

(Continued from page 1)

NEWS OF OUR MEN and WOMEN IN UNIFORM

Gregory braved shellfire from enemy shore guns to rescue three downed American airmen. During the same period, she prevented the loss of a B-29 returning from a raid on Honshu by guiding it to an emergency landing field.

Virgil Pollock with the navy, son of Mrs. Myrtle Pollock, has been transferred to Chicago for further training and is attending an engine maintenance school for twenty weeks.

Pfc. John Pusley, son of Mrs. Ida Pusley of Elizabeth, Tennessee, was discharged from the McCaw general hospital at Walla Walla, Washington, July 15th. Before entering the service he was a tractor driver, and was with the 104th infantry in Europe and had spent six months overseas. He was wounded in the head by shell fragments and had been in the service over two years.

Pfc. Lee Wounded on Okinawa
A letter from Mrs. Bertha Lee of Bremerton, Washington, a for-

OUR DEMOCRACY by Mat

"WASHINGTON OF THE WEST"

IT WAS LARGELY DUE TO THE VALOR AND DIPLOMACY OF COLONEL GEORGE ROGERS CLARK THAT THE UNION BEGAN ITS NEW LIFE - NOT ONLY WITH THE TERRITORY OF THE THIRTEEN ORIGINAL STATES - BUT WITH ALL THE LANDS WEST OF THEM TO THE MISSISSIPPI.



MAKING PEACE WITH THE GREAT INDIAN TRIBES OF THE NORTHWEST, CLARK IN THE WINTER OF 1778-1779 LED HIS LITTLE FORCE OF 170 MEN THROUGH SWAMPS AND SWOLLEN, ICE RIVERS TO TAKE FORT SACKVILLE AT VINCENNES, INDIANA - ESTABLISHED CLAIM TO THE NORTHWEST TERRITORY - NOW THE STATES OF MICHIGAN, WISCONSIN, INDIANA, ILLINOIS AND PART OF MINNESOTA -

VASTLY EXTENDED THE BOUNDARIES OF THE NEW NATION.

mer resident, received Saturday, says his son, Pfc. Elbert C. Lee, was in action on Okinawa and was wounded May 27th. He is much improved and is a patient at the Baxter hospital in Spokane.

Mr. and Mrs. C. C. Collier have received word from their son, Gaylord Collier, Signalman 3/C on an LST in the Philippines, saying he had met Neil Hammond, and they had enjoyed being together for three days.

2nd Lt. Ralph Allen, pilot on a B-24 with the air corps in Italy, arrived home Tuesday evening on a 30-day leave and is visiting his parents, Mr. and Mrs. Alvin Allen of Silk Creek. Lt. Allen completed three missions and was with the 454th bomb group. He left today by plane for McCook, Nebraska, to see his brother, Pfc. Boyd Allen and Mrs. Allen. Pfc. Allen is stationed at the army air base there.

Dellmer Franklin, Seaman Cook 2/C, who has been stationed at Clinton, Oklahoma, at the naval air base, spent a few days last week with Mr. and Mrs. Russell Smith. He had a 10-day leave and has returned to Clinton. He spent two years in the Aleutians.

STREAM POLLUTION STUDY CONTINUED SECOND YEAR

OREGON STATE COLLEGE—Continuation of the stream pollution survey started in Oregon last year as a preliminary step to establish sewage disposal plants, will be carried on this season with additional cities and on more phases of the problem, reports Fred Merryfield, associate professor of civil engineering, who is heading the research work. The last legislature made additional funds available for this work which is a cooperative project with other state and federal agencies.

Cities participating in the survey for the first time are Ontario, Coos Bay, Myrtle Point, Monmouth, Carlton and Brownsville. Cities included last year were Eugene, Springfield, Harrisburg, Corvallis, Lebanon, Albany, Salem, West Salem, Mt. Angel, Sheridan, McMinnville, Newberg, West Linn, Oregon City, Gladstone, St. Helens, Hood River, The Dalles, Pendleton and Milton.

The study this year will include a more intensive study of canneries and other industrial wastes, sampling of all parts of the Willamette river and tributaries, and sampling of water in the Cottage Grove and Fern Ridge reservoirs in cooperation with the federal fish and wild life service, says Professor Merryfield.

Protein Shortage
In the Orient, there has been a shortage of proteins for generations.



STOMACH Distress
(DUE TO EXCESS ACID)
Quick Effective Relief with
TEBSIN

SAFE - NO SODA - NO LAXATIVE
Enjoy 3 square meals a day!
Get TEBSIN today - In Powder or Tablet Form - \$1.25 at
COTTAGE GROVE PHARMACY, 632 Main. Phone 244
47-101.

Safety Check Up of Farms to Prevent Farm Accidents

A systematic safety check-up on every farm in Lane county would mean the elimination of scores of accidents or fires, injuries, and possibly deaths, says County Agent O. S. Fletcher in calling attention to National Farm Safety Week proclaimed by President Truman for July 22 to 28.

