark Burns

An old barn belonging to H. A. West on the Theide lane in the Divide community burned Saturday night. The barn was a landmark of that section and once served as a stage coach depot.

The rural fire department was called, but the building was falling in by the time the truck arrived and efforts of the department were used in keeping the flames from spreading or damaging the adjoining property.

Firemen said the damage would run in the neighborhood of \$200. The building contained some last year's hay. According to reports there is a possibility that the building might have been set.

Eat a Good Breakfast

It has been proven that breakfasts which are nourishing breakfasts do better work in their jobs, and children who eat good breakfasts get better grades in school and lose less time in sickness.

SENTINEL SOCIETY—Telephone 555 or 556

LYNX HOLLOW (Mrs. Orville Lamb, reporter)

Ralph, 5 year old son of Mr. and Mrs. R. E. Dawson is home from the hospital. Dawson was the fourth polo victim from this community. Lloyd Kimery is back in school after several days absence due to an eye infection.

Mr. and Mrs. Walt Lamb Sr. were very ill last week with flu. Mrs. Lamb, tho improved, is not able to be about yet.

Mr. and Mrs. J. F. Lamb of Creswell and Mrs. J. F. Lamb of Lebow were dinner guests Saturday evening of Mrs. and Mrs. Walt Lamb Jr. at a demonstration supper.

Jake Pruitt of Glenwood visited at the home of his sister Mrs. John Macauley one day last week. Ray Holbrook and sons David and O'Donovan and John Macauley accompanied by Walter Pentice of Cottage Grove spent several days last week in eastern Oregon on a hunting trip.

Mr. and Mrs. Wallace Ashdown of Portland, temporarily of Lowell were Sunday afternoon visitors of the Orville Lamb family. Mrs. Lamb and Mrs. Ashdown are cousins. Ashdown is a government inspector with the Army Engineers, clearing the area for the Meridian dam.

FIRST CAR OF SEED SHIPPED FROM CRESWELL

The first car load of seeds to be shipped from Creswell, as near as could be determined from available records, brought increased interest in the possibilities of the expanding seed industry in this area recently, when Austrian Peas grown locally and cleaned and processed for shipment by the Dillard Road Seed Co., were loaded and consigned to Greenville, Tex., through the Jenks Seed Co.

The car, loaded about three weeks ago from the siding here, contained over 30 tons of this seed and has helped to stimulate activity in seed growing in this area, according to Al Webb, operator of the Dillard Road Seed Co.—Creswell New Era.

A. & B. Beauty Shop

on Mezzanine Floor Cottage Grove Hotel Oil Permanents and Cold Wave Lorraine Kotre Appointments with Gladys Adams (Friday and Saturday Only) Phone 43 26tfexx

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Cold Wave Permanents

Reg. \$10.00 Now Only \$7.50

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(Special Effective Saturday, October 22 Only)

ARNEST DRESS SHOP

513 Main Street Phone 36

Announcement

Taylor Gardens and Sunnyside Greenhouses have established a sales yard for nursery stock. A very good selection of evergreen shrubs are available now.

Deciduous shrubs and plants will be available about Nov. 10th, including fruit trees, stock trees, vines, perennials, small fruits, etc.

SEE OUR SELECTION AT THE SALES YARD

at

Sunnyside Greenhouses

1704 W. Main Phone 182