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**DR. M. E. SMITH OPTOMETRIST**

812 Main — Ph. 351

### City Briefs

Mrs. Wayne Gates, Mrs. Ralph Goe, Mrs. George Gates and Mrs. Harold Clark of Creswell were present Sunday at Oakridge for the institution of the chapter of Eastern Star there.

Others attending the Eastern Star institution at Oakridge Sunday were: Mr. and Mrs. William Thum, Mrs. Ruth Bradford, Mrs. L. J. McLaughlin, Mrs. C. E. Dillman, Mrs. Daisy Cochran, Mrs. Matt Smith, Mr. and Mrs. Charles Akerblade, Mr. and Mrs. George Witters and Mr. and Mrs. Ernest Sears.

Wayne Mackin, owner of the Imperial Hotel at Cripple Creek, Colorado, will leave November 21 for Fort Benning, Georgia, for four months of officer training under the government universal training program. Wayne was a captain in the 10th Mountain Division of the army in World War II. He will be accompanied by his wife and baby son.

Attending the institution of the Eastern Star lodge Sunday afternoon were Mr. and Mrs. S. L. Godard, Mrs. Frances Horn and Miss Eunice VanDenburg.

Miss Belle Burkholder had as guests at her home over the week end Mrs. Laura L. Douglass and Miss Alice Palmer, both of Salem. They met in Eugene at the White Shrine lodge, incidentally Mrs. Douglass helped Miss Burkholder join Willamette Shrine No. 2, Salep, in 1927, when both ladies were employed at the Industrial Accident Commission in the old state house. On Sunday the ladies drove to Oakridge to attend the institution of the Oakridge Order of Eastern Star.

Mrs. E. C. Evenson accompanied her nephew, Carrol Lewis, Oregon State college student, by plane last Thursday to Los Angeles and San Francisco, where they are visiting relatives.

W. F. Allen spent the week end in Springfield at the home of his niece and family, Mr. and Mrs. R. H. Culbertson.

Mr. and Mrs. J. S. Markham of Lorane route entertained as dinner guests one day last week, the Rev. and Mrs. Frank Brown and daughters Bobbie and Vicki, and Mrs. Brown's mother, Mrs. Catherine Buchner of Rockford, Illinois, who is visiting her daughter.

Mr. and Mrs. Tommy Clapp are building a five room home in the Blue Mountain district of Mosby Creek and expect to have the dwelling completed and ready for occupancy by the first of the year.

D. D. Boyd, Thornton Corners resident, returned last week from a business and hunting trip which took him into eastern Oregon and western Idaho. He drove over with a load of Easter lily bulbs and after selling the bulbs had an enjoyable hunting trip around Ontario and points in Idaho.

Mr. and Mrs. E. C. Conner visited with the Sentinel briefly Saturday and Mr. Conner renewed his subscription for about the 67th time, having been on our subscription list since the founding of the paper. His brother was one of the publishers of the Cottage Grove Leader, which later merged with the Sentinel.

Alvin Lucas of Medford, state president of the Eagles lodge will pay his official visit to the Cottage Grove Aerie, A. W. Thomas, secretary announced yesterday. Mr. Thomas also stated that the Eagles were planning a hospital benefit dance for the near future.

### LONE 'SPELUNKER' IS SPELLBINDER



**THE ONLY WOMAN "SPELUNKER"** in Pittsburgh is attractive Mrs. Norma Lee Fisher who is getting a bit of hat-fitting aid from her two-year-old son, Freddy. Her husband is Robert Fisher, head of the recently organized Grotto of the Speleological Society, which majors in cave hunting and exploring. The chapeau she is trying on is fashioned for a forthcoming expedition of the group. (International Soundphoto)

### Control Found For Blind Seed Rye-grass Malady

Practical control methods for the blind seed disease of perennial or English rye-grass have been worked out in Oregon for the first time in the history of this worldwide malady. The methods have been developed under the leadership of Dr. John Hardison, federal plant pathologist, in the three years he has been stationed at the O. S. C. agricultural experiment station.

Oregon produces 94 percent of all the perennial rye-grass grown in the United States, devoting almost 17,000 acres to this crop in 1946, which produced a crop worth about \$800,000 that year. While the disease has been recognized as serious in Oregon only since 1943, it was reported in New Zealand as early as 1932.

This is a fungus disease confined to the seed where infection frequently kills the seed without changing it, hence it cannot be cleaned out of good seed. When infected seed is sown or shatters on the ground it produces fungus spore cups the next year when the grass is in bloom. Spores discharged from these cups reach the young seeds thus continuing the infection.

The basic control procedure is to plow up badly infested fields and start over with clean seed on clean ground. Dr. Hardison reports. When tests for the disease in certification seed samples reveal badly diseased fields, growers are notified and are advised to plow them before May 1. This measure prevents loss to the owner, and eliminates a source of infection for nearby fields. In such cases, it is recommended that grass in fence rows be eliminated also to prevent a continuing source of infection.

Post-harvest burning has been found useful in salvaging badly diseased fields, but is not recommended as a general practice and will not be justified if growers follow the other control measures.

In starting new stands, the best practice is either to use disease-free seed approved by the experiment station, or use seed that is two years old. The fungus dies in seed kept in dry storage within a two-year period.

Seeding more than one-half inch deep, with complete soil coverage, is also recommended as infected seeds cannot then send up spore cups. For this reason good soil preparation is helpful as clean plowing to bury all diseased seed that may be on the surface.

Mr. and Mrs. Clarence Legg left for Corvallis Tuesday near where they purchased a chicken farm and where they will make their future home.