"This is the second annual Farm Safety Week in Oregon," states Dean Wm. A. Schoenfeld of Oregon State college, who again has been appointed as chairman for Oregon by the National Safety Council.

A farm safety checkup means taking a prepared list of ordinary hazards around the farm and home and checking to see if they are present or not, says Fletcher. Places to check include machinery and equipment, buildings and farm yard, fire hazards, how animals are handled, electrical installations, hand tools, sanitation and health, and the farm residence.

Four-H club members are encouraged to make such check-ups on the farms where they live, whether they belong to regular farm safety clubs or not. Mimeographed check lists are available for this as well as a printed 4-H club bulletin on farm safety and fire protection. Copies may be had at the office of E. A. Danielson, county club agent, in the county court house in Eugene.

The accident "front" is one of the most deadly "battle fronts" today, even with a world war not yet finished, according to the county agent. More persons were killed by accidents in America during the first two years of the war than there were Americans

killed in the war itself. While farm accidents did not account for all of these, they caused more than 25 percent of all the deaths in occupational mishaps.

The first National Farm Safety Week last year focused attention on farm and home accidents and resulted in some improvement, reports have shown. The second national observance is intended to keep up the good work and save still more lives and property.

Delight Valley

Bill Rose of Medford has been a house guest at the Oscar Flaten home the past week. Sunday visitors at the Flaten home were Mrs. Vander Heller of Medford, Mrs. Bill Baker of Eugene and the latter's mother-in-law, Mrs. Baker Sr. of The Dalles.

Joe Crick went to Pasadena, Cal., and brought back his wife and two daughters, Martha and Gladys.

A fire started on the unoccupied Schrader place Saturday and burned the barn and out-buildings. Quick work of the neighbors and the Zumwalt-Williams mill crew saved the house and kept the fire from spreading to adjoining farms.

Mrs. John Martin and two children Norlene and Stanley of Clatskanie spent three days recently at the Max Sears home.

The Max Sears family picnicked up the McKenzie Sunday.

Wesley Hansen went to Lucky Boy Scout camp Sunday for two weeks stay.

Sunday visitors at the Ralph Sears home were Mr. and Mrs. Clingsmith and the latter's mother, Mrs. Neal of Creswell.

Charlie Conner has been quite ill and is still in bed.

CORRECTION

In last week's paper there appeared a typographical error in the name of the baby of the Rev. and Mrs. Frank Brown. Instead

of Cicki it should have been Vicki Marie was born to the Rev. and Mrs. Frank E. Brown of Cottage Grove on Sunday, July 15, 1945, at the Sacred Heart general hospital in Eugene.

Eagles Lodge Meets

EVERY WEDNESDAY
8:00 P. M. o'Clock
EAGLES HALL

50-16

Hardware and Logging Supplies

Graber - Gettys

Dependable Hardware

Theatre Programs

ARCADE

Fri, Sat., July 27-28



Sun, Mon., Tues., July 29-30-31



Wed, Thu., August 1-2

The Horn Blows At Midnight

Also

The Great Flamarion

DIANE

Thu., Fri., July 26-27



Sat., Sun., July 28-29



Also

Mon., Tue., Wed., July 30-31 August 1
CLOSED

Thu., Fri., August 2-3

The Bullfighters

VETERAN BOOKLET ISSUED BY UNIVERSITY

UNIVERSITY OF OREGON, Eugene.—Information for veterans on the opportunities at the University of Oregon is outlined in a booklet just issued from the office of the university editor, George Belknap.

The educational provisions that have been made for veterans by the Federal government and the state of Oregon are explained in the pamphlet, with detailed and simplified information given as to the eligibility of returned veterans, benefits, length of training, place of training, and type of training that may be applied for under the G. I. Bill of Rights, the Federal Rehabilitation Act, and the Oregon Veteran's Aid Act. Information is also given as to where applications may be made.

A general outline of the courses of study and the services offered veterans is also included in the booklet.

The booklet will be mailed, free of charge, to anyone wishing it, if requests are sent to the Registrar's office on the campus.

POWELL FAMILY REUNION AUGUST 5th

The descendants of the pioneer family of Joseph and Melissa Powell will hold the annual family reunion at the city park August 5. All descendants of Hamp and Jim Powell living near here are invited to join the basket dinner and program. The Powell wagon train came to Oregon in 1851 and Joe Powell's wife came with her folks at the age of 6 years the following year.

Buy War Bonds and keep them.

See

"YOUTH FOR THE KINGDOM"

on

Thursday, July 26
8:15 P. M.Cottage Grove
Lutheran ChurchS.D.A. Church Building
West Main StreetAdmission Free
Free-will offering

49-21-50

SAFEWAY Salad Days are here again



Sugar low? You can can without sugar!

All you do is substitute fruit juice or water for the sugar in the recipe. Fill to 1/2 inch of top, and process in your usual way. There is no other change.

Or, you can stretch your sugar with honey or corn syrup

Honey may replace up to 1/2 the sugar in jams or preserves. White corn syrup may replace up to 1/2 the sugar in jams, and 1/2 the sugar in preserves. Honey or corn syrup may replace up to 1/2 the sugar in canning syrups.

