

**W. S. C. S.**  
The W. S. C. S. of the Methodist church met Wednesday afternoon for a 1:45 dessert at the home of Mrs. Andrew Brund with Mrs. Charles Cooley and Mrs. Roy Sherman as co-hostesses. The meeting was in charge of the president, Mrs. Louise Coe. Mrs. Pearl Saffley led devotions and Mrs. Lee Cooley presented the lesson "Children of One World". Mrs. Frank Brown reported on the Umpqua Zone meeting held at Sutherlin January 30. They also discussed plans for a yearly approved budget. The next meeting will be on March 12.

**PRESBYTERIAN AID SOCIETY**  
The Aid Society of the Presbyterian church met Wednesday afternoon, February 12, in the church parlors with the president, Mrs. Drenner in charge. As the election of officers will be conducted at the next meeting a nominating committee was appointed. Mrs. Eakin, Mrs. Job and Mrs. Daugherty will serve on this committee.  
It was decided to give \$5.00 to the polio fund.  
A rummage sale, which will be sponsored by the Westminster Guild, is to be held soon after Easter and the proceeds will be placed in the kitchen fund to be used for the new church building, when it is completed.  
Members responded to roll call by giving items of interest.  
Mrs. Ferrin led the devotions in the absence of Mrs. C. E. Dillman who was called out of town. The topic was "Love" and excerpts from the life of Lincoln were included in the discussion in observance of his birthday.  
The retiring president thanked the members for their cooperation during her term of office. Refreshments were served by Mrs. George Jacobsen, Mrs. Vinal Randall and Mrs. Alfred Wulff.

# SOCIETY —

Telephone 159

**REBEKAHS HONOR SHIRLEY CULVER WITH SHOWER**  
The regular meeting of the Rebekah Lodge was held Friday Feb. 7, with Shirley Culver presiding as Noble Grand.  
During the business meeting it was announced that the Past Noble Grands Club will hold a cooked food sale in the Western Auto Store Saturday morning, February 15, at 10:00 and all Rebekahs were asked to donate some home cooked products.  
Following the meeting the officers entertained, after which a miscellaneous shower was held in honor of Shirley Culver. The decorations for the tables were pussy willows and the color theme was carried out with green and pink ribbons.  
Ice cream, cake and coffee was served, but before the cake was served, Shirley was presented with a wedding cake from her mother. After the refreshments a basket of gifts was presented to the bride to be and as soon as she emptied the basket once they filled it again.  
There will be initiation of three candidates at the next meeting and all members are urged to be present.

**D. U. V. MEETS AT ARMORY**  
The D. U. V. club met at the armory with the new president, Hazel Tohlen in the chair. The program commemorated Lincoln's and Washington's birthdays. The patriotic instructor, Mrs. Clara Riggs arranged a very interesting program. Lauretta Saffley gave the reading of the Gettysburg Address. Marie Sorenson read an article on Americanism. Mrs. Mable Doleman read an article on Washington. Mrs. Riggs read an article on Lincoln.  
Initiation will be held at the next business meeting which is on the 2nd Tuesday in March. The next meeting will be a social, and is to be held at the home of Mrs. Tohlen. Those without transportation are asked to contact those who have cars.

**ODD FELLOWS INITIATE**  
The Odd Fellows initiated eight new members into the IOOF lodge Thursday, February 6. The initiates are as follows: Archie Hill, Lester Brisbane, William West, Calvin Aubrey, Glenn Weeldreyer, Dayl Ray, Lewin Hartwig and Clifford Williams.  
First degree for these candidates will be put on by the Eugene Degree team at a future date to be announced later.

**VALENTINE PARTY**  
The Young Peoples Missionary Society of the Free Methodist church enjoyed a valentine party at the new home of Mr. and Mrs. Roy Beers in the Latham area, on the evening of Monday February 10. Those in attendance were the Rev. Rozella Douglas, Yonnie Stroth, Mrs. Betcher and sons David, Kenneth and Elmer; Mr. and Mrs. Harvey Wright, Wayne Hooton, Maryjane Ross, Juanita Stout and Mrs. Frank Stout. The evening was spent in playing games and refreshments were served at the close of the evening.

**BIRTHDAY CLUB MEETS**  
The Birthday club met at the home of Mr. and Mrs. J. A. Kiker, February 6, and were served a potluck luncheon at 1 p. m. The following members and their husbands were present: Mr. and Mrs. George Hawley, Mr. and Mrs. Ed Teich, Mr. Verne Stewart, Mrs. Frank Collins, Mrs. Henrietta Olson, Mrs. Charley Shanda, Mrs. Emma Erwin.  
The next meeting will be held March 6th at the home of Mrs. Ed Teich with a business meeting and luncheon to be served by the hostesses.

**AMERICAN LEGION AND AUXILIARY SEE FILM**  
There was a joint meeting of the men and women of the American Legion and Auxiliary last Monday at the armory, with about 100 present. The films on the World Series were shown. The same films had been shown at the Jefferson grade school and at the Union High school.