Enlisted men serving with the Airborne Infantry receive \$50 more per month. Based on a 3 year enlistment, this means an additional \$1,800 for that period.

The highest reward for man's toil is not what he gets for it, but what he becomes by it.—Ruskin.

Pop up toasters for Christmas.—Community Jewelers, 14-1tc-20i

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<b>Rancho Soup</b> <b>4 for 25c</b>	<b>Chip Steaks</b> <b>4 for 55c</b>

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FREE DELIVERY  
PHONE 46 FRED ANDERSON

### Stretching the Meat Budget By Avoiding "Fancy" Cuts

By BETSY NEWMAN

OUR foods are not rationed now, as they are in England, but we still must stretch our meats as we did in rationing days, because of high prices. Even chopped meat is expensive, but there are a number of ways to make a pound of it serve from four to six people.

Demand for meat is high, especially for the fancier cuts, so we budget-conscious housewives must content ourselves with pot roasts, Ewiss steaks and stews, frankfurters, etc., even as we did during the war. We won't suffer from lack of protein, although we may mourn a bit over steaks and chops.

A Branburger Banana Grill may sound a bit difficult for the cook to prepare, but it really isn't. Meat Balls with Spaghetti seems simpler, but both are meat stretchers.

**Today's Menu**

Branburger Banana Grill or Meat Balls with Spaghetti  
Creamed Potatoes with the Grill  
Mixed Vegetable Salad  
Frozen Rice Treat  
Tea or Coffee Milk

**Branburger Banana Grill**

1 lb. ground beef	1/2 c. milk
1 egg	1 c. shredded bran
2 tsp. grated onion	8 slices bacon
1 tsp. chopped parsley	4 firm p.-eled bananas
1 tsp. salt	Melted butter or margarine
3/4 tsp. pepper	

Mix beef, egg and seasonings. Add milk to bran and soak 5 minutes. Combine the two mixtures and form into 8 patties about one inch thick, wrapping each with a slice of

bacon. Arrange the meat on broiler rack, allowing about 3 inches between the top surface of the meat and the source of heat. Broil about 5 minutes or until brown, then turn. Brush bananas with butter or margarine, sprinkle with salt and place on rack. Continue broiling about 5 minutes or until bananas are tender. Serves 4.

**Meat Balls with Spaghetti**

1 lb. ground beef	1 small onion, grated
1/2 lb. ground pork	1 egg, slightly beaten
1/2 c. bread crumbs	1/4 tsp. pepper
1 1/2 tsp. salt	1 tsp. ground sage

Combine ingredients and mix thoroughly. Form into small balls, about 1 1/2 inches in diameter and roll in flour. Brown balls lightly in lard.

**Sauce**

1 c. tomatoes	1/4 tsp. pepper
1 c. water br juice	1 tsp. chili powder
1 onion, minced	1 tsp. brown sugar
1/2 tsp. salt	

Mix sauce ingredients together thoroughly and boil 8 minutes. Add meat balls and simmer 45 minutes, until meat is well cooked. Pour mixture over a platter of cooked spaghetti and serve with sprinkling of dry, grated cheese. Serves 4 to 6.

**Frozen Rice Treat**

2 c. boiled rice	1/2 c. undiluted evaporated milk
1 c. crushed pineapple, drained	1 c. whipped cream garnish
1/2 c. sugar	

2 tsp. gelatin  
Soften gelatin in cold milk; dissolve in top of enameled double boiler over hot water; add gelatin to rice and other ingredients and place in freezing tray of the refrigerator. After mixture has been in refrigerator several hours, garnish with whipped cream. Serves 4 to 6.

Mrs. Lena Veatch, formerly of Halsey, is visiting friends and relatives here. Mrs. Veatch resided here before going to Halsey to live.

Mr. and Mrs. Calvin Combs of Los Angeles, California are spending the week at the home of Mrs. Combs' brother and sister-in-law, Mr. and Mrs. Loren Lind.

Mr. and Mrs. John Gribble of Medford were callers Tuesday at the Dr. Simkins home on their way home from Portland.

The women of the Gibbs Avenue Church of Christ are having a sale at the Grove Hardware December 13th.

Bill Dalton, a high school student, had the misfortune of breaking his leg below the knee while practicing football Wednesday morning.

Mrs. Roy Cantwell underwent a major operation at the Rhoads Clinic in Eugene last week, and at last report she is recovering satisfactorily.

Mrs. Earl Walkan and daughters of Toledo spent the week end with Mrs. Nancy Ewing.

Some of the teachers of the local elementary schools are enrolled in an extension course of the Oregon State System of higher education, extension division, which meets at Creswell every Thursday evening. Those attending are Principal Elmer Fleming, Mrs. Donalene Hastie, Mrs. Zimmerman, Mrs. Grace Cowan, Mrs. Bert Trask and Miss Lottie Lee Lamb.

The pupils of the Jefferson school enjoyed an Armistice day program Monday morning given by the band and vocal music classes, under the direction of Fred Hollister and Miss Margaret Leun.

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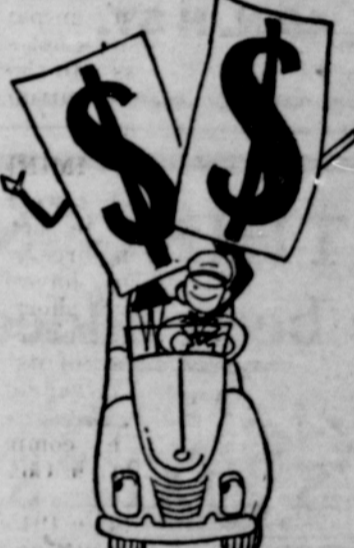
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