Sugar alone—5 pounds will

...sweeten 20 qts. of fruit
...or make 20-40 glasses of jelly (1/2-pt. size)
...or make 15 pints of fruit butter

Mason Jars	1.35	1 doz. qts.	83¢
Kerr Reg. 2 dz. pks.	1.55	1 doz. qts.	93¢
Economy Jars	1.35	1 doz. qts.	83¢
Kerr Lids	25¢	1 doz. 3 for	25¢
Regular pks. containing 1 doz.	21¢		
Kerr Caps	21¢		
Regular pks. containing 1 doz.	21¢		
Ball Caps	21¢		
Regular pks. containing 1 doz.	21¢		
Pen Jel	12¢		
Powdered Pectin	12¢		
Parowax	25¢		
Reliable Jelly or Jam Sizer	25¢		

How to make Salads that make meals

A savory salad can make the day and the meal in the July weather. You might use a mouth-watering tender chicken base, or perhaps a bowl of rich fruit dressed with a piquant dressing is the palate-treater you're looking for. Add hot rolls or sandwiches to any of these, maybe fruit cocktail or gingerbread for dessert, a beverage—and presto! you have a meal.

Attractively arranged mound or mold of chicken, meat or fish salad on lettuce or spinach leaves in center of plate. Surround with lettuce cups in which are placed half-peeled tomatoes topped with cucumber dressing (1 cup mayonnaise and 6 tablespoons shredded cucumber, stuffed eggs and ripe olives).

LUNCHEON SUMMER FRUIT SALAD
Toss together in salad bowl, 3 cups shredded lettuce or greens, 2 cups sliced fresh peaches, 1 cup seedless grapes, 1/2 cup sliced celery and 1/2 cups shredded cheese with 1/2 cup mayonnaise or salad dressing and French dressing to taste. Garnish with lettuce, fresh berries and peanuts. Serves 6.

PICNIC CLUB SALAD
Toss together 3 cups cooked macaroni, 1 1/2 cups sliced frankfurters or diced luncheon meat, 1/2 cup sliced radishes, 3 tablespoons sliced green onion, 1/2 cup sliced olives, 4 tablespoons French dressing and 1/2 to 1/4 cup mayonnaise. Season with salt and pepper. Garnish with tomato wedges and parsley. Serves 6.

SafeWAY
Homemakers' Bureau
JULIA LEE WRIGHT, Director

Now is the time to serve more salads... while fresh fruits and vegetables are in plentiful supply and at their peak of goodness. At Safeway fruits and vegetables are priced by the pound to assure you full value every time you buy.

Field Grown TOMATOES

Firm and Ripe lb. 23c

Carrots, no tops, lb	8c
Cabbage, solid lb	9c
Beets, healthful, lb	9c
Cantaloupes lb	8c
Oranges 5 lb	54c
Lemons, juicy lb	13c
Grapefruit lb	10c
Green Onions lb	35c
Tender, mild	
Squash Crookneck, Scallop, Zucchini lb	15c
Crispy Radishes lb	20c
Local Crop Celery Utah Type lb	18c

SAFEWAY MEATS

Lamb Legs, tender (7 lbs.) Grade A lb.	38c
Lamb Roast, shoulder sq. cut (4 lbs. lb.) Grade A & B lb.	34c
Lamb Rib Chops (7 lbs.) Grade A lb.	43c
Lamb Loin Chops (10 lbs.) Grade A lb.	55c
Lamb Stew, breast, neck, shank (1 pt. lb.) "A" lb.	19c
"B" lb.	17c
"C" lb.	16c
Spiced Ham Sliced fresh (10 lbs.) lb.	55c
Luncheon Meat Spiced (8 lbs.) lb.	53c

Rock Cod, frozen fillets lb.	39c
Salt Herring lb.	25c
Clams, frozen, cleaned lb.	99c
Salt Mackerel lb.	33c

Oysters Fresh, no points Pint	65c
Ground Lamb (2 lbs.) lb.	31c
Sausage Bulk Pork Type 2 (6 lbs.) lb.	39c

Phila. Cream Cheese Kraft (1/2 pt. each) 3-oz. pkg.	12c
Grated Cheese, Kraft (1 pt. ea.) 1-lb. pkg.	10c
American Cheese Tillsam's brand (8 lbs.) 1 lb.	37c
Macaroni Porter's Elbow 24-oz. pkg.	23c
Edwards Coffee Regular and drip grind, 2-lb. jar	54c
Airway Coffee Mild and Mellow 1-lb. bag	20c
Canterbury Tea Orange Pekoe 1/2-lb. pkg.	43c
Walnut Meats Clean, no shells 1/2-lb. pkg.	55c

Woodbury Beauty Soap 3 bars	23c
Camay Soap Toilet Soap 3 bars	20c
Baby Foods Clapp's Instant Oatmeal and Cereal 1/2-lb. pkg.	15c

In 1945... as always it's **SAFEWAY** for every day low prices!