**WESTMINSTER GUILD**  
The Westminster Guild met at the home of Mrs. Orlo Bagley with Mrs. Elsie Wiese as co-hostess. Mrs. Hollister was in charge of the program. She reported on "Tide" Mrs. Max Sears led devotions. There were three new members. A shower was given for Mrs. Peniston. The next meeting will be at the home of Mrs. Sam Veatch with Mrs. Mac Denny as co-hostess.

**P. D. G. GARDEN CLUB**  
P. D. G. Garden club met at the golf clubhouse for a 1:30 dessert with Mrs. Glenn Flatters as hostess. The program leader was Mrs. Albert Woodard with Mrs. Alfred Wulff in charge of the flower arrangements.

**JOKER CLUB**  
The Joker club held a 7:30 dessert with Mrs. Ruth Woodson. Mrs. Claude Kem was guest and also got high score. The new 1947 officers are: Mrs. Maude Wheeler, president; Mrs. Ruth Woodson, vice president; and Mrs. Schofield Stewart, secretary-treasurer.

**ELITE CLUB**  
The regular meeting of the Elite club was held at the home of Mrs. Stewart Carlson. Among the guests were: Mrs. Dick Thwing, Mrs. Elmer Fleming, and Mrs. Hazel Saltsman.  
They made their annual contribution to the March of Dimes fund. The next meeting will be with Mrs. Fred Hammond.

**MRS. DOYLE EASTBURN HONORED**  
Mrs. Doyle Eastburn was honored at a shower given for her at the home of Mrs. John Bauder Tuesday, Feb. 4 at 2:00. Guests attending were: Rev. Mr. and Mrs. Bush, Mrs. Olsen and Marion Olson, Mrs. R. B. Dixon and Doris Dixon, Mrs. M. Lake, Mrs. Henry Arp, Mrs. M. Hockett, Mrs. R. Rand and Sharon Rand, Mrs. Norton, and Mrs. Nord.  
Refreshments of jello, cake and coffee were served after many lovely gifts were received by the guest of honor.

**4-H MOTHERS MEET**  
London 4-H Mothers Club met for their regular meeting at the clubhouse on February 5th, with a covered dish luncheon at noon. The business meeting was conducted by Anna May Brown, vice-president elect, who has been given the president's chair on the resignation of Mabel Funk. Mabel Barne, has been elected as new vice-president.  
At the business meeting it was voted to donate a dime per member for the March of Dimes. It was decided to clean the woodshed before getting a load of wood and members were asked to come to the next meeting dressed for this job. A report on the Homemaking and Camp Cookery 4-H clubs was made by their leader, Jeanne Morton. These clubs will hold a Valentine party for their own members at the club house on February 14th.  
During the afternoon work was done on the quilt blocks which are being embroidered for a quilt which the club will sell. Housekeepers for the day were Juanita Bemis and Anna May Brown. The next meeting will be February 19.

**B. & P. W. CLUB**  
Next Monday, February 17, the B. & P. W. club will meet at the Golf Club house at 7:00 for a smorgasbord. The meeting will be in charge of the International Relations committee, Lenora Langston is chairman of the committee.  
The program will be on the Scandinavian countries and also on England and France, and the part that the women of these countries is taking in the war work.  
Any member interested in going, please call Catherine Sedegren, 76-L.  
The Eugene Club has been invited to attend and this is expected to be one of the most interesting meetings of the year.

**HARMONY CIRCLE TO MEET**  
The Harmony Circle of the Baptist Church will meet Tuesday evening, Feb 18th at 8:00 at the home of Mrs. James Spears, 519 South 8th street. The program leader will be Mrs. Glenn Weeldreyer. The devotions will be led by Mrs. John Lionberger.

## BIRTHS

**STEWART** — At the Butler maternity home, Friday, February 7, 1947 to Mr. and Mrs. Franklin Stewart, Disston Rt., Dorena, a daughter, Doris Jenell.

**MARTIN** — At the Butler maternity home, Friday, February 7, 1947 to Mr. and Mrs. Harold Martin, Cottage Grove, a son, William Henry.

**BRASWELL** — At the Butler maternity home, Saturday, February 8, 1947 to Mr. and Mrs. Roger Braswell, Cottage Grove, a son, Roger Fay.

**HARRIS** — At the Butler maternity home, Sunday, February 9, 1947 to Mr. and Mrs. Philip Harris, Disston Rt., a daughter, Violet Jeanne.

**WOLFORD** — At the Butler maternity home Sunday, February 9, 1947 to Mr. and Mrs. Horace Wolford, Cottage Grove, a daughter, Villa Faye.

**M. P. G. CLUB AT MRS. A. W. HELLIWELL'S**  
The M. P. G. club met Tuesday afternoon with Mrs. A. W. Helliwell. The color scheme was carried out with red carnations and violets. Mrs. Floyd Githens attended as a guest.  
The next meeting is to be held with Mrs. W. E. Lebow.

**PAST MATRONS**  
The regular meeting of the Past Matrons met at the home of Mary Workman. Mrs. Schofield Stewart acted as co-hostess. The next meeting will be March 10, the second Monday in that month, at the home of Mrs. Donnell Allen.

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Cocoa contains a stimulant called theobromine which is very similar to caffeine. It has practically no vitamin value, unless you add milk or cream, but it is rich in phosphorus and is high in iron, copper, and magnesium.  
Black tea contains a slight amount of vitamin C which green tea does not. All tea contains caffeine, a stimulant, and if brewed too long, considerable tannin is extracted from the leaves. Tannin has a constipating effect.  
Coffee, as is well known, owes its stimulating effect to the drug caffeine. The flavor of coffee comes from an oil called caffeine, Calorie, mineral, and vitamin values of a cup of black coffee are negligible.  
Cola type drinks are about 8% carbohydrate, making a 12 ounce bottle yield 120 calories. This is the approximate equivalent of eating two slices of bread. Dissolved in the drink is carbon dioxide gas, which makes it fizz. This is the same gas you are continually breathing out from your lungs.  
Grape juice of the commercial variety has negligible vitamin value; fresh grape juice contains fair amounts of vitamins B and C. It contains sugar, natural or added, giving a 15% carbohydrate value which makes a half cup yield 75 calories. Tartaric acid contained in grape juice is helpful in decreasing urinary acidity.  
Orange juice is a splendid source of vitamin C; so is tomato juice. Orange juice contains citric and other acids which impart a characteristic flavor. It is 90% water.  
Dr. H. A. Hagen

**TROOP NO. 11**  
Troop No. 11, Brownies, met Tuesday, February 11, from 3:30 to 4:30 and had a valentine party. They had a valentines box and exchanged valentines.  
The leaders are Mrs. Curtis Plunkett and Mrs. Jess Forrester. The entertainment committee was: Arlene Brewster, acting as chairman, and Mona Funk and Sandra Van Rooy as the committee. Refreshment committee consisted of Marjorie Denny, chairman, Selma Sugg, Roberta Rickard and Francis Summers as the committee. Refreshments served were cake, ice cream and kool-aid.

**RAINBOW GIRLS**  
The Rainbow Girls held their regular meeting last Monday night. They decided to have their initiation the last week in the month. The next installation will be on February 24.

**CONSTELLATION CLUB**  
The Constellation club met Thursday afternoon for a 1:30 dessert in the club rooms of the Masonic temple with Mrs. Fred Breissler and Mrs. Vinal Randall Sr. as hostesses. Mrs. Vinal Randall Jr. and baby son were guests.  
Plans were made for a benefit card party to be given Thursday evening, March 13th.  
The next meeting will be held on March 6 when Mrs. C. K. Haynes and Mrs. Charles Dillman will be hostesses.

**MARILYN COOK HONORED**  
Mrs. Ernest Cook entertained on Tuesday afternoon, February 11 in honor of her daughter Marilyn, which was her 9th birthday. The guests included Thora Seaver, Jeanne Voss, Shirlene Baxter, Garnet Beach, Wanda Pennington, Bernice Thomas and the honor guest. The afternoon was spent in playing games, and at the close of the afternoon the guests enjoyed refreshments consisting of ice cream, cake and pop.

**BAPTIST JUNIOR CHOIR ELECTS OFFICERS**  
At the first meeting of the junior Baptist choir Sunday, 3:00 p. m., February 9, the following officers were elected: president, Sheila Markham; vice president, Elizabeth Duke; secretary, Mary Parrot; and sergeant at arms, Billy Sykes.  
There were twelve present at the first meeting and anyone interested is invited to attend.

**ROYAL NEIGHBORS**  
The Royal Neighbors met Tuesday night. During the business hour Agnes Henderer was welcomed as a member by transfer. Feb. 25 will be the social night with Fern Anderson and Nellie Blackmore in charge of the program. Refreshments were served by Mable Funk and Georgetta Funk. The camp voted \$5.00 for the polio fund.

**MOTHERS CLUB**  
The Mothers club met at the home of Mrs. Nanny Smith, Tuesday and a potluck dinner was served. They gave away 30 garments, 8 pairs of shoes and 1 coat. They also gave a sum of money for the March of Dimes. They made plans for starting a quilt.

**United Spanish War Veterans and Auxiliary** will hold their meeting Saturday, February 15, at the home of Mr. and Mrs. Charles Cooley. Potluck dinner will be served at noon. All members are asked to be present.

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**Sunbrite Cleanser** 3 cans . . . 19c

**Pickles** Sweet Mixed Full pint . . 23c

**CORN** Cream Style 2 No. 2 Cans 29c

**OLIVES** Spanish Style 10 oz. Jar 49c

**PUDDING MIX** M. C. P. 3 Pkgs. 29c

**FRUIT COCKTAIL** No. 2 1/2 Can 39c

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**NUCOA** Oleomargarine Lb. 39c

**Cheerios or Kix** 2 pkgs. . . 25c

**Sunbrite Cleanser** 3 cans . . . 19c

**Pickles** Sweet Mixed Full pint . . 23c

**CORN** Cream Style 2 No. 2 Cans 29c

**OLIVES** Spanish Style 10 oz. Jar 49c

**PUDDING MIX** M. C. P. 3 Pkgs. 29c

**FRUIT COCKTAIL** No. 2 1/2 Can 39c

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